

LUNCH & BREAKFAST MENU

**JUNE 2022**  
NORTH TAPPS MIDDLE SCHOOLS

**ALL LUNCHES SERVED WITH:  
FRESH FRUITS AND VEGETABLES,  
A COLD OPTION OF EITHER A  
DELI SANDWICH OR CHICKEN CAESAR SALAD  
AND A CHOICE OF MILK**

**BREAKFASTS INCLUDE:  
MILK AND  
FRUIT**

Monday

Tuesday

Wednesday

Thursday

Friday



**CHICKEN TENDERS 6**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
MINI MAPLE WAFFLES

**CHEESE-STUFFED BREADSTICKS (v) 7**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
ULTIMATE BREAKFAST ROUND

**SWEET CHILI TAI WRAP 8**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
PANCAKE BITES

**BREADED CHICKEN MASHED POTATOES 2**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
FRENCH TOAST

**BEEF HOT DOG 3**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
MUFFIN W/ CHEESE STICK

**CHEESEBURGER FRENCH FRIES 9**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
APPLE FRUDEL

**CHEESE (v) OR PEPPERONI PIZZA 10**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*

BREAKFAST:  
MUFFIN W/ CHEESE STICK

**CORN DOG BAKED BEANS 13**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*  
BREAKFAST:  
BAGEL WITH CREAM CHEESE

**BAKED ZITI (v) 14**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*  
BREAKFAST:  
NUTRI-GRAIN BAR

**CHICKENWICH TATER TOTS 15**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*  
BREAKFAST:  
ULTIMATE BREAKFAST ROUND

**POPCORN CHICKEN WHOLE WHEAT ROLL 16**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*  
BREAKFAST:  
BAGEL BITE BREAKFAST BAR

**TOASTED CHEESE SANDWICH (v) 17**  
*Or Deli Sandwich  
Or Chicken Caesar Salad*  
BREAKFAST:  
MUFFIN W/ CHEESE STICK

**EARLY DISMISSAL 20**  
**NO LUNCHES SERVED**  
BREAKFAST:  
MINI CINNI BREAKFAST BAR

**EARLY DISMISSAL 21**  
**NO LUNCHES SERVED**  
BREAKFAST:  
APPLE FRUDEL

**SCHOOL'S OUT FOR SUMMER!!**

**NOTE: 23**  
**MENU SUBJECT TO CHANGE DEPENDING UPON AVAILABILITY**

**24**  
(V) = Meatless Option

**NEW!!**

**A DAILY ENTRÉE' OPTION OF A DELI SANDWICH OR CHICKEN CAESAR NOW AVAILABLE**

**\*\*All Lunch Entrees Include:\*\*  
Self-Serve Salad Bar, highlighting some local Farm to School Produce when available, in addition to our standard fresh offerings.**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**



STUDENT MEALS CONTINUE TO BE FREE THROUGH THE END OF THE 2021/2022 SCHOOL YEAR. HOWEVER, NEXT SCHOOL YEAR (2022/2023), MEALS WILL NO LONGER BE FREE TO ALL STUDENTS. WE ENCOURAGE YOU TO COMPLETE A FREE/REDUCED APPLICATION FOR THE 2022/2023 SCHOOL YEAR TO AVOID UNNECESSARY CHARGES. PLEASE WATCH THE WEBSITE FOR FURTHER INFORMATION. NEW APPLICATIONS SHOULD BE AVAILABLE SOMETIME IN JULY 2022.