

# Board Policy G-3: Wellness



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## REFERENCES

[G-3: Administrative Procedures, Wellness](#)

[42 U.S.C. §1751-1760, 1779, National School Lunch Program, 7 C.F.R. §210](#)

[42 U.S.C. §1773, National School Breakfast Program, 7 C.F.R. §220](#)

[Public Law 111-296, Healthy Hunger-Free Kids Act of 2010](#)

[Utah Admin. Code R277-719, Standards for Selling Foods Outside of the Reimbursable Meal in Schools](#)

[National Standard for Physical Education](#)

[Board Policy G-6: Child Nutrition Food Service Management](#)

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## THE POLICY

The Salt Lake City School District Board of Education is committed to providing school environments that promote and protect student's health, well-being, and ability to learn by supporting healthy eating, physical activity, and nature exploration and activities. The board recognizes that positive, safe, and healthy environments are necessary in order for students to have the opportunity to optimize their personal, academic, developmental, and social success. To that end, the district adheres to applicable federal wellness laws to ensure that all students will have opportunities, support, and encouragement to practice healthy eating and physical activity behaviors throughout the school day. All school-based activities will be consistent with this policy and the accompanying administrative procedures. District staff are also encouraged to make healthy lifestyle choices.

The purpose of this policy is to guide the creation of school environments that enhance student learning and promote lifelong wellness practices.

The district has set forth its specific processes for implementing this board policy through the accompanying [administrative procedures](#).

No district employee or student shall be subjected to discrimination in employment or any district program or activity on the basis of age, color, disability, gender, gender identity, genetic information, national origin, pregnancy, race, religion, sex, sexual orientation, or veteran status. The district is committed to providing equal access and equal opportunity in its programs, services and employment including its policies, complaint processes, program accessibility, district facility use, accommodations and other Equal Employment Opportunity matters. The district also provides equal access to district facilities for all youth groups listed in Title 36 of the United States Code, including scouting groups. The following person has been designated to handle inquiries and complaints regarding unlawful discrimination, harassment, and retaliation: Tina Hatch, Compliance and Investigations/Title IX Coordinator, 440 East 100 South, Salt Lake City, Utah 84111, (801) 578-8388. You may also contact the Office for Civil Rights, Denver, CO, (303) 844-5695.