

Monday

Tuesday

Wednesday

Thursday

Friday



May 5/31
Ham and Cheese Sub
Lettuce, Tomato, Pickles, Carrot Sticks, Pasta Salad, Oranges, Pineapples, Baked Chips, Milk
Breakfast: Pancake Sausage Sandwich Assorted Cereals,

Rocket Burger or Pizza Pack 1
Lettuce, Tomato, Onion, Pickles, Crinkle Fries, Veggie Cup, Ranch, Grapes, Milk
Breakfast : Muffin or Cereal Bar, String Cheese, Yogurt Cup, Granola, Assorted Cereals, Milk

Beef Taco Salad or Ham and Cheese Pack 2
Tortilla Scoops, Lettuce Shredded Cheese, Salsa, Mexican Rice, Refried Beans, Peaches, Mandarin Oranges, Milk
Breakfast: Oatmeal, Biscuit Stick, Yogurt Cup, Granola, Assorted Cereals, Toast Jelly Mandarin Oranges, Milk

Corn Dog or Pizza Pack 3
Veggie Cup, Ranch, Baked Chips, Baked Beans, Assorted Fruit, Milk
Breakfast: Breakfast Pizza, Yogurt Cup, Granola, Assorted Cereals, Toast, Jelly, Assorted Fruit, Juice Cup, Milk

Turkey & Cheese Sub Sandwich 6
Lettuce, Tomato, Pickles, Veggie Cup, Baked Chips, Oranges, Pineapples, Milk
Breakfast: Scrambled Eggs, Maple Sausage, Yogurt Cup, Granola, Assorted Cereals, Toast, Jelly, Juice Cup, Milk

Breaded Chicken 7
Cornbread, Mashed Potatoes, Glazed Carrots, Grapes, Berry Cup, Milk
Breakfast: Bacon, Egg and Cheese Biscuit, Yogurt Cup, Granola, Assorted Cereals, Toast, Jelly, Berry Cup, Juice Cup, Milk

Spaghetti and Meat Sauce or Ham & Cheese Pack 8
Breadstick, Side Salad, Green Beans, Peaches, Mandarin Oranges, Parmesan, Milk
Breakfast: Muffin or Cereal Bar, String Cheese, Yogurt Cup, Granola, Assorted Cereals Toast, Jelly Mandarin Oranges, Juice Cup, Milk

Rocket Cheeseburger or Pizza Pack 9
Lettuce, Tomato, Onion, Pickles, Crinkle Fries, Veggie Cup, Ranch, Oranges, Pineapples, Milk
Breakfast: French Toast Sticks, Syrup, Yogurt Cup, Granola, Assorted Cereals, Toast, Jelly, Applesauce, Juice Cup, Milk

Pizza Crunchers or Ham and Cheese Pack 10
Corn, Emoji Fries, Banana, Applesauce, Dessert Cup, Milk
Breakfast: Breakfast Pizza, Yogurt Cup, Granola, Assorted Cereals, Assorted Fruit, Milk

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Please Check the Rockcastle County Schools Website or our Facebook page for summer menu updates. This menu is subject to change based on product availability and commodities received. USDA is an equal opportunity provider and employer.