

Lobo Times



Art
4/29/22

April 2022

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QUIMBY
OAK
MIDDLE SCHOOL

LOBO TIMES

The student voice. For the students. From the students. By the students.



SCHOOL SPIRIT

We hope you all had fun at the Tropical Beach Blast dance, our first actual middle-school dance in the gym and in the dark. Thanks Leadership!

May is coming up, which means we will have our second spirit rally soon! It will be on the 20th of May and will be Storybook themed.

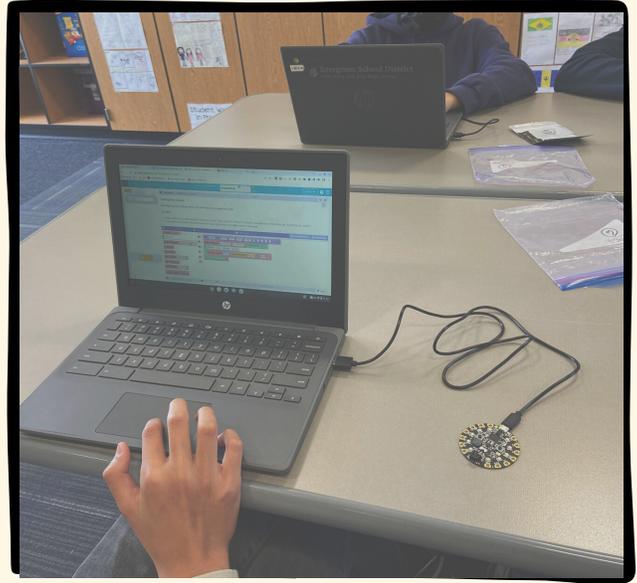
UPCOMING INFORMATION

We hope you enjoyed your Spring Break this April and got plenty of rest for next month, since in May we have no minimum days. In May, progress ends on the 13th and we have a day off on the 30th for Memorial day.

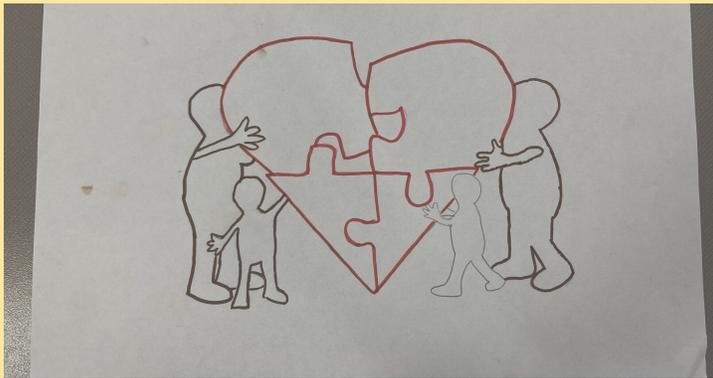


LSI ELECTIVE HIGHLIGHTS!

Ms. Nomura's computer science engineering finished making games using circuit boards. They have started making prototypes of things like watches and nightlights.



Here's a picture of a student programming a circuit board in Ms. Nomura's class

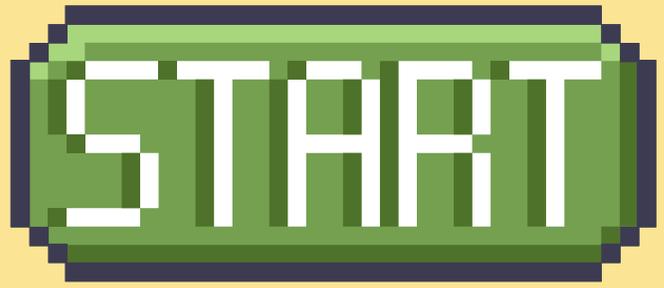


Ms. Jaspal's lighthouse has started their societal issues project where they focus on issues they are passionate about, such as climate issues or LGBTQ+ issues. Up there is a picture of a poster of Ms. Jaspal's student that they are working on.

Mr Hiraki's lighthouse just finished "Carnival for Caring" where they donated their profits to Make-a-Wish. They are now researching possible things to do for legacy project. They are planning on planting trees for more shade and beatification and/or inspirational tile wall.



Ms. Sutton's computer programming class are either learning python, or making games/websites through javascript.



More LSI elective highlights!

In STEAM, they are building spaghetti bridges to look at relationships between force and mass.

Ms. Blightman and Ms. Lam's Lighthouses are making gifts of appreciation to give to influential adults in their lives.

In Mr. Garcia's Lighthouse, each student is doing a demo to teach the class whatever they want. For example, paper kunai, how to dance, and how to shuffle cards. They are doing this to practice presentation skills.

Mr. Trinidad's Lighthouse News class worked hard to gather information about other classes and worked on this month's newsletter.



7TH GRADE LSI PROJECTS

Ft. New World Arts project, Science project wrap up, Math olympics + more!

THE WAY TO SAN JOSE

World Arts is launching their biggest project yet, "Do you Know The Way to San Jose?" All 7th grade students are researching about the history of San Jose and holding an exhibition at History Park. On April 28th, some selected students are went to History Park to contribute to the ideas of the exhibit!



Here's a picture of one of the things they saw in History Park, the Liberty Bell!

7TH GRADE MATH

7th grade math finished Math Olympics, and are working on their food unit. They are learning about proportions (area, volume, and surface area).

7TH/8TH GRADE MATH

The advanced math class is starting their unit "Games" which is based on statistics and probability using spinning wheels and dice.



DISCOVERY SCIENCE

Science is beginning a new project, What on Earth is going On?? 7th grade will be taking pictures or creating art of natural phenomenons of the earth. They will create a portfolio to show their full understanding about earth science.

8TH GRADE LSI PROJECTS

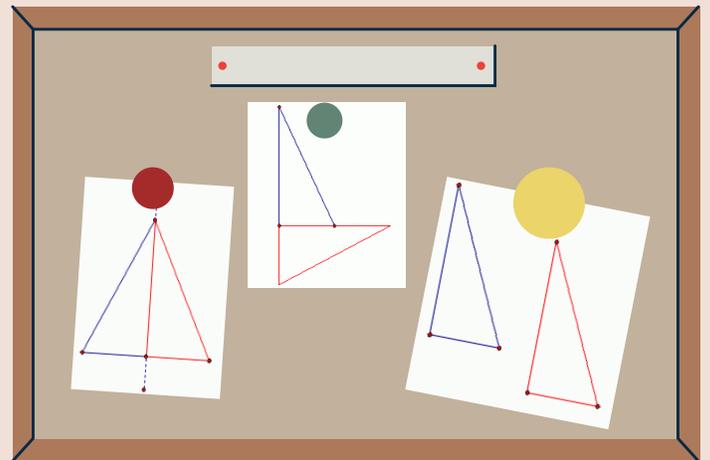


EXPLORATORY SCIENCE

8th graders just started a new unit about genetic variation and mutations. Students were able to create 3D models, posters, or a fun song that helped explain the different parts of an animal cell.

8TH AND 8TH/9TH GRADE MATH

Both math classes are in their unit "Transformers," where they are learning about the types of transformations. They are using Desmos to get a visual representation of different transformations.



US NARRATIVE

Mr. Bryan and Mr. Garcia's class just finished their undercover boss episodes. In this project the students were able to choose a tycoon or inventor from the past to show how they would act if they were put into a low level employee environment.





APRIL SPORTS REPORT



WRESTLING

Wrestling has just won the first tournament of the season. Keep it up Lobos!

Quimby won 4-28-22 against Chaboya!

Track and Field

Track and field has been working hard and practicing their high jumps. They are led by Mr. Rivas, Mrs. Loeb, and Ms. Lam.



NBA

Warriors won against the Nuggets 4 - 1

MLS

San Jose Earthquakes are placed 13th in the west conference.

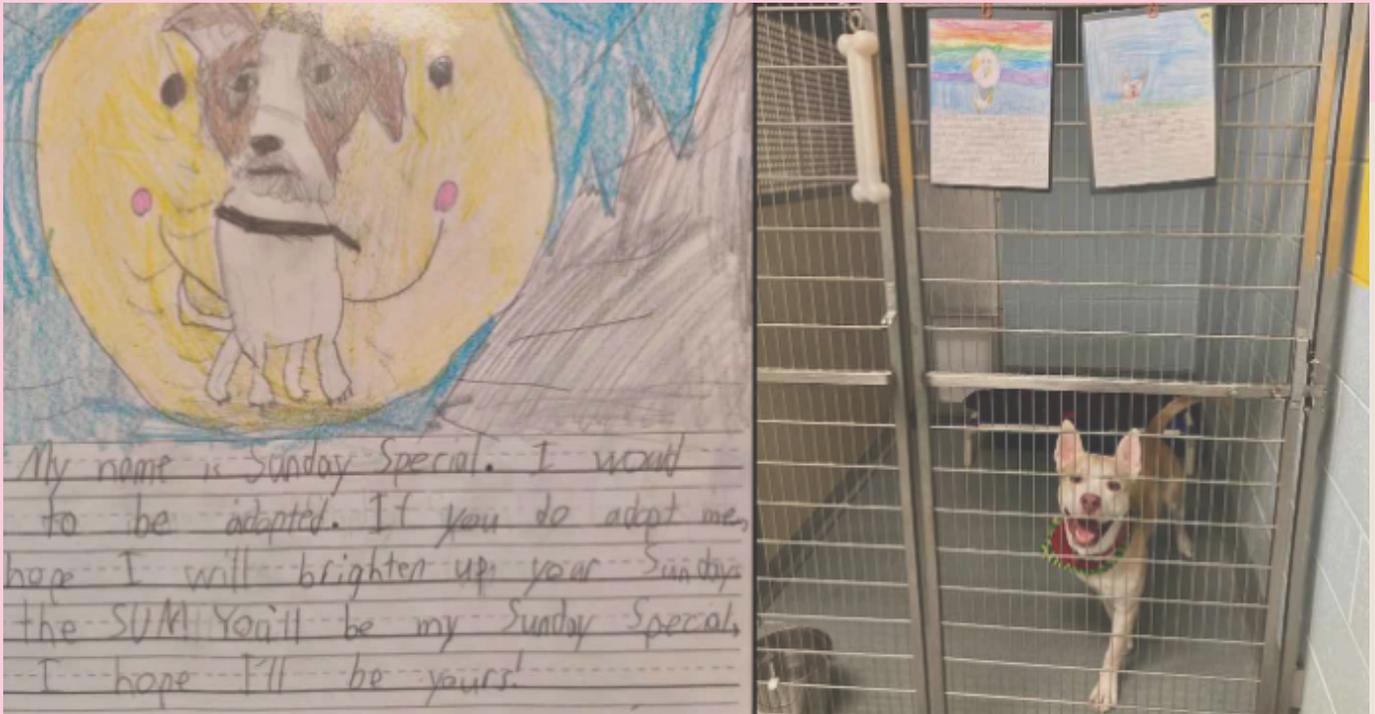
MLB

The San Jose Giants won against Visalia Rawhide 10 - 2.

NFL

San Francisco 49ers won against the Dallas Cowboys 23 - 17

A DASH OF WHOLESOMENESS



A wholesome second grade class decided to make a move to help pets get adopted! Kensey Jones, their teacher, asked them to write a persuasive letter to encourage people to adopt the pets. After 3 weeks, adoption rates increased! “The idea just came to me to connect persuasive writing with these adoptable pets that need a forever home,” Jones said. Thanks to the second grade class, the long waiting pets don't need to wait for an owner anymore!

COMMUNITY AND LOCAL NEWS



OPEN HOUSE

On April 27th, our school hosted an open house which allowed parents to come onto campus to see all of the things that the students are learning. Teachers highlighted all of the projects they have been working on throughout the school year.



RAMADAN

Ramadan Mubarak Lobos! From April 1st to May 1st, Muslims celebrate Ramadan to grow spiritually closer to Allah. During Ramadan, Muslims fast every day, usually only eating before sunrise and after sunset. Ramadan lasts about a month. Every day, families break their fasts together.





Healthy Habits

Healthy habits are hard to make, but they pay off in the end. Here's a brief list of four fundamental habits every teen should make early on.

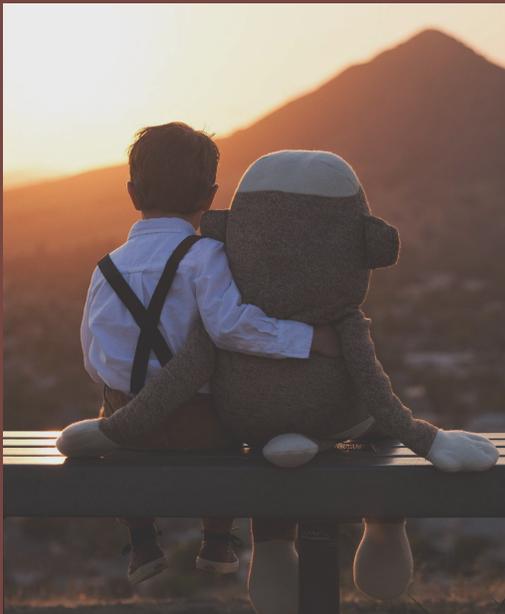
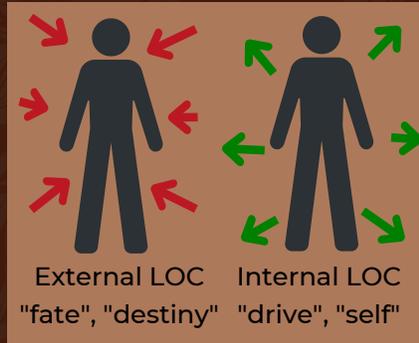
- Sleep at least 8 to 9 hours whenever possible; make it a goal to get a good night's rest.
- Exercise daily; a strong body is a healthy one!
- Form good relationships that make you feel happy, not neglected or angry. Look at the section below for more information on relationships.
- Know your own warning signs. Are you stressed or just tired? Talk to your friends about it!

learning about

ME TIME

Locus of Control

When it comes to who controls your life, there are two basic, opposing mindsets; two different Loci of Control. The first one is an external Locus of Control (LOC). This means you feel like destiny or fate or some other, external force is deciding your life for you. The second is an internal LOC, where you feel like you control what comes out of your life. Let's say two people are playing a sport and their team loses. A person with an external LOC will be able to brush it off as, "The sun was in my eyes," or "I wasn't feeling well today." However, a person with an internal LOC will feel more responsible, which can be a good or bad thing. For example: "I'm not good at sports," or "I forgot to practice; it was my fault." Check back next time for more on this topic, Lobos!



Levels of Relationships

Navigating friendship and life can be hard, you can get confused between relationships. This is why we have "levels of relationships," a way we can organize each of our relationships with other people.

For example, maybe there's someone you know, who you can greet while passing by, or make small talk to. That would be a level 1 friendship, an acquaintance.

But maybe there's someone who you consider a friend, someone who is in a level 2 relationship with you; that would be someone you trust, and someone that you are close with.

These sort of relationships can then progress into something more, acquaintances to friends, friends to best friends, and so on!

EASTER



Easter marks the Resurrection of Jesus three days after his death by crucifixion. Many traditions have formed around this holiday, and that includes dyeing and decorating eggs. You may also remember the Easter egg hunts with candies and chocolate bunnies. You might have even found a golden egg!



EARTH DAY

Earth Day is the anniversary of the first modern environmental movement in 1970. Before this day existed, Americans were oblivious to how their health could be affected by a polluted environment. The name Earth Day quickly caught the attention of millions and organizations formed all across the country. Be sure to Reduce, Reuse, and Recycle!

AUTISM ACCEPTANCE MONTH

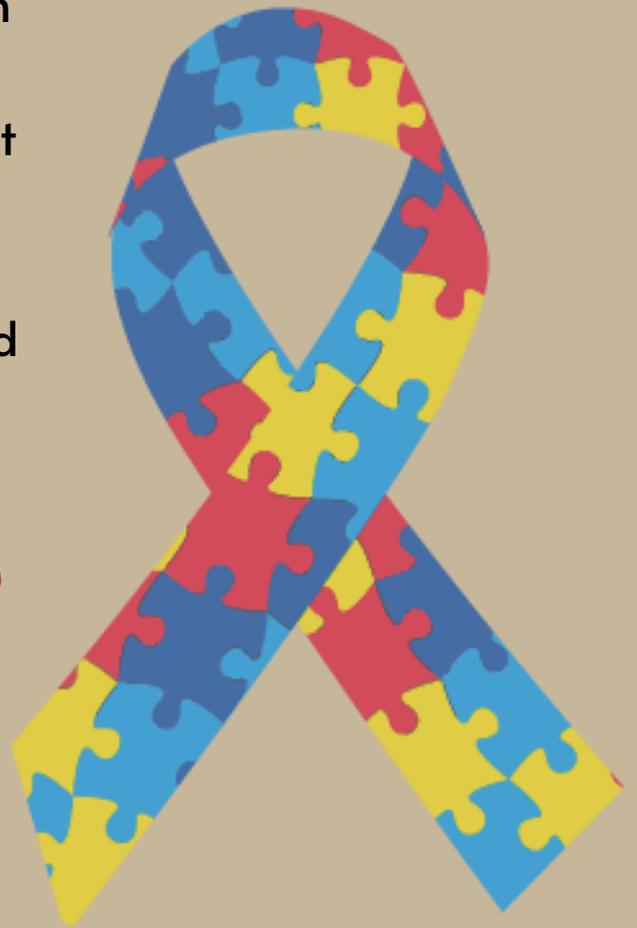
This April is Autism Acceptance Month! The first ever National Autism Month was on April 1970, this was held by the Autism Society. You might be wondering why it's not "Autism Awareness Month". Well, on March 4th, 2021, the Autism Society decided to replace "awareness" to "acceptance".

Ways to celebrate Autism Acceptance Month:

- Learn more and share with others to bring awareness
- Attend different events to get more involved

Autism facts:

- NOT caused by poor parenting, trauma, abuse or neglect
- NOT a mental or emotional illness
- IS a developmental disability
- CAN BE caused by(an) abnormality(ies) in brain structure or function
- CAN BE caused by genetic changes
- Can cause over- or under-sensitivities to:
 - Sounds
 - Lights
 - Touches
 - Tastes
 - Smells
 - Pain





POLLS!!

In this month's poll we asked people if they pranked someone for April Fools day, celebrate Ramadan, what they did for spring break and if there are more wheels or doors in the world. This time we got 101 responses and the poll was on an online form filled out during a class. If you want to be in a poll, please answer the questionnaire in class and answer appropriately.

What are you doing for Spring Break?

1. Relax
2. Travel
3. Nothing
4. Miscellaneous
5. D.C. trip
6. Work
7. Celebrate a Birthday

Do you practice and/or celebrate Ramadan?

97% - no
3% - yes

Did you prank someone for April fools?

51.5% - no
48.5% - yes

Are there more wheels or doors in the world?

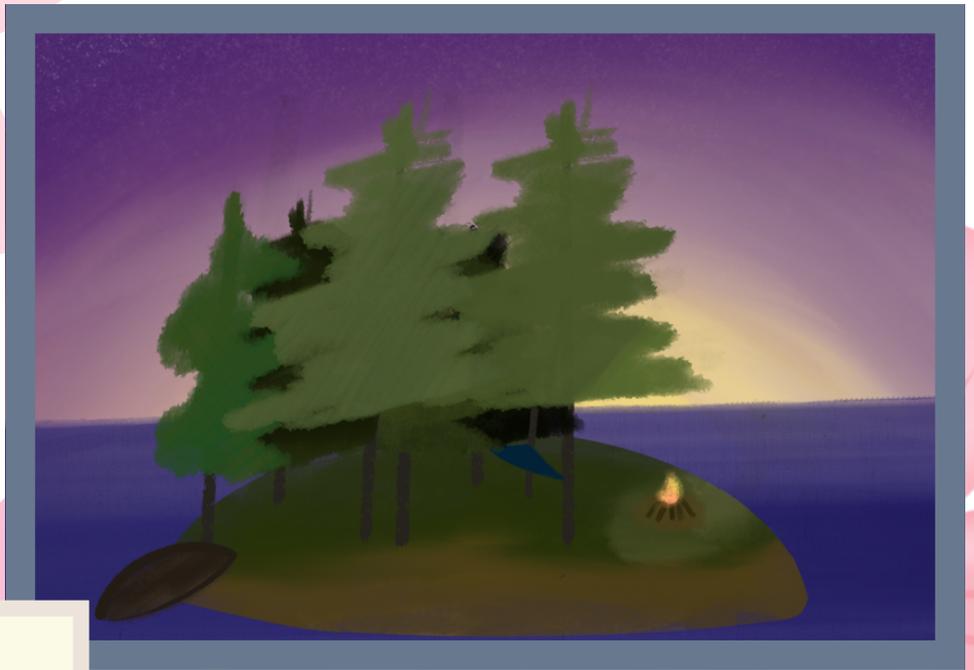
66.3% - wheels
33.7% - doors



ART SUBMISSIONS

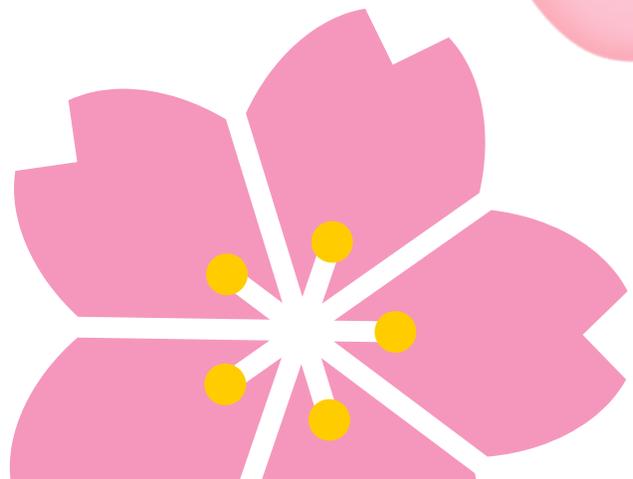


These are the highlighted art submissions of April 2022. Thank you to everyone who has submitted. If you would like to submit a piece of artwork, please email it to Mr T. at ktrinidade@eesd.org

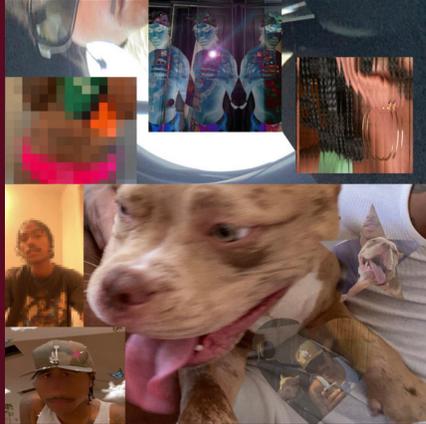


By: Peyton Tran

This will be the last call for art submissions to be showcased on the Lobo Times this year. Thank you.
- submission team



RECCOMENDATIONS



Donchano
Steve Lacy

SONG RECC

Do you enjoy the R&B and soul genre? Here at LHN, we have the perfect song for you! "Donchano" by Steve Lacy. For those who enjoy this genre of music, it is a rather sweet and romantic song so if you're a person who enjoys this, you should definitely check it out!

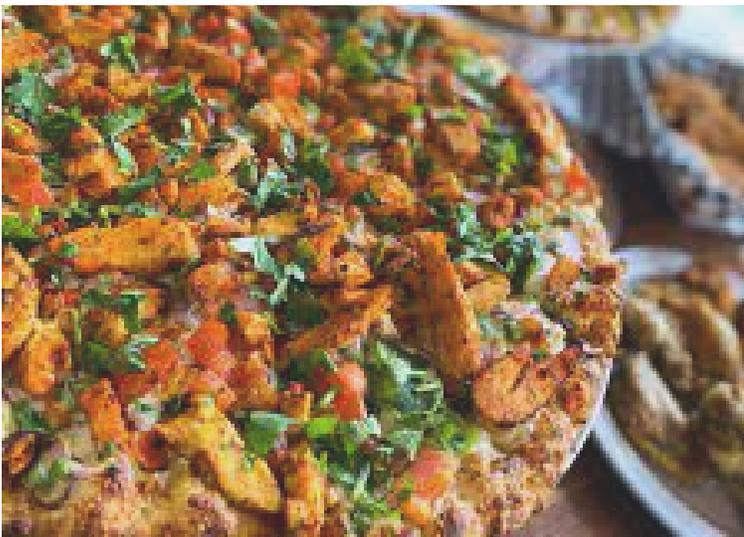
NEED A MOVIE?

This month, we're recommending a mappa animated prequel movie based off of the popular series, Jujutsu Kaisen. In this movie a boy named Yuta has the love of his life tragically killed in a car accident. She turns into a curse and Yuta has to use the curse to save the world from the villain Geto. With amazing animation, great comedy, and soundtrack, this film is 100% worth the watch. You can watch Jujutsu Kaisen 0 in theaters or on Crunchyroll.



A PLACE TO EAT

Curry Pizza House is a fusion dish restaurant where the food is a combination of pizza and Indian food, which is why it's called Curry Pizza House. A pizza we recommend is the Tandoori Chicken Pizza. Curry Pizza House is located in Evergreen Village Square, we hope you enjoy!



STILL BORED? HERE ARE SOME RIDDLES.



Q: Why are people so tired on April 1st?

A: Because they just finished a long 31 day March

Q: Flowers in bloom and rain showers I bring. I live in your mattress and even trampolines. What am I?

A: Spring

Q: Carrie's birthday is in April but, April is in the fall. How is this possible?

A: She lives in the southern hemisphere

Q: A plane crashes exactly on the border of Canada and the US. Half the people on board were Canadian and the other half were American. Where do you bury the survivors?

A: Nowhere, you don't bury survivors

Q: April showers bring Mayflowers. What do Mayflowers bring?

A: Pilgrims

Q: What has 6 faces but no head and 21 eyes but can't see?

A: A die (dice)

THANK YOU
FOR READING!

Happy
EASTER

Check out our videos:
[LHN YouTube Channel](#)

