



WORKFORCE SECONDARY TRAUMATIC STRESS

District-Wide Workforce Mental Health Committee

The District will establish a diverse and inclusive Workforce Mental Health Committee. The District will seek committee members who have the interest and skills to best serve the committee.

The duties of the committee will include:

- Seeking and sharing resources related to secondary traumatic stress from OSPI, the ESD, the School Employee's Benefits Board and other sources;
- Sharing links to a secondary traumatic stress self-assessment tool and any associated resources;
- Utilizing a continuous quality improvement process, which may include a staff climate survey offering an opportunity for staff to give anonymous feedback;
- Reviewing the data collected to determine areas of focus;
- Reporting to the Board at least once per year with a summary of committee activities, the status of staff well-being and an assessment/recommendations for the implementation of this policy and procedure.

Adopted: August 30, 2021