

Southridge High School

#### Overview

- Learn the meaning of the Latin and Greek roots, pre-fixes and suffixes associated with all medical fields
- Great introduction into medicine
- Learn what the doctor is talking about
- COLLEGE Credit from CBC --- 5 credits for the class
- Year long course. Must take BOTH semesters to get credit.
- Great class to take before Anatomy and or Sports Medicine

### Topics

- Basic Medical Terminology
- Body System Terminology
- Specialty Terminology
- Will involve some labs and hands on experiences.
- Anatomage Table



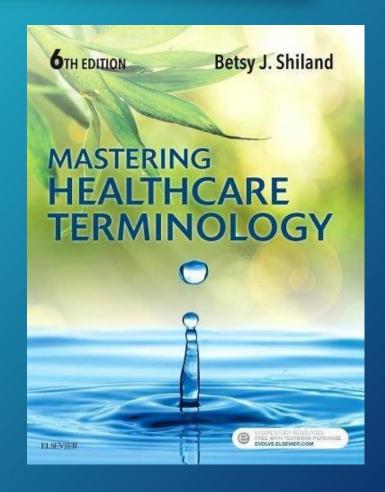
#### Example - Subungual Hematoma



- Sub -Under
- Ungual relating to or affecting a nail, hoof or claw
- Hema blood
- Toma swelling or tumor

#### Class

- Open to any student 9- 12 grade
- No prerequisites
- Second Year at Southridge



School SPORTS MEDICINE



## Southridge Sports Medicine

• 3 Classes Introduction to Sports Medicine (Sophomores, Juniors and Seniors) Advanced Sports Medicine (Juniors or Seniors) • Clinical Observation - must be enrolled in  $\frac{1}{2}$  or  $\frac{3}{4}$ at the same time (Sophomores, Juniors and Seniors)

# Introduction to Sports Medicine

- Basic Introduction to the Medical Field
  - Topics Include, but not limited to:
    - Medical Terminology (basics)
    - CPR and First Aid
    - Basic Anatomy of the Human Body
    - Sports Performance Drugs and Supplements
    - Basic Taping and Bracing





- VOCATIONAL (CTE)
- PE (Must take & pass both semesters to be eligible for credit)

## Activities - Taping and Bandaging









### **Advanced Sports Medicine**

### Looks at the supporting areas associated with Sports Medicine including

- Advanced Rehabilitation
- Sports Law and Liability
- Massage
- Sports Psychology
- Nutrition
- Exercise Physiology
- Special Populations (Youth, Elderly, Disabled)





- VOCATIONAL (CTE)
- .5 PE & .5 Health, must take both semesters to get those credit. Only taking 1 semester will NOT get you PE or HEALTH Credit.

### Student Leadership Conference



## Gymnic Balls







### **Clinical Observation**

- A separate class in which you have an opportunity to go out into the community and work side by side with trained professionals.
  Past experiences have included:
  - Southridge Athletic Training
  - Elderly Care at a Nursing Home
  - Physical Therapy Clinics





