

Motor Planning and Sensory motor

- Problems with motor planning may present as: delay in comprehending directions, indecision when confronted with new tasks or poor organization of the body.
- Sensory motor involves your senses and the movement responses to them. Senses are touch, joint position sense, body position in space, awareness of movement, vision, hearing taste and smell. Weaknesses in these areas can alter the way we move and how we function in school environment. For example, poor eye movement can result in decreased ability to track along a line to read or copying from the black/white board with poor awareness in joints can lead to jerky less controlled movements or decrease of balance and less automatic movement.

