



The WC School Nutrition Program was reviewed during the past Fall, 2012 and accredited with meeting the NEW Healthy, Hunger-Free Kids Act (HHFKA) menu provisions. The tough new federal nutrition standards ensure that meals are healthier, well-balanced and provide students all the nutrition they need to help learn at their best.

School meals offer students milk, fruits, vegetables, proteins (meats), grains (breads) and meet strict limits for saturated fat, trans fat and portion size.

School lunches meet additional standards requiring;

- ◆ Age-appropriate calorie limits
- ◆ Larger servings of vegetables and fruits
- ◆ A wider variety of vegetables (including dark green, red/orange and legumes)
- ◆ Fat-free (flavored and unflavored) or 1% milk
- ◆ More whole grain rich
- ◆ Less sodium

School Wellness:

- ◆ Important to our wellness policy is offering student taste testing of new entrees or potential entrees served on menu. Special taste testing at select schools by food brokers including BBQ Brookwood Pork and Asian chicken entrees during January and February months.
- ◆ Annual District Taste Testing Event held for all schools (last May, 2013 and planned for March 27, 2014). Student feedback from taste testing events and meal surveys will dictate menu cycle plans.
- ◆ Professional training with all staff meeting recertification with focus was on customer service this year. Plans in progress for a national chef scheduled for on-site culinary training for SY 2015.
- ◆ All menus are USDA certified with Performance Based Reimbursement (6 cents);
- ◆ Enhanced and more rigid Food Safety Standards with HACCP that are school site specific.



School Nutrition Mission: Fuel Up to Learn with School Meals

⇒ **Our goal is to offer tastier meals that**



**students enjoy while still meeting
HHFKA nutrition standards.**

Other Reflections of School Year 2013-2014:

- ◆ CEP- Community Eligibility Provision School District; All students receive a breakfast and lunch meal free of charge;
- ◆ Now serving supper meals with CACFP at WC Middle School, WC Monticello Elementary and Bell Elementary.
- ◆ Expanded Breakfast Venues with all schools offering grab n go service and WC Middle School and WC High School offering 2nd Chance Breakfast;
- ◆ School Garden with FFA: Serving window of August–November with selected fresh produce i.e.: fresh tomatoes, cabbage, broccoli, peppers, cucumbers, watermelon, cantaloupe;
- ◆ Newly designed webpage with School Nutrition – includes menus, menu analysis, meal surveys, special nutrition, nutrition education, myschool bucks, and staff contacts,
- ◆ Received national success stories on 'Unbridled Learning Begins with Breakfast at Kentucky's Wayne County High School'.
- ◆ Special training on Customer Service with School Meals held July 30, 2013, National Speaker Shelley Morrison.
- ◆ Elementary school student promotions with National School Milk Day Event. Special parent promotional event with Bell Elementary and WC Monticello Elementary Sweetheart Breakfast offering parent/student food sampling, involvement toward program enhancement.
- ◆ WC Middle School receives Action for Healthy Kids / Kellogg's mini-grant to further school breakfast growth.

Wayne County School Nutrition Report Score



Grades K-5 Walker, Bell, WCME

Grades 6-8 WC Middle

Grades 9-12 WCHS

LUNCH	Fruit	Veg.	Meat/Meat Alt.	Grains	Milk	Avg. Calories	Avg. % Sat. Fat	Sodium
Weekly Min.	2.5 cups	3.75 cups	8-10 oz.	8 oz.	5 cups	550-650 kcal	<10%	1230/935
Menu Actuals	5 cups	6 cups	8 oz.	8 oz.	5 cups	635 kcal.	8.13 %	1268
Regulation Met?	YES	YES	YES	YES	YES	YES	YES	Starts SY-15

LUNCH	Fruit	Veg.	Meat/Meat Alt.	Grains	Milk	Avg. Calories	Avg. % Sat. Fat	Sodium
Weekly Min.	2.5 cups	3.75 cups	9 oz.	8 oz.	5 cups	600-700 kcal.	<10%	1360/1035
Menu Actuals	5 cups	6 cups	10 oz.	8 oz.	5 cups	698 kcal.	8.28%	1323
Regulation Met?	YES	YES	YES	YES	YES	YES	YES	Starts SY-15

LUNCH	Fruit	Veg.	Meat/Meat Alt.	Grains	Milk	Avg. Calories	Avg. % Sat. Fat	Sodium
Weekly Min.	5 cups	5 cups	10 oz.	10 oz.	5 CUPS	750-850 KCAL	<10%	1420/1080
Menu Actuals	5.5 cups	7 cups	11 oz.	10.5 oz. serving	5 CUPS	804 KCAL	8.76%	1459
Regulation Met?	YES	YES	YES	YES	YES	YES	YES	Starts SY-15

WC FOOD NUTRITION STAFF

37 School Staff; 3 District Staff

FN Director— Registered Dietitian, School Nutrition Specialist

FN District Supervisor— KSNA Certified 1 and Culinary trained-Casey Holt

FN District Secretary – Helen Dalton

SNA CERTIFIED STAFF: Director/Supervisor/Managers– 5

Working toward SNA Certification- 2

Staff Serve Safe Certified– 9

All school staff—KY recertification in child nutrition programs.

Health Inspections

Walker ELC-99%

Bell Elem– 98%

WC Monticello– 97%

WC Middle– 100%

WC High– 99%



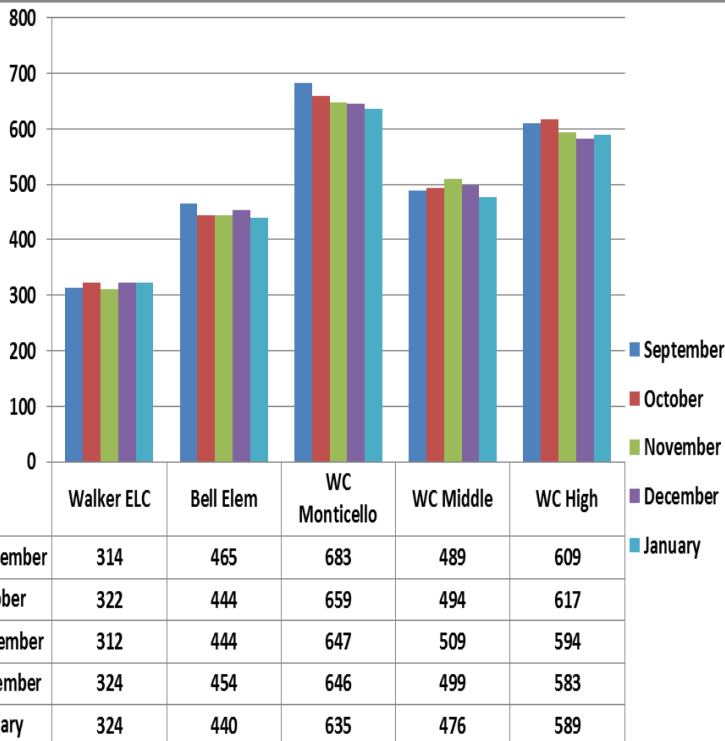
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Wayne County School Nutrition Report Score

Student ADP—Breakfast

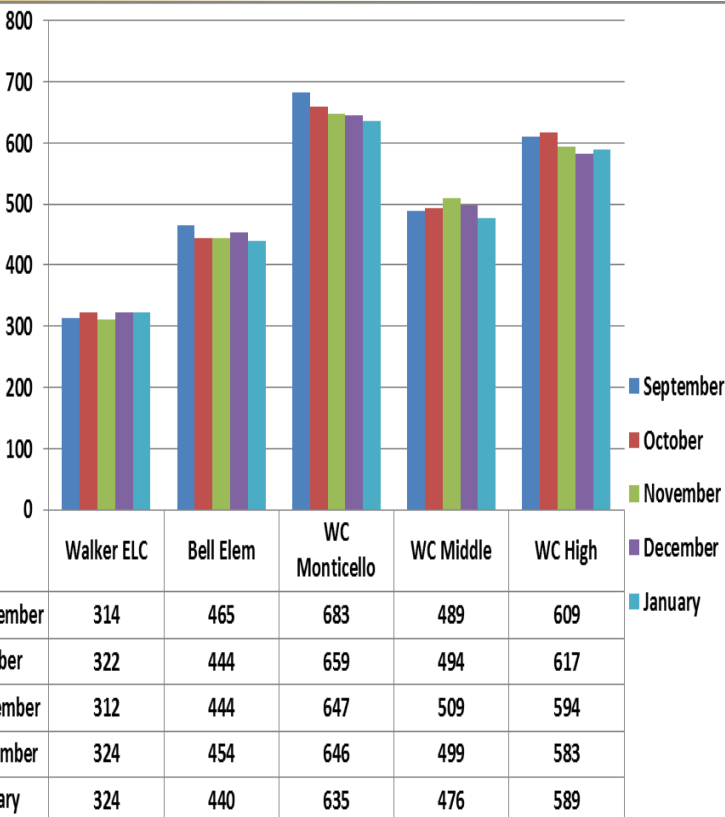
(ADP--average daily participation)

Student ADP at Lunch



ADP-% 67% 97% 95% 68% 67%

District ADP Breakfast = 79%, KY—39%



ADP-% 82% 90% 97% 95% 85%

District ADP lunch—90%



Quick Food Service Data Facts

Meals served in SY 2013:

- ◆ Total Meals— 694,797
- ◆ Student Meals- 671,170;
- ◆ **Average Daily Participation:**
- ◆ ADP-Lunch— 2180;
- ◆ ADP-Breakfast— 1769
- ◆ SY-13 Revenue \$2,098,707
- ◆ Cost of Food Used \$809,061.00 (46%)
- ◆ Total Expenditures SY 2013— \$1,774,125.00

School Year 2014 Financial Report CEP Year August—December 2013 (Fall Semester)

- Total Meals: 455,868
- Student Meals: 440,717
- (Increased 105,940 student meals compared to Fall Semester 2012)
- **Average Daily Participation:**
- ADP -Lunch: 2885 ADP- Breakfast: 2490
- Cost of Food Used Aug-Dec 2013 \$540,159
- Total Expenditures - \$ 809,511; increased 32%
- Aug— Dec 2013
- Program Revenue \$1,066,198.25; Increased 41%
- WC Average Meal Cost YTD :
\$2.99 Lunch; \$ 1.01 Breakfast
- 90% free/10% paid CEP ratio
- Lunch reimbursement rate: *\$3.01 free; \$.30 paid rate
- Breakfast reimbursement rate: \$1.89 free; \$.28 paid

*Receiving 6 cents extra performance based reim-

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Wayne Co. Schools Physical Inventory Summary SY 2014

Program/Activity	Walker ELC.	Bell Elem.	Monticello Elem.	WC Middle	WC High
20 minutes or more of daily recess	YES	YES	YES	N/A	N/A
Supports opportunities for daily physical activity during the school day (excludes PE)	YES	YES	YES	YES	YES
Comprehensive Health Education offered to all students.	YES	NO	NO	NO	NO
Physical Education: Elementary– Offers 60 minutes per week ; Middle– Requires all students to participate in a minimum of 90 minutes/week; 603a: High School– PE equivalent for one half year met	NO	NO	NO	NO	YES
Curriculum and instruction aligned with National/state physical education standards.	YES	YES	YES	YES	YES
School policies and practices support that physical activity is not used for or withheld as punishment for students.	YES	YES	YES	YES	YES

(Above physical activity report data taken from SY 2013—2014 Alliance: Healthy School Inventory)

- ♦ **The Healthy School District Wellness Committee met in October, 2013. It was recommended that each school develop an active wellness council/committee. All schools have completed the Alliance for Healthy Schools inventories and working on action plans.**
- ♦ **The school district wellness committee will transition to Coordinated School Health for collaboration and supportive measures with KY Practical Living Core Academic Standards and promoting student health.**

Education, health and economic success are inseparable! Total child learns best!

Competitive Food Rule

KRS 158.854 No sales from fundraisers, school stores and vending machines ; those sales in competition with the school meals program, cannot take place until 30 minutes after the last lunch period.

Coming SY 2015: New USDA Competitive Foods during SY- 2015 which includes food/beverages sold outside of school meals during the school day.

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