

## CATHETERIZATION

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The State Department of Health has established the following rules:

- A. The student's medical file shall contain a completed treatment request form from the parent(s) or guardian for the clean, intermittent catheterization of the student.
- B. The student's medical file shall contain a current written order for clean, intermittent catheterization from the student's licensed health care provider and shall include written instruction for the procedure. The order shall be reviewed and/or revised each school year.
- C. A school nurse and the parents/guardian shall develop an individualized health plan specific for the needs of the student. These shall be made available to the non-licensed school employee and shall be updated each school year.
- D. The supervision of the self-catheterizing student shall be based on the needs of the student and the skill of the nonlicensed school employee.
- E. A school nurse, designated by the school board, shall be responsible for the training of the nonlicensed school employees who are assigned to perform clean, intermittent catheterization of the students.
- F. The training of the non licensed school employee shall include but not be limited to:
  - 1. An initial in-service training, of a length to be determined by the school nurse.
  - 2. An update of the instructions and a review of the procedure each school year.
  - 3. Anatomy, physiology and pathophysiology of the urinary system including common anomalies for the age group served by the employee.
  - 4. Techniques common to the urinary catheterization procedure.
  - 5. Identification and care of the required equipment.
  - 6. Common signs and symptoms of infection and recommended procedures to prevent the development of infections.
  - 7. Identification of the psychosocial needs of the parent/guardian and the students with emphasis on the needs for privacy and confidentiality.
  - 8. Documentation requirements.
  - 9. Communication skills including the requirements for reporting to the school nurse or the physician.
  - 10. Medications commonly prescribed for the clean, intermittent catheterization.
  - 11. Contraindications for clean, intermittent catheterization and the procedure to be followed if the non-licensed school employee is unable to catheterize the student.
  - 12. Training in catheterization specific to the student's needs.
  - 13. Developmental growth patterns of the age group served by the employee.
  - 14. Utilization of a teaching model to demonstrate catheterization techniques with return demonstration performed by the non-licensed school employee, if a model is available.
  - 15. The training of the non-licensed school employee for clean intermittent catheterization only shall be documented in the employee's permanent file.
  - 16. The district will record the names of individuals receiving the catheterization training, and the training dates. These records shall be kept for auditing purposes.