

8th Grade Health Scope & Sequence

Days	Unit	Standard(s)/Outcome(s)	Essential/Guiding Questions
	<u>Mental and Emotional Health:</u>		<u>Mental and Emotional Health Unit Essential Questions:</u>
3	S.M.A.R.T. Goals	<p>Evaluate one’s personal wellness. 1a.8.1</p> <p>Reframe a challenge as an opportunity. 1a.8.5</p> <p>Describe how personal responsibility for one’s choices is linked to self-worth and growth. 1a.8.6</p> <p>Describe how culture, media, family, friends, and society may influence the attitudes, behaviors, and decisions of young people. 1d.5.10</p> <p>Describe the influence of culture on health beliefs, practices, and behaviors. 2.MS.a</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p>	<p>How can goal setting help a person achieve personal wellness?</p> <p>How can the SMART goal setting process help you overcome your roadblocks?</p> <p>How can your passions and accomplishments guide your goals?</p>

		<p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Assess personal health practices. 6.MS.a</p> <p>Develop a goal to adopt, maintain, or improve a personal health practice. 6.MS.b</p> <p>Apply strategies and skills needed to attain a personal healthy goal. 6.MS.c</p> <p>Describe how personal health goals can vary with changing abilities, priorities, and responsibilities. 6.MS.d</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
4	Stress and Anxiety	<p>Describe a variety of appropriate ways to respond to stress when angry or upset. 1a.7.9</p> <p>Explain how the expression of emotions or feelings can help or hurt oneself and others. 1a.8.3</p>	<p>Think about a time when you experienced a high level of emotional stress (like a test or a relationship problem). How did it affect you physically?</p>

		<p>Describe how personal responsibility for one's choices is linked to self-worth and growth. 1a.8.6</p> <p>Explain the causes and effects of stress. 1a.8.8</p> <p>Explain positive and negative ways of dealing with stress. 1a.8.9</p> <p>Explain the causes, symptoms, and effects of anxiety. 1a.8.10</p> <p>Analyze the risks of impulsive behaviors. 1a.8.11</p> <p>Describe the influence of culture on health beliefs, practices, and behaviors. 2.MS.b</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Explain the influence of personal values and beliefs on individual health practices and behaviors. 2.MS.h</p> <p>Demonstrate how to ask for assistance to enhance the health of self and others. 4.MS.d</p>	<p>Think about a time when you had a physical health problem (like an injury or illness). How did it affect you emotionally or mentally?</p> <p>What does "mindfulness" mean?</p> <p>What is the connection between mind and body when experiencing stress or anxiety?</p>
--	--	---	--

		<p>Assess personal health practices. 5.MS.a</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
2	Depression	<p>Describe the connection between depression and brain chemistry. 1a.7.10</p> <p>Explain the causes, symptoms, and effects of depression. 1a.7.11</p> <p>Explain how the expression or feelings can help or hurt oneself and others. 1a.8.3</p> <p>Describe how personal responsibility for one's choices is linked to self-worth and growth. 1a.8.6</p> <p>Describe the influence of culture on health beliefs, practices, and behaviors. 2.MS.b</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p>	<p>What is depression?</p> <p>What are common warning signs for depression?</p> <p>How can you help a friend who may be feeling depressed?</p>

		<p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Analyze the validity of health promotion, products, and services. 3.MS.a</p> <p>Assess valid health information from home, school and community. 3.MS.b</p> <p>Locate valid and reliable health products and services. 3.MS.e</p> <p>Assess personal health practices. 6.MS.a</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
4	Suicide	<p>Explain the signs and symptoms of people who are in danger of hurting themselves or others and demonstrate how to tell a trusted adult. 1a.8.12</p> <p>Describe the signs and symptoms of people who are in danger of hurting themselves or others. 1a.8.13</p>	<p>What is suicide?</p> <p>What are some warning signs for a person that may be suicidal?</p> <p>What is the number one cause of suicide?</p>

		<p>Explain the importance of telling an adult if there are people who are in danger of hurting themselves or others. 1a.8.14</p>	<p>What can you do to help someone with suicide ideation?</p>
1	<p>Speaker from the Guidance Department on the topic of Mental and Emotional Health</p>	<p>Summarize how to get help for someone who is self-harming. 1a.7.22</p> <p>Explain how the expression of emotions or feelings can help or hurt oneself and others. 1a.8.3</p> <p>Demonstrate empathy to others who have different feelings, thoughts, and experiences. 1a.8.4</p> <p>Describe how personal responsibility for one's choices is linked to self-worth and growth. 1a.8.6</p> <p>Explain positive and negative ways of dealing with stress. 1a.8.9</p> <p>Analyze the risk factors of impulsive behaviors. 1a.8.11</p> <p>Summarize the negative impact of stigma on health-seeking behavior. 1a.8.23</p> <p>List qualities of an adult whom a student can rely upon for support. 1d.8.13</p>	<p>What different emotions do you experience during a typical day?</p> <p>How do you deal or cope with all of your different emotions?</p>

		<p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Demonstrate how to ask for assistance to enhance the health of self and others. 4.MS.d</p> <p>Describe situations that may require professional health services. 3.MS.d</p> <p>Choose healthy alternatives over unhealthy alternatives when making a decision. 5.MS.g</p>	
3	Coping Skills	<p>Explain how the expression of emotions or feelings can help or hurt oneself and others. 1a.8.3</p> <p>Demonstrate empathy to others who have different feelings, thoughts, and experiences. 1a.8.4</p> <p>Describe how personal responsibility for one's choices is linked to self-worth and growth. 1a.8.6</p> <p>Explain positive and negative ways of dealing with stress. 1a.8.9</p>	<p>How do you cope with stressors in your life?</p> <p>What does being mindful mean to your personal wellness?</p> <p>What techniques can someone do to practice mindfulness?</p>

		<p>Analyze the risk factors of impulsive behaviors. 1a.8.11</p> <p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Describe situations that may require professional health services. 3.MS.d</p> <p>Demonstrate how to ask for assistance to enhance the health of self and others. 4.MS.d</p> <p>Choose healthy alternatives over unhealthy alternatives when making a decision. 5.MS.g</p> <p>Demonstrate healthy practices and behaviors that will maintain or improve the health of self or others. 7.MS.c</p>	
	<u>Substance Abuse Prevention</u>		<u>Substance Abuse Prevention Unit Essential Questions:</u>
3	Drug Terminology/ Addiction	Identify factors that contribute to addiction. 1a.7.21	In your opinion, which stage of addiction do you think is the worst? Why?

		<p>Identify addiction as long-term compulsive behavior despite negative consequences. 1a.8.24</p> <p>Identify the effects of addiction on self and others. 1a.HS1.9</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.b</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p> <p>Explain the influence of personal values and beliefs on individual health practices and behaviors. 2.MS.h</p> <p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Explain how school and public health policies can influence health promotion and disease prevention. 2.MS.j</p>	<p>How does one person's addiction affect themselves, their family, and the society that they live in?</p>
--	--	--	--

		Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a	
1	Speaker from Health Department on the topic of Substance Abuse Prevention	<p>Identify addiction as long-term compulsive behavior despite negative consequences. 1a.8.24</p> <p>Describe the relationship between substance use and health risks including unintentional injuries, violence, suicide, and sexual risk behaviors. 1b.8.2</p> <p>Defend the benefits of being free from alcohol, opioids, nicotine products, marijuana products, and other trending drugs or substances. 1b.8.4</p> <p>List qualities of an adult whom a student can rely upon for support. 1d.8.13</p> <p>Examine how the family influences the health of adolescents. 2.MS.a</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p>	How can the choices that you make today impact my future self?

		<p>Explain the influence of personal values and beliefs on individual health practices and behaviors. 2.MS.h</p> <p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Access valid health information from home, school, and community. 3.MS.b</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Develop a goal to adopt, maintain, or improve personal health practices. 6.MS.b</p> <p>Apply strategies and skills needed to attain a personal health goal. 6.MS.c</p> <p>Describe how personal health goals can vary with changing abilities, priorities, and responsibilities. 6.MS.d</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
--	--	--	--

		Demonstrate how to influence and support others to make positive health choices. 8.MS.b	
2	Over-the-Counter (OTC) and Prescription (Rx) Drugs	<p>Identify the negative effects of incorrect use of prescription drugs and over-the-counter medicines. 1b.7.1</p> <p>Summarize the negative consequences of using alcohol, nicotine products, marijuana products, opioids (including the lethal effects of fentanyl), and other trending drugs or substances. 1.b.8.1</p> <p>Describe the relationship between substance use and health risks including unintentional injuries, violence, suicide, and sexual risk behaviors. 1b.8.2</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p>	<p>What are consequences of using OTC and Prescription drugs inappropriately?</p> <p>If you were at a Pharm Party but chose to not take any drugs, what risks would you still be taking?</p> <p>If you were a pharmaceutical manufacturer, what would you require to be printed on all pills – not bottles but the actual medicine?</p>

		<p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Analyze the validity of health information, products, and services. 3.MS.a</p> <p>Access valid health information from home, school, and community. 3.MS.b</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.a</p> <p>Predict the potential short-term impact of each alternative on self and others. 5.MS.e</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
3	Heroin	Summarize the negative consequences of using alcohol, nicotine products, marijuana products, opioids (including the lethal effects of fentanyl), and other trending drugs or substances. 1.b.8.1	<p>If Heroin is the most addictive illegal drug, why do you think many people still try it?</p> <p>Do you think someone who is a heroin addict could fully recover</p>

		<p>Describe the relationship between substance use and health risks including unintentional injuries, violence, suicide, and sexual risk behaviors. 1b.8.2</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p> <p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Analyze the validity of health information, products, and services. 3.MS.a</p> <p>Access valid health information from home, school, and community. 3.MS.b</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.a</p>	<p>and live a healthy life? Why or why not?</p> <p>What power do other people have over an addict's life?</p>
--	--	---	---

		<p>Predict the potential short-term impact of each alternative on self and others. 5.MS.e</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
3	Fentanyl	<p>Summarize the negative consequences of using alcohol, nicotine products, marijuana products, opioids (including the lethal effects of fentanyl), and other trending drugs or substances. 1.b.8.1</p> <p>Describe the relationship between substance use and health risks including unintentional injuries, violence, suicide, and sexual risk behaviors. 1b.8.2</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p>	<p>What makes fentanyl so dangerous to a person's health?</p> <p>Why would someone be prescribed fentanyl?</p> <p>What are some examples of community resources for help?</p>

		<p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Analyze the validity of health information, products, and services. 3.MS.a</p> <p>Access valid health information from home, school, and community. 3.MS.b</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.a</p> <p>Predict the potential short-term impact of each alternative on self and others. 5.MS.e</p> <p>Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a</p>	
	<u>Safety and Violence Prevention:</u>		<u>Safety and Violence Prevention Unit Essential Questions:</u>
2	Internet Safety	Evaluate how sharing or posting personal information electronically about self or others on social media	How can a person stay safe on the internet?

		<p>sites can impact mental and emotional health. 1a.8.10</p> <p>Analyze positive and negative effects of social media. 1a.HS1.16</p> <p>Analyze the negative consequences of sending sexually explicit pictures or messages by email or cell phone or posting sexually explicit pictures on social media sites. 1c.8.19</p> <p>Identify how to use technology and social media safely and respectfully and laws pertaining to dissemination of intimate images. 1d.8.3</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Analyze the influence of technology on personal and family health. 2.MS.f</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p>	<p>What does your current online profile suggest about your character?</p>
--	--	---	--

		<p>Describe situations that may require professional health services. 3.MS.d</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.b</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Demonstrate behaviors that avoid or reduce health risks to self and others. 7.MS.c</p>	
4	Healthy/Unhealthy Relationships	<p>Distinguish healthy relationships from unhealthy ones. 1c.8.1</p> <p>Describe strategies a student might use to end an unhealthy relationship, including involving a trusted adult who can help. 1c.8.3</p> <p>Summarize why individuals have the right to refuse sexual contact. 1c.8.4</p> <p>Analyze factors and other substances that can affect the ability to give or perceive consent to sexual activity. 1c.8.5</p> <p>Explain the importance of setting personal limits to avoid sexual risk behaviors. 1c.8.6</p>	<p>How can a person establish a healthy relationship?</p> <p>How can a person establish healthy relationships?</p> <p>What are 3 qualities of an unhealthy relationship?</p>

		<p>Describe the state and federal laws that impact young people's sexual health rights, ability to give and receive sexual consent, and engagement with sexually explicit media. 1c.8.18</p> <p>Distinguish between appropriate and inappropriate verbal and/or non-verbal interactions. 1d.8.4</p> <p>Explain the importance of setting and respecting personal limits/boundaries. 1d.8.5</p> <p>Describe why individuals have the right to refuse sexual contact. 1d.8.6</p> <p>Define affirmative consent. 1d.8.7</p> <p>Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched. 1d.8.8</p> <p>Demonstrate the ability to recognize and respond to situations that threaten sexual health safety. 1d.8.15</p> <p>Explain why a person who has been sexually mistreated, groomed,</p>	
--	--	--	--

		<p>harassed, abused, assaulted, or exploited is not at fault. 1d.8.16</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Analyze the influence of technology on personal and family health. 2.MS.f</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p> <p>Describe situations that may require professional health services. 3.MS.d</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.b</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Demonstrate behaviors that avoid or reduce health risks to self and others. 7.MS.c</p>	
1	Speaker from RCIS on the topic of Safety	Distinguish healthy relationships from unhealthy ones. 1c.8.1	What is the difference between sexual assault/rape?

	<p>and Violence Prevention</p>	<p>Describe strategies a student might use to end an unhealthy relationship, including involving a trusted adult who can help. 1c.8.3</p> <p>Summarize why individuals have the right to refuse sexual contact. 1c.8.4</p> <p>Analyze factors and other substances that can affect the ability to give or perceive consent to sexual activity. 1c.8.5</p> <p>Explain the importance of setting personal limits to avoid sexual risk behaviors. 1c.8.6</p> <p>Describe the state and federal laws that impact young people's sexual health rights, ability to give and receive sexual consent, and engagement with sexually explicit media. 1c.8.18</p> <p>Distinguish between appropriate and inappropriate verbal and/or non-verbal interactions. 1d.8.4</p> <p>Explain the importance of setting and respecting personal limits/boundaries. 1d.8.5</p>	
--	--------------------------------	--	--

		<p>Describe why individuals have the right to refuse sexual contact. 1d.8.6</p> <p>Define affirmative consent. 1d.8.7</p> <p>Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched. 1d.8.8</p> <p>Describe situations and behaviors that constitute sexual mistreatment grooming, harassment, abuse, assault, exploitation, and boundary violations. 1d.8.12</p> <p>Identify a source of support that a student can go to if they or someone they know is being abused or assaulted. 1d.8.14</p> <p>Demonstrate the ability to recognize and respond to situations that threaten sexual health safety. 1d.8.15</p> <p>Explain why a person who has been sexually mistreated, groomed, harassed, abused, assaulted, or exploited is not at fault. 1d.8.16</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p>	
--	--	--	--

		<p>Analyze how messages from media influence health behaviors. 2.MS.e</p> <p>Analyze the influence of technology on personal and family health. 2.MS.f</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p> <p>Describe situations that may require professional health services. 3.MS.d</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.b</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Demonstrate behaviors that avoid or reduce health risks to self and others. 7.MS.c</p>	
Optional if time allows	Speaker from Amatus on the topic of Safety and Violence Prevention	<p>Distinguish healthy relationships from unhealthy ones. 1c.8.1</p> <p>Describe strategies a student might use to end an unhealthy relationship, including involving a trusted adult who can help. 1c.8.3</p>	Why is it important to recognize unhealthy relationship signs?

		<p>Summarize why individuals have the right to refuse sexual contact. 1c.8.4</p> <p>Analyze factors and other substances that can affect the ability to give or perceive consent to sexual activity. 1c.8.5</p> <p>Explain the importance of setting personal limits to avoid sexual risk behaviors. 1c.8.6</p> <p>Describe the state and federal laws that impact young people's sexual health rights, ability to give and receive sexual consent, and engagement with sexually explicit media. 1c.8.18</p> <p>Distinguish between appropriate and inappropriate verbal and/or non-verbal interactions. 1d.8.4</p> <p>Explain the importance of setting and respecting personal limits/boundaries. 1d.8.5</p> <p>Describe why individuals have the right to refuse sexual contact. 1d.8.6</p> <p>Define affirmative consent. 1d.8.7</p>	
--	--	--	--

	<p>Explain that no one has the right to touch anyone else in a sexual manner if they do not want to be touched. 1d.8.8</p> <p>Describe situations and behaviors that constitute sexual mistreatment grooming, harassment, abuse, assault, exploitation, and boundary violations. 1d.8.12</p> <p>Identify a source of support that a student can go to if they or someone they know is being abused or assaulted. 1d.8.14</p> <p>Demonstrate the ability to recognize and respond to situations that threaten sexual health safety. 1d.8.15</p> <p>Explain why a person who has been sexually mistreated, groomed, harassed, abused, assaulted, or exploited is not at fault. 1d.8.16</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Analyze how messages from media influence health behaviors. 2.MS.e</p>	
--	--	--

		<p>Analyze the influence of technology on personal and family health. 2.MS.f</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.g</p> <p>Describe situations that may require professional health services. 3.MS.d</p> <p>Demonstrate refusal and negotiation skills to avoid or reduce health risks. 4.MS.b</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Demonstrate behaviors that avoid or reduce health risks to self and others. 7.MS.c</p>	
	<u>Family Life and Human Sexuality:</u>		<u>Family Life and Human Sexuality Unit Essential Questions:</u>
1	Male/Female Reproductive Systems Review	Summarize human reproductive systems including medically accurate names for internal and external genitalia and their functions. 1c.8.10	<p>What is the function of the male and female reproductive systems?</p> <p>What are the stages of the menstrual cycle?</p>

1	Fetal Development	Explain menstruation, fertilization, and implantation. 1c.8.11	What changes occur to the mother and the developing fetus during pregnancy?
1	Teen Pregnancy	<p>Explain the importance of setting personal limits to avoid sexual risk behaviors. 1c.8.6</p> <p>Explain menstruation, fertilization, and implantation. 1c.8.11</p> <p>Describe ways sexually active people can reduce the risk of pregnancy. 1c.8.12</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.h</p> <p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Distinguish between healthy and unhealthy alternatives to health-related issues or problems. 5.MS.d</p>	<p>Why is abstinence a healthy choice for young people?</p> <p>How can your decisions as a teenager affect your future?</p>

		Assess personal health practices. 6.MS.a	
1	Abstinence	<p>Explain the importance of setting personal limits to avoid sexual risk behaviors. 1c.8.6</p> <p>Describe ways sexually active people can reduce the risk of HIV, and other STIs. 1c.7.12.</p> <p>Describe ways sexually active people can reduce the risk of pregnancy. 1c.8.12</p> <p>Describe why individuals have the right to refuse sexual contact. 1d.8.6</p> <p>Summarize ways to decrease the spread of STIs including HIV through abstinence 1f.8.4</p> <p>Describe how peers influence healthy and unhealthy behaviors. 2.MS.c</p> <p>Explain how the perceptions of norms influence healthy and unhealthy behaviors. 2.MS.h</p>	How would effective communication help you in a peer pressure situation?

		<p>Describe how some health risk behaviors can influence the likelihood of engaging in unhealthy behaviors. 2.MS.i</p> <p>Identify circumstances that can help or hinder healthy decision-making. 5.MS.a</p> <p>Determine when health-related situations require the application of a thoughtful decision-making process. 5.MS.d</p> <p>Distinguish between healthy and unhealthy alternatives to health-related issues or problems. 5.MS.d</p> <p>Analyze the outcomes of a health-related decision. 5.MS.g</p> <p>Assess personal health practices. 6.MS.a</p>	
	<u>End of Course Assessment</u>		<u>End of Course Essential Questions:</u>
1	End of Course Review	Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a	What was the most intriguing and impactful lesson in the 8th grade Health course?

1	End of Course Assessment	Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a	No question – Course Assessment
---	--------------------------	---	---------------------------------