

Office of the Sheriff

Charles County, Maryland



Headquarters 6915 Crain Hwy - P.O. Box 189 La Plata, Maryland 20646-0189 301-609-6400

May 13, 2022

Dear Parents/Guardians

The Charles County Sheriff's Office would like to take this opportunity to inform you about our Charles County Sheriff's Office Football Camp.

This program will be facilitated by the Charles County Sheriff's Office School Resource Unit. The program is being offered to students currently in Grades 3-5 who reside in Charles County. The program takes place at St. Charles High School located at 5305 Piney Church Road Waldorf, Md 20602. This is a three-day event starting Wednesday, July 6, 2022, until Friday, July 8, 2022. The program hours are 7:45 a.m. to 1 p.m. Parents of participants will be responsible for transportation to and from St. Charles High School. There is no cost associated with the Charles County Sheriff's Office Football Camp and participation is limited to the first 80 students accepted into the program.

The camp participants will receive football instruction from coaches and special guests. In addition, the campers will also compete in a combine and a flag football tournament. Finally, the campers will receive variety of real-world life lessons to include topics such as sportsmanship, decision making, conflict resolution, communication skills, teamwork, leadership, nutrition, and self management.

No football experience is required to participate. Your camper is encouraged to wear comfortable shoes and dress for the weather (NO CLEATS). For the safety of all campers parents will not be permitted to be on the grounds during the camp.

If you would like your child to participate in the Charles County Sheriff's Office Football Camp, please complete the enclosed registration form and return it as soon as possible to your child's School Resource Officer <u>before the</u> last day of school.

Completed registrations do not guarantee a spot in the camp. You will be contacted by June 15, 2022, for confirmation of your child's spot.

Should you require any additional information on the Charles County Sheriff's Office Football Camp, do not hesitate to contact PFC Virts at 301-753-1757 or PFC Douglas at 301-753-1758.

Sincerely,

Sheriff Troy D. Berry Charles County Sheriff's Office

Page 2: Health History Continued

Child's full name:	
Medications:	
List all medications used, including over-the-counter medications: (Include medication name, dose, frequency and reason medication is taken) If no medications are taken, then write "none" in the space below	

Bring medications in the original containers and prescription bottles. Make sure that they are NOT expired, including inhalers and EpiPens. The camp nurses are not allowed to administer the medications to your child, except in an emergency. Make sure your child is familiar with the medication and how to properly administer it. We request that at the start of the camp day all medications that are brought to camp will be held at the nurse's station and returned to you at the end of the camp day. The nurses will be available to discuss any health concerns you may have about your child.

The majority of children that come to the Nurse's station are for dehydration. Please make sure your child is having a healthy breakfast and drinking water prior to coming to camp. The drink containers should be filled with either water or Gatorade. Please do not allow your child to bring soda to camp. This increases the likelihood of dehydration as they exercise. Water is always available for your child and encouraged readily by all staff members to drink frequently during the day.