

Tri-Cities Area - Mental Health Counseling Resources

Agency	Client Population	Insurance	Staff	Specialty
COUNSELING CENTERS				
Anchor Point Counseling PLLC 1201 Jadwin Avenue Suite 201F Richland, WA 509-593-8122 https://www.anchorpointcounselingpllc.com/	Families age 3+, Adults	Medicaid/care, Most private insurances	Therapist	Individual (for variety of issues), Couples & Family therapy, Play therapy, EMDR, CBT for psychosis
Canyon Lakes Family Counseling 1355 Columbia Park Trl, Ste E, Richland, WA (509) 591-0462 https://www.canyonlakescounseling.com/	Children Adolescents Adults	Medicaid, Most private insurances	Counselors, Massage Therapist	Individual, Family, and Marriage Counseling. Children and Teens, Adoption and Attachment Counseling, Sexual Assault/Abuse recovery, Anxiety, Depression, Parenting Support, Grief, Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution, EMDR, Therapeutic Massage
Catholic Charities Serving Central WA 2139 Van Giesen St., Richland, WA (509) 946-4645 www.catholiccharitiescw.org	Children Adolescents Adults	Medicaid/care, Sliding Fee, Private insurance, Private pay	Therapists, Case Managers, ARNP	Anxiety, Depression, Behavior issues, Mood Disorders, Trauma, Medication Management (must be enrolled in counseling) Telehealth Available (except intakes)
Comprehensive Healthcare 2715 St. Andrews Loop Suite C, Pasco, WA (509) 412-1051 https://comphc.org/ Benton Franklin Crisis (509) 792-1747	Children Adolescents Adults	Medicaid/care, Sliding Fee, Private insurance, Private pay	Psychiatry, Nurses, Chemical Dependency professionals, Counselors, Therapists, Case Managers	Outpatient Mental Health & Psychiatric services for variety of disorders, DD, SUD services, Medication Management, Benton County Mental Health Jail Services, Crisis Services
Emmaus Counseling Center 1124 Stevens Dr #3360., Richland, WA (509) 946-1430 https://www.emmauscounseling.net/	Children Adolescents Adults	Molina, Several private insurances	Counselors	Christian-based mental health care for individuals, couples, family, pre-marriage, crisis debriefing
Lourdes Counseling Center 1175 Carondelet Drive, Richland, WA (509) 943-9104 https://www.yourlourdes.com/locations/lourdes-counseling-center	Children Adolescents Adults	Medicare, Medicaid, Most private insurances	Psychiatry, Nurses, Chemical Dependency professional, Therapists, Case Managers	Inpatient, Outpatient Mental health Variety, Case Management, Medication Management, SUD, Franklin County Transitional Jail Services, PACT, PATH (for homeless individuals)
Lutheran Community Services NW 3321 W Kennewick Ave, Unit 150 Kennewick, WA (509) 735-6446 https://lcsnw.org/office/tri-cities-kennewick/	Youth under 21 years old	Youth who are Medicaid eligible	Therapists w/ support team	SWIFT – Crisis stabilization program serves youth up to 18 experiencing a mental health crisis who are at risk of hurting themselves or others. 3 Rivers WISe - serves youth up to 21 with mental / & behavioral health challenges in their home/community

Recovery & Wellness Center of Eastern WA 1950 Keene Rd, Bldg. G, Richland, WA (509) 619-0519 https://www.recoveryandwellness.org/	Adolescents Adults	All insurances accepted	Therapists, Medical Doctors, Registered Dieticians	Eating Disorder Treatment (partial hospitalization & outpatient), Depression and Anxiety Intensive Outpatient
Reliance Neuro Psych Care 1445 Spaulding Ave, Richland, WA (509) 420-0423 https://reliancehealthsystems.com/	Adolescents 13+, Adults	Medicare, Medicaid, Most private insurances	Psychiatry, Nurses, Counselor	Psychiatry, Medication Management, SUD, Mental Health Counseling for Anxiety, ADHD, Bipolar, Depression, OCD
Three Rivers Therapy 10505 W Clearwater Ave, Kennewick WA (509) 378-5553 https://www.3riverstherapy.com/	Children, Adolescents, Adults	Medicaid, Private insurance	Therapist	Mental Health Counseling, Organizational Therapy, Nutrition Support, Youth Groups, WISE
Tri-Cities Community Health 715 W Court Street, Pasco, WA (509) 547-2204 https://mytcch.org/	Children Adolescent Adults	Medicaid/care, Sliding Fee, Private insurance, Private pay	Psychiatry, Nurses, Chemical Dependency professional, Therapists, Case Managers	Depression, Grieving, Behavior Problems, Long-Term Thought and Mood Disorders, Attention Deficit Disorders, Sexual, Emotional and Physical Abuse, Medication Management, SUD
United Family Center 100 N. Fruitland St. Suite A Kennewick, WA (509)0581-0303 https://www.unitedfamilycenter.com/	Children Adolescent Adults	Coordinated Care, CHPW, Apple Health, Private Insurances, Sliding scale	Therapist, SUDP, SUDPT	SUD outpatient, groups, DUI assessments, MH Assessments & therapy
Psychiatry Services – Mental Health				
Angela Hamel 8518 West Gage Blvd Suite 2 Kennewick, WA (509) 204-9413	Children Adolescents Adults	Most private insurances, Medicaid/care	MH Nurse Practitioner	Autism evaluations, Suboxone TX, TX for resistant depression/suicidal ideation, mood disorders, Med Mgmt.
April Jones, LICSW, SUDP (509) 531-5383 april@apriljonescounseling.com	Adolescents 13+, Adults	Most private insurances	Therapist	Substance use, anxiety, depression, trauma
Birchwood Telepsychiatry (724) 866-4165 https://birchwood-professional.com/	Children Adults	Most private insurances, Medicaid		Psych Evals, Med Mgmt., Care Management Consults, Anxiety, Depression, ADHD, OCD, Insomnia, Bipolar, Schizophrenia, Autism, Behavioral, TBI, SUD, Personality disorders
Enlightened Psychiatry 404 Bradley Blvd, Ste 302, Richland, WA (509) 578-1678	Children Adolescent Adults	Most private insurances	Psychiatrist	ADHD, PTSD
Siefken Psychiatric Services & Peterson Counseling 1305 Mansfield St Ste 3, Richland, WA (509) 943-0990	Children Adolescents Adults	Most private insurances	Psychiatrist, MH Nurse Practitioner	ADHD, (Grief and Bereavement, Cognitive Behavioral Therapy, Post- Partum Depression, PTSD
Three Rivers Psychiatry 1355 Columbia Park Trail Suite F Richland (509) 940-5577	Adults	Most private insurances	MH Nurse Practitioner	ADHD, Grief and Bereavement, LGBTQ+, Post- Partum Depression, PTSD

Private Practice – Mental Health Counselors				
Addo Recovery MaryAnn Michaelis, LICSWA, 925 Stevens, Ste 3A, Richland, WA (509) 416-0224 mmichaelis@addorecovery.com https://maryannmichaelis.com/	Adolescents	Private Pay Only	Counselor	Sexual addiction, betrayal trauma, infidelity, divorce/affair recovery, and relationships, Only CPTT & ART trained therapist in area
Brandy Counseling PLLC Brandy Peters, LMHC 9825 Sandifur Parkway, Ste D, Pasco, WA (509) 492-1108 brandycounseling@gmail.com http://www.brandycounseling.com/	Adolescents Adults	Private Pay Only, Out of Network Insurance, Reduced fees for state insurance	Counselor	Couples, Women's Issues, Trauma, Anxiety, Depression, Codependency, Parenting, LGBTQ, Relational Issues, Teens
Chastain Counseling, LLC Jason Chastain, LICSW 9825 Sandifur Parkway, Ste D, Pasco, WA (509) 531-6698 jjchastain@protonmail.com https://counselingtricity.com/	Adolescents (16+), Adults	Most Private Insurances, Medicare, Sliding Fee	Psychotherapist	PTSD, grief/loss work, trauma, depression, anxiety, EMDR
Columbia Youth and Family Counseling Services, LLC Melinda Johnson, LICSW, CMHS, ACSW 750 George Washington Way, #7, Richland (509) 946-3113 mjsocialworker@aol.com	Children Adolescents Young Adults	Cigna	Therapist	Youth and families, anxiety, depression, suicidal ideation grief and loss, trauma, Asperger's, Autism, Attachment issues, ADD
Couple & Family Institute of Tri-Cities 8121 W Quinault Ave Ste F202 Kennewick, Washington (509) 570-0200 dr.carolannconrad@gmail.com https://couplefamilyinstitute.com/	Adolescents Adults	Premera Blue Cross, Regence, Kaiser, Self-pay	Psychologist, Counselor	Couples and family counseling, Individual for depression, anxiety, trauma
Courtney the Counselor Courtney Salazar, LMFT 1201 Jadwin Ave, Ste 202, Richland, WA (509) 212-9923 info@courtneythecounselor.com https://www.courtneythecounselor.com/	Children Adolescents	Private pay, Superbill for insurance, Sliding scale	Therapist	Child and teen therapy and parenting support, groups
Cultivate Connection Counseling 1201 Jadwin Ave. Suite 102 Richland, WA (541) 595-8261 https://www.cultivateconnectioncounseling.com/	Adults 18+	Private pay	Therapist	Emotionally focused therapy for couples work, individuals dealing with relationship distress, trauma or PTSD
Dawn Shepherd, LICSW 3311 W Clearwater Ave., Ste D111 Kennewick, WA (509) 531-6351 dphilmsw@hotmail.com	Adolescents Adults	Most Private Insurance	Counselor	Anxiety, grief, trauma and PTSD
Desert Rain Counseling 401 N. Morain St. Kennewick, WA 99336 (509) 832-4438	Adults 18+	Premera, private pay	Therapist	Trauma, depression, anxiety, panic, self-esteem, life transition issues
Jake & Jennifer Dean-Hill, LICSW 1950 Keene Rd., Bldg. H, Richland, WA (509) 366-8318 jakemsw@yahoo.com https://www.jenniferdeanhill.com/ https://www.jakedeanhill.com/	Adolescents Adults	Private Pay Only, Out of Network Insurance	Therapist	Individual, Marriage & Family Therapy

Evolve Counseling Keilani Perisian-Mason, MA, LMHC 1201 Jadwin Ave, Ste 202, Richland, WA (509) 438-8570 keilani.mason@pnwevolve.com https://www.facebook.com/pnwevolve/	Adolescents Adults	Private Pay Only, Out of Network Provider, Sliding Fee	Counselor	Anxiety, Relationship Issues, Coping Skills Exclusively offering telehealth
Family Tree Counseling Melissa Ellison, M.Ed., LMHC 750 Swift Blvd, Ste 12, Richland, WA (509) 578-6581 https://familytreecounselingtc.com/ Familytreecounselingtc@gmail.com https://www.facebook.com/familytreecounselingtc/	Elders (65+) Adults	Most Private Insurances	Counselor	Depression & Anxiety Bariatric Counseling Trauma & PTSD Obesity Telehealth Available
Ferguson Counseling Services Lee Ferguson, MSW, LICSW 660 George Washington Way, Ste D, Richland, WA (509) 438-7139 LeeFerguson135@gmail.com	Elders (65+) Adults	Most Private Insurances	Counselor	Anxiety Coping Skills Trauma and PTSD
Growth Point Behavioral Health Amanda Poffenberger, LMHC 1955 Jadwin, Ste 330, Richland, WA (509) 378-7037 GrowthPointbehavioralhealth@gmail.com	Adolescents Adults	Private Pay Only	Counselor	Couple counseling, Family therapy, Eating Disorder treatment, Eye Movement Desensitization and Reprocessing (EMDR)
Inner Reflection Therapy Loveroop Bath, MS, LMFT, MHP, CMHS 1201 Jadwin Ave, Ste 101, Richland, WA (509) 703-5044 lovey@innerreflectiontherapy.com	Adolescents Adults	Private Pay Only	Counselor	Anxiety, trauma, self-esteem, and identity formation. Passionate about ethnic minority populations.
Integrate Counseling Services Jan Michael, MSW, LICSW 8350 W Grandridge Blvd., Ste 200, Kennewick, WA (509) 851-3280 janmichaelmsw@gmail.com https://janmichaelmsw.com	Elders (65+) Adults	Medicare, Private Insurance	Counselor	Codependency Anxiety Depression
Joshua Cole Counseling, LLC Joshua Cole, LMHC 8350 W Grandridge Blvd., Ste 200, Kennewick, WA (509) 205-4040 joshuacolecounseling@gmail.com	Children Adolescents Adults	Medicaid, Most Private Insurance, Sliding Fee	Counselor	Autism Spectrum and related disorders, anxiety, depression, ODD
Katie Haynes, MA, LMHCA 1201 Jadwin Ave. Suite 202 Richland, WA (509) 627-9866 katiehaynescounseling@gmail.com https://katiehaynes.co/	Adolescents, Adults	Private pay, Sliding scale available	Therapist	Anxiety and panic, depression, PTSD, relationship issues, life transitions, grief and loss, self- esteem
Kristen Howard Counseling, PLLC Kristen Howard, LMHCA 7411 W Clearwater Ave, Ste. B Kennewick, WA 99336 (509) 572-8159 kristen@khowardcounseling.com khowardcounseling.com	Adolescents Adults	Private Pay Only, Sliding Fee	Counselor	Couples, families, pre-marital and pre-engagement

Kristi Brown, MS, LMFT 1030 N Center Pkwy, Ste 107, Kennewick, WA (509) 430-5244 kkbrown@msn.com kkbrown7.wixsite.com/kristibrownmslmft	Children, Adolescents Adults	Most Private Insurance	Counselor	Anxiety disorders, mood disorders, couples, families and children, Child Mental Health Specialty
Lindsay Dye Counseling, LLC Lindsay Dye, MA, LMHC, NCC 7409 W Grandridge Blvd., Ste 101, Kennewick, WA (509) 378-7753 ldye@ldcounseling.com	Individuals Couples Families	Most Private Insurance, Sliding Fee	Counselor	Adoption/Post-Adoption Trauma, Parenting
Longaker Counseling Services Chad Longaker, LMHC 3311 W. Clearwater Ave., Ste D281 Kennewick, WA (509) 581-8875 longakercounseling@outlook.com	Adolescents Adults	Medicaid, Some Private Insurance	Counselor	Couples Therapy Sex Therapy Individual Therapy
Looking Glass Psychological Services Lydia Bowerly, LMHCA 7411 W Clearwater Ave. Kennewick (509) 934-4357 https://www.lookingglasspsychologicalservices.com/	Children Adolescents Adults	Private Pay Only Sliding Fee	Counselor	Psychotherapy for trauma/abuse, complex trauma, divorce recovery/ adjustment, grief, play therapy, individual therapy for relational issues, career counseling, EMDR
Lycan Counseling, PLLC Kimberly Lycan, LMHC 750 Swift Blvd., Ste 5, Richland, WA (509) 205-5559 lycancounseling@gmail.com https://lycancounseling.com/	Children Adolescents Young Adults	Medicaid, Most Private Insurance	Counselor	Eating Disorders, Trauma, LGBTQ
Mental Wellness Solutions Julie Wilde, MA, LMHC, CMHS 1201 Jadwin Ave., Ste 101, Richland, WA (509) 940-7838 julie@mentalwellnesssolutions.com https://www.facebook.com/pages/category/Mental-Health-Service/Mental-Wellness-Solutions-Julie-Wilde-MA-LMHC-CMHS-246890209020299/	Adolescents Adults	Most Private Insurance	Counselor	Depression, anxiety, trauma, and EMDR
Munson Family Counseling, PLLC Jenifer Munson, LMHC 7409 W Grandridge Blvd., Ste 101, Kennewick, WA (509) 619-2270 jenifer@munsonfamilycounseling.com https://www.munsonfamilycounseling.com/	Children Adolescents Adults	Most Private Insurance, Sliding Fee	Counselor	Developmental Disabilities Mental Health Specialty, Anxiety, Trauma, teens/young adult, Child Mental Health Specialty
New Dawn Counseling Kyndra Scott, MSW, LICSW 824 Lewis St, Pasco, WA (509) 308-4389 kyndrascottlicsw@newdawnspc.com http://newdawnspc.com/	Children Adolescents Adults	Medicaid, Most Private Insurance, Sliding Fee	Counselor	Psychosis and addiction
Noahloni Eren Garcia (509) 401-8620	Youth/Young Adults, Adults	Private pay, Sliding scale (40+)	Therapist	Neurodiversity, BIPOC, & LGBTQ2IA+ affirming, trauma, PTSD, Sexual abuse, person-centered, strength based, bilingual

Renew Counseling Services, LLC Jessica Wallace, MA, LMHCA, NCC 750 George Washington Way, #8 (509) 676-6735 jessica@renewcounseling.care	Adults	Private Pay Only, Sliding Fee	Counselor	Anxiety with history of trauma, life transitions, divorce recovery, couples and marriage counseling, faith & spirituality
Revitalizing Relationships, PLLC Ronda Evans, LMFT 1201 Jadwin Ave Suite 102 Richland, WA 99352 (509) 380-6404 re2therapy@gmail.com https://www.re2therapy.com/	Adults	Most Private Insurance	Counselor	Couples therapy, sex therapy
Reynolds Mental Health Services 9825 Sandifur Parkway Suite D Office 5 Pasco, WA (509) 587-1229	Adults 18+	Premera, Aetna (soon), private pay	Therapist	Depression, Anxiety, OCD, PTSD, Insomnia, Personality disorders
Ronning-Dickson Counseling Lisa Ronning-Dickson, LMHC 750 Swift Blvd., Ste 20, Kennewick, WA (509) 792-0277 lisa@ronning-dickson.com http://ronningdickson.com/index.html	Children Adolescents	Medicaid, Most Private Insurance	Counselor	Child or Adolescent depression and anxiety
Sageview Youth Psychology 1950-O Keene Rd, Richland, WA (509) 627-2600 heather@sageviewpsych.com http://www.sageviewpsych.com/	Children Adolescents Family	Most Private Insurance	Counselor	Therapy, Assessments, Medication Monitoring
Simple Seed Counseling Erin Reyes, MA, LMHC 750 George Washington Way, Ste 8, Richland, WA (509) 557-0993 erin@simpleseedcounseling.com https://simpleseedcounseling.com/	Children, Adolescents Adults	Private Pay Only, Sliding Fee	Counselor	Anxiety, Depression, Self-Harming
Tera Bell, MS, MSW, LICSW 400 Columbia Point Dr., Ste 201-B, Richland, WA (509) 309-0941 socialworklink@outlook.com https://www.facebook.com/SocialWorkLink/	Adolescents Adults	Medicaid, Most Private Insurance,	Counselor	Psychotherapy
The Growing Place Youth Counseling Robin Buck, LMHCA 1201 Jadwin Ave., Ste 204, Richland, WA (509) 366-8041 robinbuck@growingplacecounseling.com https://growingplacecounseling.com/	Children	Private Pay Only	Counselor	Children ages 3-12, ADHD, ODD, anxiety, autism
Therapy Solutions Judy Dirks, LMHC 1455 Columbia Park Trail., Ste 102, Richland, WA (509) 396-3707 jdirks@therapy-solutions.us https://therapy-solutions.us	Adults	Most Private Insurance, Sliding Fee	Counselor	PTSD, Women's Health, Anxiety, Depression, EMDR

<p>Thrive on Counseling, LLC Stephanie Koerner, LMHC 718 Jadwin Ave, Richland, WA (509) 521-7833 thriveoncounseling@gmail.com https://m.facebook.com/Thrive-on-Counseling-LLC-110688393622553/</p>	<p>Children Adolescents Adults</p>	<p>Medicaid, Most Private Insurance, Sliding Fee</p>	<p>Counselor</p>	<p>Child mental health specialist, geriatric mental health specialist, disability mental health specialist, ethnic minority mental health specialist, mental health specialist, dual diagnosis therapist</p>
<p>Virtually Engaged Therapy & Consulting Sandy Apolinar, MSW, LSWAA 925 Stevens Dr. Richland, WA 99352 (509) 418-0575 https://www.virtualreality-tc.com</p>	<p>Pre-teens, Adolescents, Adults</p>	<p>Private pay</p>	<p>Therapist</p>	<p>Stress, anxiety, depression, ADHD</p>