

GENERAL INFORMATION

CCDSummer Programs are located on Cincinnati Country Day School's beautiful 62-acre campus. The campus features expansive athletic fields, gymnasiums, a performing arts theater, all-weather track, turf field, multi-age playgrounds, dining facility, 25-yard, 6-lane pool, 7-court tennis complex, amphitheater, hiking trails, playscape, and natural outdoor classrooms. **CCDSummer 2022** will offer a variety of day camps, courses, and athletic camps for children 18 months through entering grade 12.

Given our successful 2021 summer program and school year, we plan to offer an in-person program this summer with modifications based on the prevailing Covid climate. We will adhere to our [Covid-19 protocols](#) throughout the summer if the virus is actively spreading. Historically, our camps fill quickly, so we recommend families register as soon as possible. Once camps fill, waitlists will be compiled.

PROGRAMMING

- Programs run from May 31 through August 5. Course offerings and day camps have been scheduled to allow a summer schedule full of excitement, fun, and personal growth!
 - Pre-camp (May 31 – June 3) offerings include:
CCDSports Camp and Cooking and Food Exploration Camp
 - Post-camp (August 1 – August 5) offerings include:
Creative Playtime, Cooking and Food Exploration Camp, and CCDSurvival Skills Camp
- Participation requires a daily pre-camp health screening to be completed at home before arriving at camp.
 - To keep our summer community healthy, we ask that campers presenting symptoms remain at home until they are symptom-free without the use of medication.
- Out-of-state and/or international travel could prevent a child from participating due to travel guidelines and the potential for quarantining. Please refer to the following websites for guidance:
 - [Ohio Travel Advisory](#)
 - [CDC's International Travel Guidelines](#)
- Day camp and Summer PE registrants must have a Student Medical Record Form on file before May 1.
 - Current CCDS students are exempt from this requirement.
- An online Covid-19 waiver is required for all campers.
- All buildings are zoned "nut-free" to accommodate those with severe nut allergies.
- **CCDSummer** employs a full-time nurse.
- **CCDSummer** has partnered with Adrenaline Sports Training, Get Sharpe Soccer, New Leaf Kitchen, NIKE US Sports, and The Roaming Naturalist.
- Enrollment is evaluated two weeks before the start date (30 days for courses for credit) to determine if registration is sufficient for the course to proceed. **CCDSummer** reserves the right to cancel any course that has insufficient enrollment. Should a course be canceled, registrants will receive a full refund of course fees paid.
- Cincinnati Country Day School does not discriminate based on race, color, creed, sex, gender identity, sexual orientation, disability, age (40 or over), national origin, ancestry, or military service/veteran's status in the administration of its educational programs and policies, admission decisions, tuition aid programs, employment practices and benefits, athletic, or other school-administered programs

DAY CAMPS

Day Camp offers children (ages 18 months through entering grade 8) a summer of creative and unique opportunities that promote growth and encourage discovery in an environment that instills a strong sense of self. Our beautiful 62-acre campus boasts indoor and outdoor learning spaces that promote exploration and collaboration, offering endless possibilities for learning, creativity, and imagination.

The school's Virtues in Action (**Respect**, **Courage**, **Integrity**, **Compassion**, and **Responsibility**) guide our experienced counselors to create positive and nurturing environments for children to gain knowledge, foster friendships, promote independence, and take healthy risks, all while igniting curiosity and creativity.

We are excited to offer various day camp options, including **TOT**al Connections Camp, Growing with Nature Camp, Discovery Mini Camp, and STEAM Camp.

DAY CAMP PROGRAMS

<p>TOTal Connections Camp 18 – 36 months</p> <p>TOTal Connections Toddler Tops Camp 32 – 36 months <i>*Students entering the ECII Program</i></p>	<ul style="list-style-type: none"> • Multi-age groupings • Four-week sessions • 3 (T/W/R) and 5-day programs • Morning, All-Day, and After Camp Care options • Includes snacks and lunch
<p>Growing with Nature Camp Age 3 – Entering Kindergarten</p>	<ul style="list-style-type: none"> • Multi-age groupings • Four-week sessions • 3 (T/W/R) and 5-day programs • All-Day and After Camp Care options • Includes snacks and lunch • Includes swim instruction, yoga, and art • Campers MUST be toilet trained
<p>Discovery Mini Camp Age 3 – Entering Grade 1 <i>*New Program Format</i></p>	<ul style="list-style-type: none"> • Multi-age groupings • Single-week sessions • 5-Day, Morning Program • Includes a healthy, hearty mid-morning snack • Campers MUST be toilet trained • Does not include lunch • Does not include swim instruction
<p>STEAM Camp Entering Grades 1 – 8</p>	<ul style="list-style-type: none"> • Single-week sessions • 5-day program • All-Day and After Camp Care options • Includes snacks and lunch • Includes swimming, art, and academic blast • On-campus enrichment with Nati Ninja

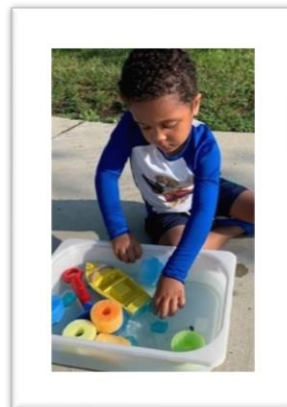
DAY CAMP DESCRIPTIONS

TOTAL Connections Camp is designed for our youngest campers, 18 – 38 months, to foster their first academic experiences and personal growth connections. The carefully designed environment offers endless possibilities for learning, creativity, and imagination supporting social-emotional development and self-help skills.

Toddler Tops is intended for children turning three between June and December who would benefit from additional social-emotional support or need to strengthen self-help skills, including a concentration on toilet training before entering our ECII program in the fall.

Activities include:

- investigation and discovery
- imaginative play
- nature connection
- creative art
- splash pad water play
- toilet training (if applicable)

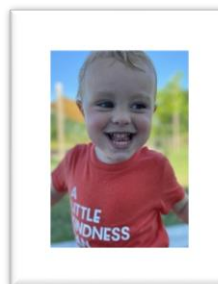


PROGRAM CALENDAR

Sessions	
Session I: 6/6 – 7/1	Session II: 7/5 – 7/29 *No camp on 7/4

PROGRAM OPTIONS

- 3 (T/W/TH) or 5 days
- Morning program includes lunch: 8:30 am – 12:45 pm
- All-Day Program: 8:30 am – 3:30 pm
- All-Day Program with After Camp Care: 8:30 am – 5:30 pm



PROGRAM PRICING

Program Options	Session Pricing	Multi-Session Pricing
3-Day (T/W/TH) Morning w/Lunch Program 8:30 am - 12:45 pm	\$ 625.00	\$1125.00
3-Day (T/W/TH) All-Day Program 8:30 am - 3:30 pm	\$ 865.00	\$1557.00
3-Day (T/W/TH) All-Day Program w/After Camp Care 8:30 am - 5:30 pm	\$1045.00	\$1881.00
5-Day Morning w/Lunch Program 8:30 am - 12:45 pm *No camp on 7/4	\$1045.00 Session I \$ 995.00 Session II*	\$1836.00
5-Day All-Day Program 8:30 am - 3:30 pm *No camp on 7/4	\$1440.00 Session I \$1368.00 Session II*	\$2527.00
5-Day All-Day Program w/After Camp Care 8:30 am - 5:30 pm *No camp on 7/4	\$1740.00 Session I \$1653.00 Session II*	\$3054.00

Growing with Nature Camp offers multi-sensory, immersive learning opportunities to develop children’s understanding and appreciation of nature. They’ll become keen observers of the natural world and empowered to try new and diverse activities that will build confidence and independence. The camp focuses on:

- developing skills and knowledge
- fostering human-nature relationships
- teaching conservation and sustainability
- nurturing health and well-being
- building a sense of community
- supporting age-appropriate risk-taking



Activities include:

- exploration
- gardening
- animal care
- healthy life skills
- splash pad water play
- yoga
- swim instruction
- nature art experiences with art expert

Growing with Nature Camp offers two four-week sessions of all-day camp. Consistent groupings provide comfort and familiarity at camp, allowing children to get the most out of their camp experience. **PROGRAM CALENDAR**

Sessions	
Session I: 6/6 – 7/1	Session II: 7/5 – 7/29 *No camp on 7/4

PROGRAM OPTIONS

- 3 (T/W/TH) or 5 days
- All-Day Program: 8:30 am – 3:30 pm
- All-Day Program with After Camp Care: 8:30 am – 5:30 pm

PROGRAM PRICING

Program Options	Session Pricing	Multi-Session Pricing
3-Day (T/W/TH) All-Day Program 8:30 am - 3:30 pm	\$865.00	\$1557.00
3-Day (T/W/TH) All-Day Program w/After Camp Care 8:30 am - 5:30 pm	\$1045.00	\$1881.00
5-Day All-Day Program 8:30 am - 3:30 pm *No camp on 7/4	\$1440.00 Session I \$1368.00 Session II*	\$2527.00
5-Day All-Day Program w/After Camp Care 8:30 am - 5:30 pm *No camp on 7/4	\$1740.00 Session I \$1653.00 Session II*	\$3054.00

Discovery Mini Camp is designed to offer a single-week morning camp option. This camp will spark campers' natural curiosity as they bring stories to life through carefully designed and teacher-led experiences.

Activities include:

- literature extensions
- imaginative play
- creative art
- story theater
- splash pad waterplay

PROGRAM CALENDAR

Weeks			
6/6– 6/10	6/13 – 6/17	6/20 – 6/24	6/27 – 7/1
7/5 – 7/8 *No Camp on 7/4	7/11 – 7/15	7/18 – 7/22	7/25 – 7/29

PROGRAM OPTIONS

- 5 days per week
- Morning program 8:30 a.m. – 12:30 p.m.
 - Includes a healthy, hearty mid-morning snack

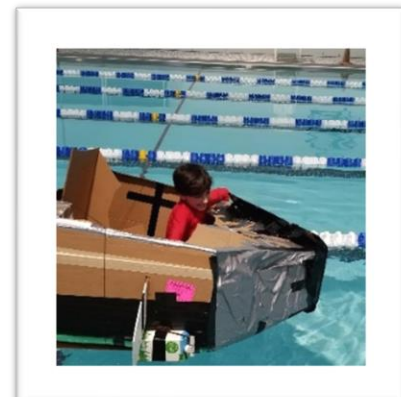
PROGRAM PRICING

Program Options	Weekly Pricing	Multi-Week Discount Pricing
5-Day Morning 8:30 am - 12:30 pm *No camp on 7/4	\$200.00 per week \$160.00 *	\$720.00 6/6 – 7/1 \$684.00 7/5 – 7/29

STEAM Camp provides a unique learning experience with fun, real-world connections focusing on science, technology, engineering, art, and math for children entering grade 1 through grade 8. Weekly themes offer innovative learning opportunities through hands-on activities while developing creative problem solvers.

Activities include:

- hands-on activities
- academic blast (grade-level academic reinforcement)
- swimming
- weekly on-campus enrichment
 - Nati Ninja
 - Resident art expert



PROGRAM CALENDAR

Weeks			
Session I			
6/6– 6/10	6/13 – 6/17	6/20 – 6/24	6/27 – 7/1
Session II			
7/5 – 7/8 *No Camp on 7/4	7/11 – 7/15	7/18 – 7/22	7/25 – 7/29

PROGRAM

Themes	
6/6 – 6/10	Bridging the Gap Using a variety of materials, camper will be challenged to engineer the seven different forms of bridges.
6/13 – 6/17	Nighthawk Kingdom: Building a Theme Park Some of the coolest amusement parks are right here in the Midwest. Imaginations will soar as campers design and build their very own rides that will be part of the new CCDSummer amusement park, Nighthawk Kingdom.
6/20 – 6/24	Invention Convention Campers will create, test, design, and redesign projects as they have fun developing the next hottest invention or toy.
6/27 – 7/1	Launching Knowledge to New Heights While learning about projectile motion, aeronautics, gravity, and much more, campers will explore different types of flight.
7/5 – 7/8 *No camp on 7/4	Coding Explore the world of computer science and programming. Campers will study the foundations of computer science: sequence, selection, and repetition.
7/11– 7/15	Rube Goldberg Machine Working in teams to improvise the use of physics and engineering, campers will invent a Rube Goldberg machine – a comically involved, complicated invention, laboriously contrived to perform a simple operation.
7/18 – 7/22	Green is the New Thing Campers will learn the importance of environmental stewardship as they explore green-living concepts and sustainable living practices as Reduce, Reuse, and Recycle comes to life in their creations.
7/25 – 7/29	All Time Favorite, Cardboard Regatta During the cardboard boat project, campers will practice real-world skills of measurement, buoyancy, construction, and teamwork. They will construct a boat made from cardboard, carpet tubes, and duct tape.

PROGRAM OPTIONS

- 5 days per week
- All-Day Program: 8:30 a.m. – 3:30 p.m.
- All-Day Program with After Camp Care: 8:30 am – 5:30 pm.

PROGRAM PRICING

Program Options	Weekly Pricing	Session Pricing
5-Day All-Day Program 8:30 am – 3:30 pm *No camp on 7/4	\$360.00 \$288.00*	\$1296.00 Session I \$1232.00 Session II*
5-Day All-Day Program w/After Camp Care 8:30 am – 5:30 pm *No camp on 7/4	\$435.00 \$348.00*	\$1566.00 Session I \$1488.00 Session II*

ACADEMIC COURSES

CCDSurvival Skills Camp

Grades 4 – 8

Dates: 8/1/2022 – 8/5/2022

Times: 9:00 am – 3:00 pm Monday – Wednesday

5:00 pm Thursday Camp Out

9:00 am Friday Camp Pick up

Instructor: Jana Westhoven, The Roaming Naturalist

Course Fee: \$350.00

Description: Adventure into the great outdoors with an experienced naturalist and outfitter guide from The Roaming Naturalist! Campers will learn outdoor survival skills, including shelter and fire building, plant and animal identification, compass skills, and knot tying. Through hands-on activities, games, and team-building exercises, campers will gain confidence, make new friends, and deepen their understanding of the connection between humans and nature.

The schedule includes an overnight camp-out Thursday, which concludes Friday morning. Campers will learn how to pitch a tent and cook on a campfire. When the sun sets, campers will put their senses and awareness skills to the test during a guided night hike! Lunch is not included.

Cooking and Food Exploration Club

Kindergarten – Grade 5

Dates: 5/31/2022 – 6/3/2022 (Tuesday – Friday)

Times: 9:00 am – 3:00 pm

Instructor: New Leaf Kitchen

Course Fee: \$340.00

Description: For kids who want to learn more about healthy cooking, this camp will teach them how to harvest and prepare meals for a true farm-to-table experience. Through hands-on lessons that incorporate all five senses, campers will learn lifelong skills—gardening, following a recipe, using measuring tools—through cooking activities. They'll also enjoy making healthy snacks using fresh, locally-sourced ingredients. Your child will enjoy this tasty way to learn and develop an interest in eating healthier.

Cooking and Food Exploration Club

Grades 1 – 5

Dates: 8/1/2022 – 8/5/2022

Times: 9:00 am – 3:00 pm

Instructor: New Leaf Kitchen

Course Fee: \$425.00

Description: For kids who want to learn more about healthy cooking, this camp will teach them how to harvest and prepare meals for a true farm-to-table experience. Through hands-on lessons that incorporate all five senses, campers will learn lifelong skills—gardening, following a recipe, using measuring tools—through cooking activities. They'll also enjoy making healthy snacks using fresh, locally-sourced ingredients. Your child will enjoy this tasty way to learn and develop an interest in eating healthier.

Cooking and Food Exploration Club

Grades 1 – 5

Dates: 8/8/2022 – 8/12/2022

Times: 9:00 am – 3:00 pm

Instructor: New Leaf Kitchen

Course Fee: \$425.00

Description: For kids who want to learn more about healthy cooking, this camp will teach them how to harvest and prepare meals for a true farm-to-table experience. Through hands-on lessons that incorporate all five senses, campers will learn lifelong skills—gardening, following a recipe, using measuring tools—through cooking activities. They'll also enjoy making healthy snacks using fresh, locally-sourced ingredients. Your child will enjoy this tasty way to learn and develop an interest in eating healthier.

Creative Playtime

Age 3 - Kindergarten

Dates: 8/1/2022 – 8/5/2022

Times: 9:00 am – 3:30 pm

Instructor: CCDSummer Staff

Course Fee: \$350.00

Pre-requisite: Must be enrolled for the 2022-2023 academic year

Description: Creative Playtime is a post-camp offering for ages 3 through entering Kindergarten and is designed to extend summer learning for working families. This camp allows children more unstructured playtime, which is critical to developing their brains and bodies. Facilitated exploration and activities will be open-ended and child-initiated, allowing campers the freedom to explore their interests while boosting their creativity skills. Time will be spent at our Outdoor Education Center (7125 House) and throughout our 62-acre campus. Lunch service is not offered.

Activities include:

- investigation and discovery
- imaginative play
- nature connection
- creative art
- splash pad water play

Handwriting and Phonics Bootcamp

Kindergarten – Grade 1

Dates: 6/20/2022 – 6/24/2022

Times: 1:00 pm – 3:30 pm

Instructor: Kathi Bagnoli, CCDS Faculty

Course Fee: \$200.00

Description: Campers will develop their writing skills using the "Handwriting Without Tears" curriculum to guide a multi-sensory approach to writing basics, including pencil grip, and proper letter formation. They will also review letter sounds and blending words, essential phonics skills to help build a strong foundation for early literacy. The handwriting and phonics activities use a hands-on approach, so children actively learn while engaged in various sensory modalities toward mastering handwriting.

ARTS COURSES

Camp Bravo!

Grades 3 - 9

Dates: 7/11/2022 – 7/15/2022

Times: 9 am – 4 pm

Instructor: Elaine Eckstein and Karie-Lee Sutherland

Course Fee: \$360.00

Description: Prepare yourself for applause, cheers, and rave reviews with our musical theater day camp. Acquire the skills to become a triple threat with daily classes in acting, singing, and dancing taught by the professional teaching artists. Then take a bow to "bravos" at our end of camp showcase on Friday at the conclusion of camp. Lunch is included.

Private Piano Lessons (30 Min)

Kindergarten – Grade 12

Dates: 6/6/2022 – 7/29/2022

Times: TBD

Instructor: CCDS Fine Arts Faculty

Course Fee: \$300.00

Description: Playing an instrument is an excellent way to strengthen eye-hand coordination and fine motor skills. Demonstrating good phrasing, fingering, posture, rhythm, and note readings skills will be a focus during each lesson.

Six half-hour individual lessons will be scheduled throughout the summer and formatted to accommodate all performance levels building upon each individual's musical strengths. Only one make-up lesson is granted during the summer.

Private Piano Lessons (45 Min)

Kindergarten – Grade 12

Dates: 6/6/2022 – 7/29/2022

Times: TBD

Instructor: CCDS Fine Arts Faculty

Course Fee: \$400.00

Description: Playing an instrument is an excellent way to strengthen eye-hand coordination and fine motor skills. Demonstrating good phrasing, fingering, posture, rhythm, and note reading skills will be a focus during each lesson.

Six 45-minute individual lessons will be scheduled throughout the summer and formatted to accommodate all performance levels building upon each individual's musical strengths. Only one make-up lesson is granted during the summer.

ATHLETIC COURSES

Acceleration Sports Training

Grades 4 – 12

Dates: 6/13/2022 – 6/17/2022

Times: 1:00 PM – 3:00 PM

Instructor: Adrenaline Sports & Fitness

Course Fee: \$150

Description: This foundational and fun five day acceleration training camp will provide a unique experience to athletes of all ages! The intensive focus will be strength foundations, corrective biomechanics and movement patterns, in order to improve speed, agility, quickness, explosiveness, and injury reduction and prevention. Campers will leave with the fundamentals necessary to continue their speed & agility journey, as well as tons of opportunity to be a kid and have fun incorporating skills inside of athletic play and sport.

Archer Camp

Grades 4 - 8

Dates: 6/6/2022 – 6/10/2022

Session I:

9:00 am – 11:00 am

Session II:

1:00 pm – 3:00 pm

Instructor: Lisa Tyler, Patty Pierce, and Theresa Hirschauer

Course Fee: \$150.00 per session

Description: This camp is designed for the beginner archer to build basic knowledge and skills. Students will learn the 11 steps to archery success and the safety rules for the sport. In addition, the students will be shown how to make a string bow and determine eye dominance while shooting at the targets. Throughout the week, students will strengthen their fundamentals of archery and conclude the week with an Olympic style tournament. A great sport for mental and physical exercise!

Basketball Skills Co-ed Camp

Grades 1 - 4

Dates: 6/6/2022 – 6/10/2022

Times: 1:00 pm – 3:30 pm

Instructor: Greg Ross, Varsity Basketball Coach

Course Fee: \$150.00

Description: This skills camp teaches players the fundamentals of basketball. Fun drills and games will boost players' passing, dribbling, and shooting skills, so they'll leave camp with more confidence in their abilities when it's time for tip-off.

Basketball Skills Co-ed Camp

Grades 5 - 8

6/6/2022 – 6/10/2022

Times: 1:00 pm – 3:30 pm

Instructor: Greg Ross, Varsity Basketball Coach

Course Fee: \$150.00

Description: This skills camp teaches players the fundamentals of basketball. Fun drills and games will boost players' passing, dribbling, and shooting skills, so they'll leave camp with more confidence in their abilities when it's time for tip-off.

CCDSports Camp

Grades 1 - 8

Dates: 5/31/2022 – 6/3/2022 (Tuesday - Friday)

Times: 9:00 am - 3:00 pm

Instructors: Dennis Coyle, CCDS Athletic Director and Coaches

Course Fee: \$300.00

Description: The mission of CCDSports Camp is to teach fundamental skills that span multiple sports and boost overall athleticism. Participants will explore and discover skills needed for a variety of sports, leaving camp with a better concept of team and the fundamentals associated with each sport. A typical day will consist of various games and skill-building activities including but not limited to dodgeball, basketball, flag football, soccer, tennis, and whiffle ball.

Football Camp

Grades 1 – 4

Dates: 6/6/2022 – 6/10/2022

Times: 9:00 am – 12:00 pm

Instructor: Dennis Coyle, CCDS Athletic Director and Varsity Football Coach

Course Fee: \$175.00

Description: This position focused, skills based camp is designed for players looking to learn or advance their techniques and skills. Players will benefit from quality football instruction and gain confidence as a player on and off the field toward getting game ready! Position skill focuses:

- **Running Backs:** Ball handling, stance, release, faking, ball carrying, running, cutting, blocking, pass receiving.
- **Quarterbacks:** Stance, center exchange, drop back, setting-up, throwing, release, follow through, ball handling, faking, reading defenses, play action passing.

- **Receivers:** Stance, release, pass patterns, running, pass catching, stalk block technique.
- **Offensive Linemen:** Stance, pass protection, run blocking, pulling, center / QB exchange.
- **Defensive Backs:** Stance, alignment, pass coverage, zone and man cover techniques, form tackling, pursuit and run support.
- **Inside and Outside Linebackers:** Stance, alignment, pass drops, how to read offenses, form tackling, pursuit.
- **Defensive Linemen:** Stance, pass rush, reading offensive linemen, stunt techniques, form tackling, pursuit, reaction drills.

Football Camp

Grades 5 - 8

Dates: 6/6/2022 – 6/10/2022

Times: 9:00 am – 12:00 pm

Instructor: Dennis Coyle, CCDS Athletic Director and Varsity Football Coach

Course Fee: \$175.00

Description: This position focused, skills based camp is designed for players looking to learn or advance their techniques and skills. Players will benefit from quality football instruction and gain confidence as a player on and off the field toward getting game ready! Position skill focuses:

- **Running Backs:** Ball handling, stance, release, faking, ball carrying, running, cutting, blocking, pass receiving.
- **Quarterbacks:** Stance, center exchange, drop back, setting-up, throwing, release, follow through, ball handling, faking, reading defenses, play action passing.
- **Receivers:** Stance, release, pass patterns, running, pass catching, stalk block technique.
- **Offensive Linemen:** Stance, pass protection, run blocking, pulling, center / QB exchange.
- **Defensive Backs:** Stance, alignment, pass coverage, zone and man cover techniques, form tackling, pursuit and run support.
- **Inside and Outside Linebackers:** Stance, alignment, pass drops, how to read offenses, form tackling, pursuit.
- **Defensive Linemen:** Stance, pass rush, reading offensive linemen, stunt techniques, form tackling, pursuit, reaction drills.

Get Sharp Elite Technical Skills Half Day Soccer Camp

Register at: www.getsharpsoccer.com

Ages 5 - 15

Dates: 7/25/2022 – 7/29/2022

Times: 9:00 AM – 12:00 PM

Instructor: Andre Sharpe

Course Fee: \$255 (Early bird, sibling, and multi-camp discounts available)

Description: This camp is a great place for any soccer enthusiast who is looking to improve his or her skills, make new friends, and have fun! Our mission is to provide athletes with the tools to get better and enjoy soccer for life, offering coed programs that are safe, healthy, and supportive.

The half day camp includes our daily player awards and skill building activities. Field players will focus on speed of play, creating opportunities, one versus one, attacking, dribbling, finishing, and applying pressure.

Keepers will focus on angles, position, anticipation, distribution, handling, diving, and parrying. Our half day campers depart after an intense morning session, just before lunch.

Get Sharp Elite Technical Skills Full Day Soccer Camp

Register at: www.getsharpsoccer.com

Ages 5 - 15

Dates: 7/25/2022 – 7/29/2022

Times: 9:00 AM – 4:00 PM (Monday – Thursday) and 9:00 AM – 12:00 PM (Friday)

Instructor: Andre Sharpe

Course Fee: \$355 (Early bird, sibling, and multi-camp discounts available)

Description: This camp is a great place for any soccer enthusiast who is looking to improve his or her skills, make new friends, and have fun! Our mission is to provide athletes with the tools to get better and enjoy soccer for life, offering coed programs that are safe, healthy, and supportive.

The full day camp includes daily player awards, morning skill building, lunch, break-out sessions, afternoon scrimmages, and many other fun activities. Breakout sessions include movies and discussions regarding game day nutrition, mental preparation, and college recruitment. Field players will focus on speed of play, creating opportunities, one versus one, attacking, dribbling, finishing, and applying pressure. Keepers will focus on angles, position, anticipation, distribution, handling, diving, and parrying.

Gymnastics Camp

Grades 1 - 8

Dates: 6/20/2022 – 6/24/2022

Times: 3:30 pm – 5:30 pm

Instructor: Steve Conner, Varsity Gymnastic Coach

Course Fee: \$150.00

Description: Participants will learn basic to intermediate gymnastics skills and skill connections on the floor, beam, bars, and vault. This course works on flexibility and the building blocks for young gymnasts.

Lacrosse Camp

Grades 1 - 8

Dates: 6/13/2022 – 6/17/2022

Times: 9:00 am – 12:00 pm

Instructors: AJ Froehlich, Varsity Lacrosse Coach and Director of True Cincinnati Lacrosse

Course Fee: \$175.00

Description: The camp is designed to teach the fundamentals of lacrosse while promoting athleticism, sportsmanship, and teamwork. Beginner and intermediate players will learn or improve all aspects of their game in a positive, fun, challenging environment as they work to develop their full potential both on and off the field.

Lacrosse Camp

Grades 1 - 8

Dates: 7/5/2022 – 7/8/2022 (Tuesday – Friday)

Times: 9:00 am – 12:00 pm

Instructors: AJ Froehlich, Varsity Lacrosse Coach and Director of True Cincinnati Lacrosse

Course Fee: \$140.00

Description: The camp is designed to teach the fundamentals of lacrosse while promoting athleticism, sportsmanship, and teamwork. Beginner and intermediate players will learn or improve all aspects of their game in a positive, fun, challenging environment as they work to develop their full potential both on and off the field.

Little Athletes Academy

Kindergarten – Grade 1

Dates: 7/25/2022 – 7/29/2022

Times: 1:00 pm – 3:00 pm

Instructor: AJ Froelich, CCDS Coach

Course Fee: \$150.00

Description: This beginner sports camp will introduce your child to a variety of sports, all aimed at developing physical skills, teaching cooperation and fair play, and helping young athletes learn the importance of teamwork. Players will become familiar with equipment and take part in drill work to help build skills, confidence, and self-esteem.

Little Athletes Soccer Camp

Age 3 – Grade 1

Dates: 6/20/2022 - 6/24/2022

Times: 3:30 pm - 5:30 pm

Instructor: Brittany Woods, CCDS Varsity Coach

Course Fee: \$150

Description: This fun camp will introduce and build your child skills for the world's most popular sport. Using soccer activities and games, your young athlete will learn/develop:

- Balance and coordination
- Gross motor skills
- Social skills
- Confidence
- Teamwork

At the end of the week, your child will have made new friends and improved his or her soccer skills toward preparing for game day play.

Little Athletes Soccer Camp

Age 3 – Grade 1

Dates: 7/5/2022 – 7/8/2022

Times: 1:00 pm - 3:00 pm

Instructor: Brittany Woods, CCDS Varsity Coach

Course Fee: \$150

Description: This fun camp will introduce and build your child skills for the world's most popular sport. Using soccer activities and games, your young athlete will learn/develop:

- Balance and coordination
- Gross motor skills
- Social skills
- Confidence
- Teamwork

At the end of the week, your child will have made new friends and improved his or her soccer skills toward preparing for game day play.

Nike Basketball Girls' Camp

Register at: <https://www.ussportscamps.com/basketball/nike/nike-basketball-camp-cincinnati>

Ages 8 – 15

Dates: 6/27/2022 – 6/30/2022 (Monday – Thursday)

Times: 9:00 am – 4:00 am

Instructor: Coach Kyle Pottkotter

Course Fee: \$345.00

Description: The camp will feature a daily emphasis on shooting and fundamental skill development, as well as competitions, 3 on 3, and 5 on 5 play. Tips, notes, and instructional videos will be shared via our CoachNow app. Lunch is included.

Nike Basketball Boys' Camp

Register at: <https://www.ussportscamps.com/basketball/nike/nike-basketball-camp-cincinnati>

Ages 8 – 15

Dates: 7/11/2022 – 7/14/2022 (Monday – Thursday)

Times: 9:00 am – 4:00 pm

Instructor: Coach Kyle Pottkotter

Course Fee: \$345.00

Description: The camp will feature a daily emphasis on shooting and fundamental skill development, as well as competitions, 3 on 3, and 5 on 5 play. Tips, notes, and instructional videos will be shared via our CoachNow app. Lunch is included.

Nike Basketball Boys' Camp

Register at: <https://www.ussportscamps.com/basketball/nike/nike-basketball-camp-cincinnati>

Ages 8 – 15

Dates: 7/18/2022 – 7/21/2022 (Monday – Thursday)

Times: 9:00 am – 4:00 pm

Instructor: Coach Kyle Pottkotter

Course Fee: \$345.00

Description: The camp will feature a daily emphasis on shooting and fundamental skill development, as well as competitions, 3 on 3, and 5 on 5 play. Tips, notes, and instructional videos will be shared via our CoachNow app. Lunch is included.

Volleyball Camp

Grades 1 – 4

Dates: 6/20/2022 – 6/24/2022

Times: 1:00 pm – 3:00 pm

Instructor: Chris Bannister, Varsity Volleyball Coach

Course Fee: \$150.00

Description: Learn the basics of volleyball at this packed full of fun introductory skills camp. Games and drills will be part of the daily activities as campers focus on passing, setting, and hitting.

Volleyball Camp

Grades 5 - 8

Dates: 6/20/2022 – 6/24/2022

Times: 9:00 am – 12:00 pm

Instructor: Chris Bannister, Varsity Volleyball Coach

Course Fee: \$175.00

Description: Learn basic skills and the strategy behind the game of volleyball. Fun games and drills will be put into “play” at the end of each day during live sessions as players begin to learn the process of the game.

Summer Physical Education *Course for Credit*

Grades 9 - 12

Session I:

Dates: 6/13/2022 - 6/24/2022

Times: 9:00 am - 3:30 pm

Session II:

Dates: 6/27/2022 – 7/8/2022 *no camp 7/4/2022

Times: 8:30 am - 3:30 pm

Instructor: Steve Conner, CCDS Faculty

Course Fee: \$450.00 per session

Description: This course for credit focuses on the importance of maintaining a health-enhancing level of physical fitness. This course will teach the importance of physical activity through various stages of life, whether it be for health, enjoyment, or competition. Participants will develop and demonstrate skills through a variety of physical activities that meet the Ohio Department of Education Physical Education Standards. Lunch is provided.

COURSE CREDIT: Students who successfully complete one two-week session of Summer PE will earn .25 credit. Failure to meet the course requirements below may result in the student not receiving credit for the course.

COURSE STRUCTURE: Each session runs for a two-week period meeting for 6.5 hours a day. The curriculum covers basketball, flag football, golf, leisure activities, racquet sports, soccer, softball, volleyball, and exercise.

COURSE REQUIREMENTS: In order for student to receive credit for this course, the following requirements must be met:

- A student must spend a minimum of 60 total hours.
- A student will receive both a letter grade and a pass/fail grade.

- A student may miss no more than 1 class meeting (with instructor's approval).

REGISTRATION POLICIES

- A separate online form must be submitted for each registrant at www.countryday.net/go/summer.
- A \$25 non-refundable registration fee is required for each participant. One and only one such registration fee is ultimately payable per person registered.
- Camp placement is based on entering grade/program for the upcoming school year or age by June 1.
- Camp and class sizes are limited, and registration is on a first-come, first-served basis. Early registration is encouraged.
- Payment in full by credit card, debit card, or e-check is due at the time of registration.
 - The only exception to this policy is that CCDS faculty and staff members may pay by paper check.
- We accept MasterCard, Visa, Discover, American Express, and e-checks (ACH).

REFUND POLICY

- Course fees are refunded if the registrant cannot enroll in a program due to space constraints.
- The registration fee is non-refundable.
- With a doctor's note, medical refunds will be granted up until two weeks prior to the start of a camp or program.
- There are no pro-rated fees or refunds for campers arriving after the start of the session, leaving before its completion, or missing any time during camp.
- **Refunds will not be issued to campers required to quarantine for reasons unrelated to campus exposures (e.g. close contact off-campus, positive family member).**
- Refund timeline:
 - Cancellations before May 1 will receive a 90% refund of the course fee
 - Cancellations May 1 - May 15 will receive a 50% refund of the course fee
 - Cancellations May 15 - June 1 will receive a 50% credit towards summer 2023 of the course fee
 - Cancellations after June 1 forfeit course fees
- Should we need to cancel or modify camp due to Covid-19, registrants will receive full credit for closed days toward CCDSummer 2023.

PARTNERSHIPS

