Board Policy G-3: Wellness

REFERENCES
G-3: Administrative Procedures, Wellness
42 U.S.C. §1773, National School Breakfast Program, 7 C.F.R. §220
Public Law 111-296, Healthy Hunger-Free Kids Act of 2010
National Standard for Physical Education
Board Policy G-6: Child Nutrition Food Service Management

THE POLICY

The Salt Lake City School District Board of Education is committed to providing school environments that promote and protect student’s health, well-being, and ability to learn by supporting healthy eating, physical activity, and nature exploration and activities. The board recognizes that positive, safe, and healthy environments are necessary in order for students to have the opportunity to optimize their personal, academic, developmental, and social success. To that end, the district adheres to applicable federal wellness laws to ensure that all students will have opportunities, support, and encouragement to practice healthy eating and physical activity behaviors throughout the school day. All school-based activities will be consistent with this policy and the accompanying administrative procedures. District staff are also encouraged to make healthy lifestyle choices.

The purpose of this policy is to guide the creation of school environments that enhance student learning and promote lifelong wellness practices.

The district has set forth its specific processes for implementing this board policy through the accompanying administrative procedures.