



Anatomy students in their lab coats at the Cadaver Lab.

***Historically
Loved
Teachers
Retiring at
CSHS...
You Will be
Missed!***

CSHS Anatomy Class has ‘out of body experience’ at Mercyhurst

MAKENZIE YANC

The Cambridge Springs anatomy class went on a field trip to the cadaver lab at Mercyhurst University on Wednesday, April 13th. For those of you who don't know what a cadaver lab is, it is "a laboratory that uses frozen cadavers for hands-on training, education, and development of new surgical techniques" according to <https://marc.institute/cadaver-lab>. Cadaver laboratories provide hands-on experiences where scientists and medical professionals can go to advance their knowledge about human bodies. After going to the cadaver lab, the students took a trip to the Erie Zoo. While they were at the zoo, they got to experience a rhino tour, which included the class getting to pet the rhinos.

Many students enjoyed the experience and learned a great deal. A senior, Elizabeth Kline, went on the field trip and enjoyed every second of it. She says that she loves that kind of stuff and learned so much at the cadaver lab. Along with some of her classmates, she also got to hold almost every organ that you could think of. When asked what her favorite part of the trip was she responded, "My favorite part was at the zoo- petting the rhino and at the

lab - holding all the organs." Elizabeth recommends going if you're able to tolerate bodies and medical stuff but if not, "...don't go because it's kinda creepy, but I definitely recommend the rhinos."

Along with Elizabeth, Hunter Spaid really enjoyed the cadaver lab. When asked what his favorite parts were, he responded with, "My favorite part was being able to see the actual size of how big the organs are." Not only did the class get to look at the cadavers, they also got to hold the different organs in the human body. Hunter says he definitely recommends taking anatomy, and going to the cadaver lab, "...as long as you can handle the smell."

On another note, Jackson Mumford doesn't have much to say about the cadaver lab because as he reported, "I almost passed out." The zoo was much more up his alley. Jackson said that his favorite part was the rhino tour, "It was cool because the guide showed us things you can learn best by seeing up close." Not everybody is made for going to the cadaver lab, but Jackson would definitely recommend the rhino tour.

The Cambridge Springs anatomy class enjoyed going to the cadaver lab along with the zoo. Many of them had an exciting and fun experience, but as Brock Cunningham said, "I can never look at an old person the same EVER again."



Mr. Werkmeister's first year in 1985



Ms. Thompson's CSHS start in 2006

IN THIS ISSUE:

-Mother's Day---say thanks to mom!

-Shout Out to CSHS Custodians

-Dazzling Spring Dance pics!

-Bullying: What are we doing about it?

-Spring Sports

Join us on pages 15 & 16 as we honor our retirees and their amazing careers at CSHS!



Bullying Bullseye: A Closer Look at Bullying

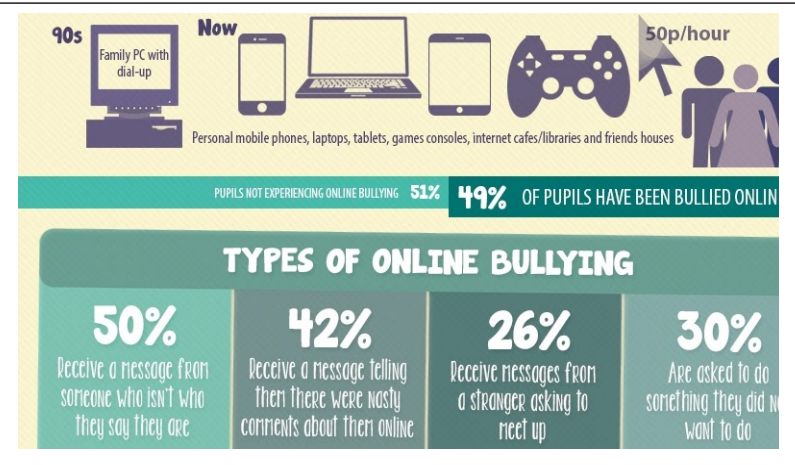
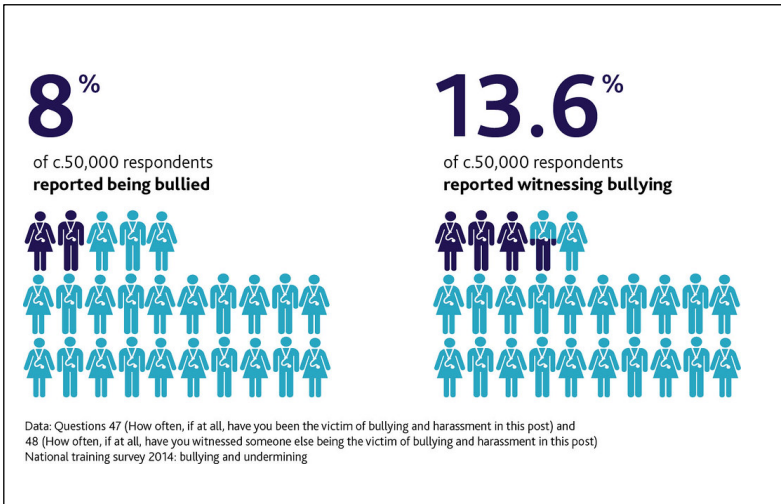
AUDREY BULLOCK

Bullying is something that happens every day. About 20% of 12–18-year-olds report being bullied, and out of these, 15% report that it was cyber-bullying, according to stopbullying.gov. Suicide is the third leading cause of death for young people, and people who are bullied are anywhere from 2 to 9 times more likely to commit suicide, according to bully statistics.org. These numbers are way too large. Bullying can come in a lot of shapes and forms, and no matter how “bad” you think it is, any of these forms can cause extreme consequences. As students, we need to push to stop bullying.

The most common reason people bully others is because they are seeking a feeling of power and purpose over someone. Bullies want to feel a sense of superiority and control. Have you ever heard the phrase “the abused becomes the abuser”? One-third of people abused in their childhood become abusers themselves, according to the New York Times. This can go hand in hand with bullying. Bullies often feel insecure about themselves, and the only way they can feel better is if someone feels more insecure than them. Bullying also often happens because of feelings of jealousy. Have you ever had a mean girl never stop commenting mean things to you? Chances are, she’s probably jealous over something you have in your life that she doesn’t. Many bullies need help in the form of therapy, or need somebody to talk to figure out a better way of dealing with their problems than lashing out on others. While the reasons people bully can be explained, it does not provide them with an excuse to be harmful to someone.

What can we do about bullying? A bully is defined as someone who “seeks to harm, intimidate, or coerce someone perceived as vulnerable.” You likely witness bullying every day, whether you realize it or not. Whether it's someone commenting constantly on what people wear, or physical bullying such as inflicting physical harm on someone, all forms of bullying can affect someone negatively. We’ve all been to multiple anti-bullying assemblies and had lectures from our teachers, but this seems to not help.

Teenagers do better at conditioning themselves. If an authority figure tells teenagers what to do, it’s less likely to happen. Take for example your mom telling you to do chores. You don’t want to do that after a long day at school, do you? But if you went to a friend’s house and they needed help, you’d likely lend a helping hand. The same thing applies to teenage bullying. Bullies aren’t likely to stop in threat of authority, because unfortunately, teenagers think they’re invincible. However, if a friend of a bully stands up to them, it’s more likely to make an effect. Many people don’t stand up to bullies because they’re afraid they’ll be next. But standing up to a bully can cause change. The best way for bullying to stop is for it to be stopped from someone the bully cares about. Try to stand up for someone the next time you see bullying happening. Don’t be a bystander—what’s standing around and doing nothing going to change?



Mother’s Day: How to Say ‘Thank You’ on this Historical Holiday for Mom

HAILEE RODGERS

Mother’s Day is a holiday that most people look forward to celebrating with their mothers, but do you know how it all started? Are you curious about how it is celebrated around the world compared to the United States? How do you plan on celebrating your mother’s special day this year?

History of Mother’s Day

Mother’s Day celebrations in the United States can be traced back to the 19th century. Prior to the Civil War, Ann Reeves Jarvis, native of West Virginia, helped start “Mothers’ Day Work Clubs” to help teach local women how to properly care for their children. Over time, this club became a unifying force in the United States who was divided over the Civil War. Jarvis coordinated the “Mothers’ Friendship Day” in 1868 and gathered with former Union and Confederate soldiers to encourage reconciliation.

Another forerunner to the holiday came from Julia Ward Howe, an abolitionist and suffragette. Howe wrote the “Mother’s Day Proclamation” in 1870 which acted as a call to action that asked mothers to unite in advocating for world peace. She later campaigned for “Mother’s Peace Day” to be celebrated every June 2nd.

Mother’s Day is Turned in to a National Holiday

The official Mother’s Day holiday originated in the 20th century as a result of Anna Jarvis who was the daughter of Ann Reeves Jarvis. Succeeding her mother’s death in 1905, Anna Jarvis founded Mother’s Day as a way to honor the sacrifices mothers make for their children on a daily basis. In May 1908, Anna gained

enough financial support from a Philadelphia department store owner, John Wanamaker, to organize the first official Mother’s Day celebration at a Methodist church in Grafton, West Virginia. On the same day, thousands of people attended a Mother’s Day event at one of Wanamaker’s retail stores in Philadelphia.

After the success of Jarvis’ first Mother’s Day, the holiday was added to the national calendar. Ironically, she remained unmarried and childless her whole life. She argued that American holidays were biased toward male achievements and started a massive letter writing campaign to numerous newspapers. She also wrote to prominent politicians coaxing the approval of a special day honoring motherhood.

By 1912, many states, towns and churches had enacted Mother’s Day as an annual holiday and Jarvis had founded the Mother’s Day International Association to continue to promote her cause. In 1914, her persistence paid off when President Woodrow Wilson signed a measure officially implementing the second Sunday in May as Mother’s Day.

Mother’s Day Around the World

Many different versions of Mother’s Day are celebrated all around the world depending on the country. In Thailand, Mother’s Day is celebrated in August rather than May because it is the birthday of the current queen, Sirikit. In Ethiopia, families gather in the fall to sing songs and eat a

large feast as part of Antrosht, which is a multi-day celebration honoring motherhood. In India, each October they honor Durga, the goddess of mothers during the 10-day festival known as Durga Puja. In France, the traditional gift for Mother’s Day is a flower-shaped cake. In the United Kingdom, churches hand out daffodils to children to give to their mothers. Girls also bake fruitcakes to give to their mothers. In Japan, children give their mothers a white carnation for Mother’s Day.

How to Thank Your Mother

As you may know, Mother’s Day is coming upon us soon. There are many ways to thank your mother on her special day. Here are a few ways to make your mother feel appreciated for everything that she does.

Greet Her With Flowers:

Flowers are a strong representation of gratitude, kindness, and appreciation. Flowers mean much more than just a fresh way to brighten up the house. Brightly colored flowers such as roses, lilies, tulips, and carnations will make your mother feel loved.

Give Her a Hug:

Oftentimes a caring hug is an expression of unsaid words, and it is interchangeable with appreciation. On Mother’s Day this will melt her heart.

Extend Her a Helping

Hand: Sometimes extending a helping hand can make a world of difference. Oftentimes, mothers are very busy and do not have the time to do the things that they would like to do.

Continued on pg. 10



TESTING: Stressful for Students?

MADDIE MAST

Tests are supposed to be ways to help students strengthen their problem-solving skills. Tests also assess student’s skills on subjects they learn, and for their teachers to know what the student’s paid attention to and how they may be able to teach them better. We know the point of tests, but how does it affect students? Is it too much pressure? Or is it a good thing that we feel some pressure? It all depends on who you are and your point of view.

Tests may cause students a lot of stress and anxiety. This can come from the fear of failing a very important test like the SAT for college entrance, and because of this fear, ending up staying up all night. This can take a toll on a student’s grade on these tests. Getting a good score on a standardized test usually boosts a student’s probability of a good future, and doing badly on these tests could possibly mess with your confidence and affect your future. Coming from the parent’s point of view, some parents think tests are overly stressful for their children, while some disagree and think they are necessary.

But tests aren’t just stressful for the students. When it comes to the teacher’s point of view, tests affect them as well. How their students do on the test reflects on their teaching skills. Many people believe there is nothing wrong with student’s taking high-stakes tests like the SATs, for example. This is mainly because it is very important to do well, and the students themselves should know the material on the test, especially if it’s a unit test for a certain class. The teachers expect their students to know the material on the test, because they taught it in class. Of course, there are other reasons for tests other than your grade. There are also pretests to show what you know and what the teacher needs to focus on before starting a new subject. This helps to show what the whole class might already know on the subject, making it easier for the teacher to decide how to approach teaching.

In conclusion, the stress level of a test depends on the amount of stress a student is already under, if they suffer from anxiety, and on how the student prepares for the test. Every student is different. Some students may study just hours before the test and have a rough time taking it, while to some, the material may seem effortless.

What’s your opinion on the stress of standardized tests? How do you handle them? What kind of test taker are you? Do you think kids are put under too much pressure?





DID YOU KNOW??—In 2007, US citizens spent 23 billion dollars on gifts for Mother’s Day!



How to Spend Your Spring Break

LAURA BIDWELL

Spring break is a favorite time of the year for many people. It’s a time to relax and get away from stress that work and school cause. A study done by Fox News said that 57% of people travel during spring break. But, at least for our high school, there just doesn’t seem to be enough time to travel and have a long vacation. With only five days off including the weekend, there isn’t much time to really enjoy a long vacation. So here are some close-by trips you could go on if you’re looking to get out of the house on spring break.

Philadelphia

Philly has the Liberty Bell, Independence Hall (where the Declaration of Independence was signed), plus a kids museum and the Philadelphia Zoo. You can even try a Philly cheesesteak if you go!

Gettysburg

Gettysburg has a lot of history. There’s the Gettysburg National Military Park, where one of the bloodiest battles took place. There’s the Eisenhower National Historic Site (the farm that was owned by President Dwight D. Eisenhower), or you could even go on the Gettysburg ghost tour.

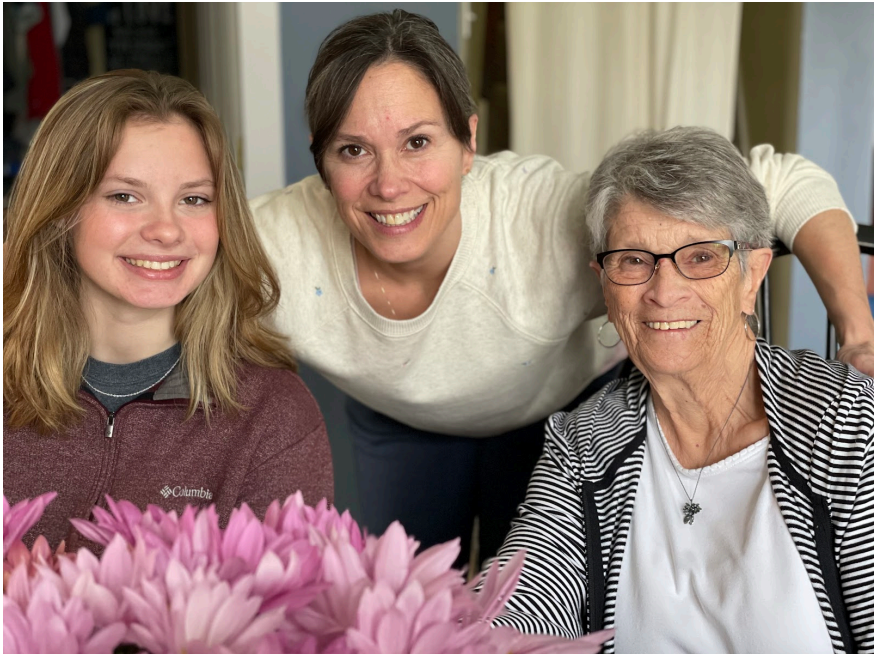
Hershey

In Hershey you can find Hershey’s Chocolate World where you can get a tour of the factory and even see how chocolate is made. After that, you can head to Hershey Park to ride on the 70 themed attractions. If you’re not into chocolate, you can visit ZooAmerica North American Wildlife Park or walk-through Hershey Gardens.

Washington DC

Washington DC has lots of tourist attractions. There’s the Smithsonian Museums, walking tours, the largest library in the world, the Lincoln Memorial, or even Ford’s Theater (where Lincoln was shot).

So even if you can’t go far away to a beach, you can still go somewhere close and have a good time over spring break.



Celebrating Mothers! Audrey Bullock pictured with her mom, Laura, and her grandmother!



Cinco de Mayo

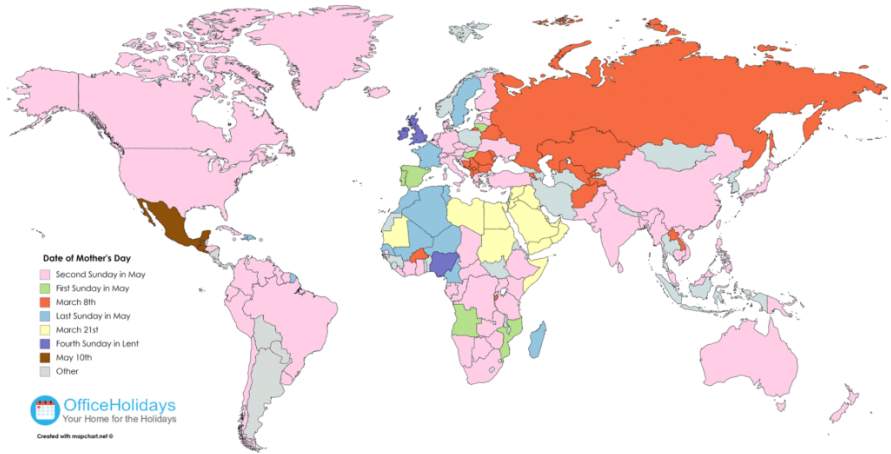
MADORA MELNICK

As we turn our calendars to May, Cinco de Mayo, a Mexican originated holiday, is also coming up on May 5th. Americans and Mexicans alike celebrate this event with parades, speeches, and reenactments. Although it is thought of as a Mexican holiday, Americans celebrate Cinco de Mayo as well, with the town of Puebla, Mexico, honoring its history. Many celebrate this event today, but do they know its history?

Cinco de Mayo commemorates the anniversary of Mexico's victory over the French Empire at the Battle of Puebla in 1862. In America, the holiday first became popular during the civil rights movement. The Mexican Americans used this day to show pride in their culture. Many people in places like Texas have festivals and parades on this day. Some interesting facts about this day include Americans consuming up to 87.3 million pounds of avocados, and Tequila reaching peak sales. (The USA can consume about 127 million liters of tequila and mezcal.).

As for Mexico, the majority of its Cinco de Mayo events take place in the city of Puebla; a sad occurrence considering that this was such a big victory for Mexico. A traditional dish of Mole Poblano, a thick sauce made of fruit, nuts, chilis, seeds, and chocolate, is often served. Along with this, many foods traditional to Mexico will be there. There will also be booths selling trinkets like Moroccans and other Mexican things. Celebrations will include dancing and music with girls dressed in beautiful dresses to showcase their support for their heritage. Cinco de Mayo has been commercialized by beer companies specifically. An example of this is Corona becoming the first brand to gain permission to use the Times Square New Year's Eve ball, turning it into a lime and having it dropped on May 5, 2017.

Whether you refer to this holiday as Cinco de Mayo or the fifth of May, don't forget the importance behind this major event and the significance it has to Mexican history and culture.



There are so many different versions of Mother’s Day celebrated around the world!

Earth Day Done?

AUDREY BULLOCK

April 22nd is Earth Day, the day we use to celebrate this big, beautiful planet we can thank for giving us all we need to sustain life as we know it. On Earth Day in the past, you may remember having done a number of things to help improve the environment; maybe you walked around town with your family and picked up garbage from the side of the road, or you decided to start recycling. There are many alternatives to everyday items that we use every day, that help improve the Earth's environment. For example, the substitution of paper or metal straws for plastic ones, or reusing grocery bags instead of plastic ones. While these options sound easy to do for everyone, you'd be surprised at how bad the Earth is taken care of, and how many people don't care to change their lives in the slightest to help our planet.

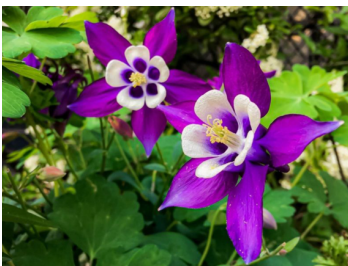
As you've probably learned about in your social studies class, the world's population has doubled since the 1970s; with this insane population surge (that still continues to increase) comes resource depletion and technology advancement, which can sometimes be at the sake of the environment. Pollution has affected the air, the land, and the water. Nine out of ten people in the world breathe polluted air, and air pollution is the 4th leading death threat to humans, killing approximately 7 million people every year. 90% of these deaths are in low- and middle-income families (these stats were found in <https://www.wired.co.uk> and <https://www.who.int>). You've probably driven by a landfill a handful of times in your life. These garbage dumps can release methane and other air pollutants that can negatively affect the environment if it were to be left unattended. Have you ever heard of the Great Pacific Garbage Patch? This is a huge pile-up of marine debris (suspected to be made up from China and other countries in Asia) in the Pacific Ocean, which is actually estimated to be twice the size of Texas, and three times the size of France! Could you imagine that big of a trash can? As you can imagine, pollution like this is a threat to nature, and a threat to the human population, as well as our wildlife.

Climate change, as you've heard people discuss on the news and here in Cambridge, plays a gigantic role in the future of our Earth. With increasing human population and pollution rates, there is more carbon dioxide in our atmosphere than ever before in human history. Ice is melting and rising ocean waters are rapidly warming up. You may have seen the hashtags "#noplanetb" and "#savetheplanet" among others that raise awareness about climate change through social media. While raising awareness on social media can be a great way to take steps to solve the problem, infomercials on Instagram are not going to save Earth. We need to take steps to prevent climate change from impacting our planet more, and you can take these steps at home. Why not make a positive change on our environment?

You could start by throwing your trash away. This may seem simple, but if you look on the side of any road, you'll see most people didn't get the memo! If you see trash where it shouldn't be, throw it away in a nearby trash can. If what you see on the ground is recyclable, if you can, locate somewhere you can recycle it! Try using reusable bags when you go grocery shopping. This is simple— bring your own! They're affordable to buy, and will make a difference. If you can walk or bike somewhere, then do it! This reduces air pollution as well as provides you with extra exercise. These are only a few ways to help the Earth; there are so many more if you do some research. Remember: **Earth Day is every day**. Support the planet you call home every day!



The Great Pacific Garbage Patch is a huge pile up of marine debris, which is actually estimated to be twice the size of Texas!



Columbine



Wild Bleeding Heart



Butterfly Weed



Coreopsis

Flower Planting

HALEY JARDINA

Thinking of planting something this spring? You're in luck! There are so many beautiful options of flowers that are perfect to plant for the upcoming season. You could use these unique flowers for a garden or to spruce up the appearance of the outside of your house. Maybe even use them for Mother's Day or to give to your prom date!

Some unique flowers that you could either plant or buy for prom are:

Columbine-

Columbine can grow from 6 inches tall to over 3 feet tall. They come in many different colors such as orange, pink, purple, red, white, and yellow, and can be planted during either spring and or summer.

Butterfly weed-

Want humming birds in your yard? Butterfly weed actually attracts them! This flower can grow to be 4 feet tall. The color of the flower can be reddish-orange or yellow-orange. These flowers need to be planted in partial shade or in full sun.

White Wood Aster-

White Wood Asters are about 1 inch across, and can grow up to 2 feet tall. They are yellow or red center disks surrounded by white rays. They also have heart-shaped leaves that grow on their rough stalks.

Coreopsis-

Do you want birds in your yard? If so, you should plant Coreopsis! They actually attract birds to feast on them. Most types of Coreopsis have a yellow center surrounded by eight or nine rays, but you may be able to find white or other colors. This flower is extremely easy to take care of due to it being low maintenance. If you're a beginner, this flower is a good plant to start with.

Wild bleeding heart-

Wild bleeding heart looks like a heart due to the protruding inner leaves that look like a tiny drop of blood at each heart shaped flower's bottom. This flower can bloom from early spring to fall and will grow back each season. This flower has grey-green leaves with the basil leaf appearing to grow straight out of the ground. These flowers grow to be 1-2 feet tall.

All of these are great flowers for planting, or maybe even for prom! Would you want to plant these? What are some other things you'd want to plant during the season?

**Check out the
NEW Pitchfork
Activity Page,
on page 7!**

Hayden House: A New Road to Recovery

HAYLEA THOMPSON

Hayden House is a story that begins in 2015, a story of a journey for ones who sadly go down the road of addiction. A support group was formed by disheartened mothers for those who are affected by the opioid epidemic in Crawford County, Pennsylvania. Hope, strength, pain, and experience, these commoners all related to one another with were all exchanged during these meetings, the support group was then named Hope for Healing Hearts. This group then joined a chapter of the Not One More organization, and soon earned their 501(c)3 non-profit status in 2016. Since then, they have developed new ideas and strengths to aid ongoing community building projects. Several overdose memorials and Black Balloon Day have been hosted by this organization in Northwestern PA; several grants for the distribution of Naloxone and Evizio have been earned by the group as well.

A local teacher here at Cambridge Springs High School, Mrs. Lori Walls, has a family who is involved in events that support the Not One More organization. *“I believe that Hayden House is a wonderful opportunity for women to get the help and support they need while on the road to recovery. At Hayden House these recovering women can get child care while they attend meetings and get the support they need,”* says Mrs. Walls, while speaking about Hayden House.

Mrs. Wall’s niece, Paige, died last Christmas Eve due to an overdose, and she is welcoming to share her story with us. At Paige’s funeral, Mrs. Walls’s sister invited the president of Not One More to speak. While there, he had a strong interaction with Paige’s seven-year-old son, Hayden. This interaction started the spark for Hayden House, which is located in Meadville, PA, near Seton School.

“Our mission is raising substance use disorder awareness, providing support and resources for our community, promoting recovery, and preventing drug abuse in Northwest Pennsylvania.”, says Not One More while explaining their primary mission. Hayden House is now in the process of Not One More and an upcoming project that they are working on is the *Emergency Room support – “Someone Who Has Been There”*

project. Not One More is an organization that has provided our community with support, resources, and community events, while they still explore more ways to offer exceptional opportunities and resources to benefit a stride in our community.

Not One More takes serious pride in what they do, and have a very equip board. John Hartnett- President, Ashley Elliott- Secretary, Laurie Lenigan- Treasurer, Tracy Albaugh- Events Chair, Cena Foister- Social Media Chair, Chuck Giering, and Kristin Cady are all current board members, with many past board members as well.



Mop Up Winter With Spring Cleaning!

HALEY JARDINA



At my house when springtime arrives, it's usually followed by my mother cleaning the house like a crazy person. Spring brings flowers, rain, and allergies, but it also brings spring cleaning, “Ew spring cleaning, why would I want to clean?” As everyone knows, spring is a time for starting over and getting back on track. Gone are the days of us being cold and being surrounded by snow. Whereas in summer, everything is warm and supposedly clean.

An easy way to get off your butt and start cleaning is to either start at night or early morning, depending on if you’re an early bird or a night owl. Knowing if you prefer to clean either at night or in the morning also helps you create a schedule. Creating a schedule helps you maintain an idea of something like, “I only have 10 more minutes till I can sit down and take a break.” While you are cleaning, you need to take a break every now and then to rest and so you don’t get stressed out too much. If a schedule isn’t your thing, maybe do things in small groups, such as only picking up clothes for 20 minutes or maybe even only dusting shelves for 5 minutes.

Now that you got your time frame down for cleaning or at least

an idea of when you want to clean, it's time to make a list. Making a list of everything that you want to accomplish will help you feel satisfied when you give it a checkmark or cross it off the list. I know, I know, all those things on a list would stress me out too. So, to not get stressed out, make a list of what each room needs instead of all together, or just list the rooms or areas you need to clean and leave it at that.

Need a spring-cleaning checklist? I got you!
Spring cleaning checklist:

SUPPLIES

- Vacuum
- Steam Cleaner or Mop
- Dusting Materials
- Paper Towels
- Broom
- Boxes

CLOSETS

- Donate or toss old clothes and shoes
- Pack up winter clothes
- Wash/hang up spring clothes
- Dust/wipe down shelves
- Clean or replace laundry basket

KITCHEN

- Get rid of outdated spices and food
- Defrost and clean fridge and freezer
- Steam clean grout and appliances

- Polish silverware
- Clean inside of cabinets and drawers
- Dust top of cabinets and above fridge
- Steam clean microwave
- Declutter junk drawer
- Clean oven
- Clean pantry shelves and around trash

LAUNDRY ROOM

- Move washer/dryer and clean behind
- Check dryer vent
- Clean out cabinets and drawers

ALL ROOMS

- Wipe down baseboards
- Clean air vents
- Dust blinds and windows
- Declutter any drawers/messy areas
- Clean windows
- Vacuum/Mop Floors

BEDROOM

- Dust ceiling fan
- Clean or replace sheets
- Vacuum mattress
- Clean and vacuum under bed
- Wash pillows

LIVING ROOM

- Dust around and behind TV
- Clean fireplace
- Clean window treatments/furniture
- Wash, vacuum, or replace dog beds
- Polish hardwood floors (if you have them)

OUTSIDE

- Clean light fixtures
- Wash outdoor furniture
- Clean sliding glass door tracks
- Steam clean cement/cracks
- Plant flowers
- Clean/repair gutters
- Clean and organize garage

PITCHFORK ACTIVITY PAGE

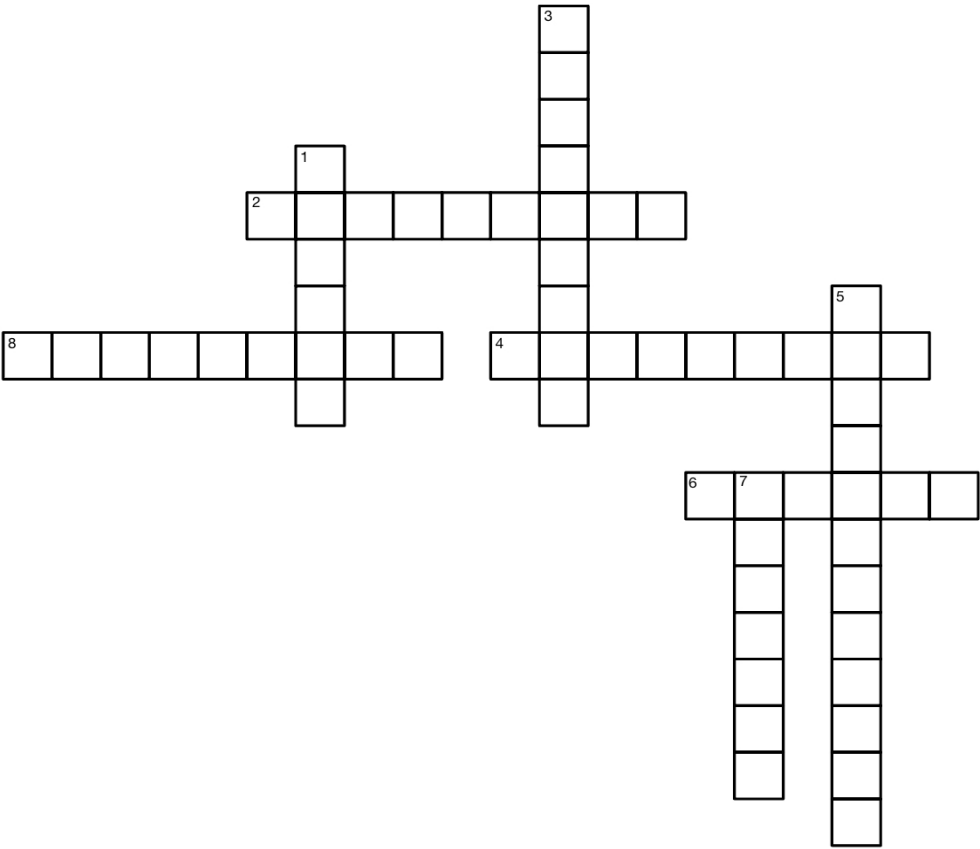
The Pitchfork Cross Word

Across

- 1. A person on staff who goes through articles to fix grammatical errors, punctuation mistakes, etc.
- 3. Staff members who publish the Pitchfork!
- 5. A very well known newspaper company.
- 7. The things that writers write for newspapers...for *you* to read!

Down

- 2. A genre of article that contains the writers opinion
- 4. What is the paper called that you are reading!
- 6. A process which takes a lot of time to do, but sets a newspaper up in a organized and fashioned way.
- 8. What your peers on the staff have made for you, and the title of the newspaper you're reading right now!



Jokes!

Want to hear a joke about a newspaper?
...Nevermind, it's TEARible.

Why did the husband ask his wife if she was a newspaper?
...Because she had a new issue every day.

What did the newspaper pitch while he was at the CSHS baseball field?
...A fork.

Why are the Pitchfork Staff evil?
...Because they work for the devil.

What do you call a Pitchfork paper that can't fly?
...Stationary.

ANSWERS

The Pitchfork Word UN-Scramble

- | | |
|-----------------|----------------|
| 1. Editor | 1. May |
| 2. Editorial | 2. Pitchfork |
| 3. Publisher | 3. Newspaper |
| 4. Newspaper | 4. CSHS |
| 5. NewYorkTimes | 5. Blue Devils |
| 6. Layout | 6. WINN |
| 7. Article | 7. Friday |
| 8. Pitchfork | 8. Prom |

The Pitchfork Cross Word

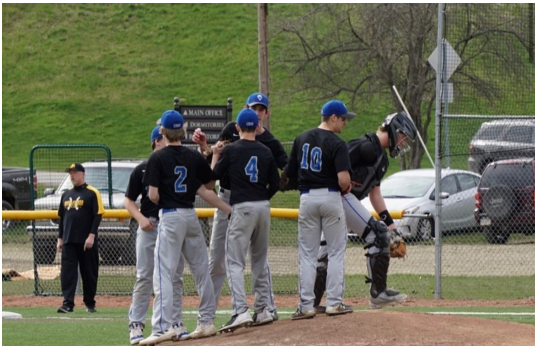
Word UN-Scramble!

- 1. aym
- 2. tipchfkro
- 3. rpaweesnp
- 4. ssch
- 5. elbu lseidv
- 6. ninw
- 7. yraifd
- 8. morp



Spring Sports: A Hit!

LAURA BIDWELL, HAILEE RODGERS, & MAKENZIE YANC



Baseball played away at Rocky Grove on April 11th. With 1 run in the 2nd inning, 8 in the 3rd, and 2 in the 4th, that was enough for Rocky Grove to get an 11-0 lead and an unfortunate loss for the Blue Devils. (Photo from @csbluedeils_baseball)



On April 20th, Baseball faced Iroquois at Lawrence Park. Bryce Kania went 4 innings striking out 5, allowing one run, and walking two. Nathan Held then came and pitched for 2 innings, striking out 5 and walking one. Brock Cunningham was 2 for 3 with two doubles and two RBIs. Josh Gorton went 3 for 5 with two RBIs. Cambridge beat Iroquois 8-1. (Photo from @csbluedeils_baseball)



The baseball team traveled to the home of the Maplewood Tigers on April 22nd. Brock Cunningham started out strong with a solo shot over right field and two outs at the top of the first. Bryce Kania also had an RBI to bring Nathan Held in and Alex Doubet had an RBI of his own to bring the score to 3-0 before Maplewood could even bat. Alex sent another RBI to make it 4-1 and Tristan Mazzadra scored to make it 5-1 in the third inning. The devils added two more runs in the sixth inning from Nathan and Brock. The final score was 9-3 with Cambridge pulling out the win. (Photo from @csbluedeils_baseball)



The baseball team faced Eisenhower at their first home game on April 25th. They unfortunately only made it to the fourth inning before the game was postponed due to a thunderstorm. The rest of the game will be made up later on. (Photo from @csbluedeils_baseball)



On April 20th, the softball team traveled to Cochranton for their second region matchup of the season. The Devils fell short in extra innings 7-4, however, they only gave up two earned runs out of the seven. Taylor Smith and MaKenzi Lewis lead the Devil's offense with two hits apiece. Taylor Smith also homered in the seventh. Aly Acosta Reyes and Abbie Schultz each tallied one hit. (Photo from M. Dragaosavac)



On April 22nd, the softball team headed to Rocky Grove. The Devil's mercy ruled Rocky Grove in the fifth inning, and won 10-0. The Devil's offense was led by MaKenzie Lewis, Aly Acosta Reyes, Taylor Smith, and Emily Boylan all with 2 hits each. Cheyenne Mosconi, Abbie Schultz, Hailee Rodgers, Maddie Dragaosavac, and Payton Leandro each added one hit apiece. Hailee Rodgers picked up the win in the circle and struck out 10 batters. (Photo M. Dragaosavac)



Madison Yanc signs letter of intent for Edinboro Girls Basketball!



On April 23rd, the softball team traveled to Eisenhower to take on the Knights. The Devil's mercy ruled the Knights in the fifth inning, and won 11-0. Taylor Smith went 3-3 at the plate including one home run and four RBIs. Cheyenne Mosconi also had a perfect day at the plate finishing 4-4 with three RBIs. Emily Boylan and Hailee Rodgers each drove in a run as well. Hailee Rodgers tossed a no-hitter shutout while striking out 10 batters. (Photo from M. Dragaosavac)



On April 26th, the softball team traveled to Saegertown to take on their region rival the Panthers. After a hard-fought battle, the Devils fell to the Panthers 3-2. The Devil's offense was led by Taylor Smith, Aly Acosta Reyes, and MaKenzi Lewis who all had one hit each. Taylor Smith and Cheyenne Mosconi drove in one run. Hailee Rodgers went all six innings in the circle, striking out eight. (M. Dragaosavac)



On Tuesday April 19th, the Boys Varsity Volleyball team played CASH in a region matchup. The Devils came out very strong and beat the Eagles 25-14 in the first set. Unfortunately, the Eagles took charge and beat the Devils in the second, 23-25, third, 25-11, and fourth 25-9 set. The Eagles ended up winning the match 4-1.

On Tuesday April 26th, the Boys Varsity volleyball team played Cochranton. The Cardinals unfortunately swept the Blue Devils in three (3-0). The first set was 25-20, then the second set was 25-22, and lastly the third set was 25-17.





***Working Together as a TEAM:
It has new meaning for CSHS
Junior High Girls' Volleyball***
MAKENZIE YANC

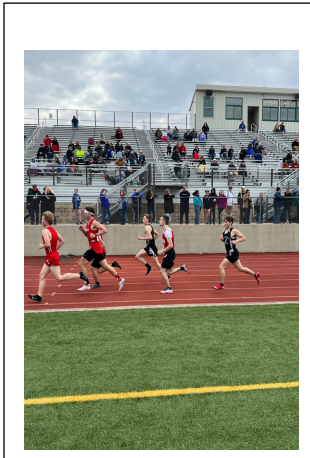
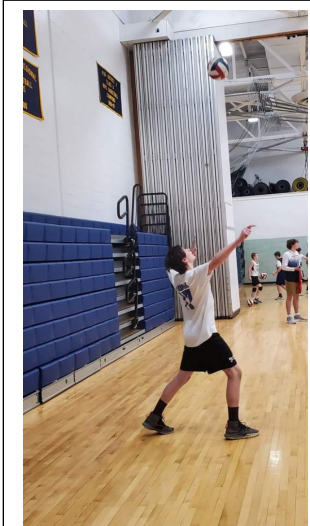
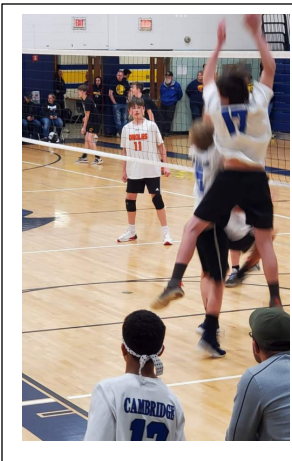
Have you ever played gym class volleyball? If you have, you know how crazy and wild things can get. Just this year I was watching my gym class play volleyball and one of the guys went up for a block and landed on someone else's foot. He ended up spraining his foot! Do you remember who you saw in the hallways wearing a big boot on his foot?

Just imagine playing this crazy sport when you can't hear. I bet many of you had no idea that the CSHS Jr. High girls' volleyball team has a hard of hearing member on their team? Royale Reno-Gaus is in 8th grade and this is her first year playing volleyball. The Pitchfork Staff decided that everyone should know about her experience playing volleyball while being hard of hearing.

In the interview session Royale was asked multiple questions about her experience that she has had so far playing volleyball. When asked, what is it like playing volleyball while being hard of hearing? Royale responded by saying, "Umm, it's not easy to be honest. It's kinda hard to communicate with everybody. I try to act things out. Like sometimes hand communication like I'll try to charade stuff. In practices and games, the interpreter is there but when there's not one it gets a little tricky. When I'm playing, I try to keep my eyes on the ball so I know where the ball is at all times. Also, my family was a little bit anxious about me playing with a hearing team but I still feel like it's my team. They are my sisters."

When you're hard of hearing, playing a sport could be difficult. Royale has some first-hand experiences that she can tell you all about. When she was asked, do you come across any challenges while playing volleyball because you are hard of hearing? She responded with, "Oh yeah I do. For example, the referees. With all of their whistles I obviously can't hear them, so I'll be confused when they make the calls during a game especially when there is more than one whistle going on. The other problem is I'll run into other players that are moving around the court and they'll try to use hand signals but it doesn't always work during a game. But it is still fun to play."

Lastly, when asked, have you enjoyed playing volleyball? She responded, "Oh absolutely it's been so much fun! I mean sometimes the coach yells but you know it's fun. He's a good coach. It's an emotional roller coaster with the wins and losses but I enjoy it, it's hard but I enjoy the challenges. I really wanted to do it so I did!" Royale has really enjoyed her experience on the volleyball team so far. Despite the challenges, she hasn't given up. This just proves that even though life can throw things at you that you can't control, you should never give up! Royale should be an inspiration to many because she has been faced with a difficult situation, but she doesn't let being deaf define her!



Girls Jr. High Volleyball:

The Jr. High Girls volleyball team faced the Titusville Rockets on Wednesday, April 13th. In the first set the Devils were losing the majority of the game but they ended up coming back and winning 26-24. Followed by the Devils beating the Rockets in the second set, 25-13. Then in the third set the Devils unfortunately lost 16-14. The Devils ended up winning the match 2-1.

The Girls Jr. High volleyball team had a game on Monday April 25th. In this match up they faced the Union City Bears. The Bears took control in the first two sets winning 25-21 and 26-16 but the Devils won the last set 15-8. The Bears won the match 2-1.

The Jr. High girls' volleyball team played their last game of the season on Wednesday, April 27th. The Blue Devils faced the Maplewood Tigers and unfortunately lost their last match. The first set the girls were in a tight set and ended up losing 26-24. The second set ended up being 25-23 with the Blue Devils on top! Unfortunately, the Devils fell short in the last set and lost 15-9.

Boys Junior High Volleyball

The Junior High Boy's wrapped up their volleyball season this month. Kyle Shepard says that "we ended out our season very well at Meadville High School. Despite not making the playoffs, we had 2 very close matches with Erie First." The boy's ended their season against Erie First, losing only by one point.

CSHS Track Team:

The track team had their first meet at Harbor Creek on April 23rd. The day started off with the boys 4x800 meter relay qualifying for districts with a time of 9:08. The Relay team consists of Corbin Lehner, Adrian Peterman, Hunter Robinson, and Hunter Spaid. Elizabeth Kline also qualified for Districts in the 400 running a time of 1:04. We also had the first ever girls relay in CSHS history. Audrey Bullock, Makenzie Yanc, Laura Bidwell, and Elizabeth Kline make up this 4x400 meter relay team. These girls placed second in their heat coming in at 5:02.

On Tuesday the 26th, the track team had a meet at Meadville. Morgan Shaffer PR-ed in the 100-meter dash with a time of 13.62. Also with a PR was Makenzie Yanc in the 200-meter dash running a 31.27. In the 800-meter Penny Lehner PR-ed with a 3:31. Paige Porter ran the 1600 meter in a time of 6:42 which is also a PR for her. Lastly Corbin Lehner PR-ed in the 3200-meter running it in 11:02.

Cambridge Springs Says “So Long” to a Helping Friend: Mrs. Fiely

HAYLEA THOMPSON

Mrs. Fiely is the friend and support many of us need on any given day. She is never one to seem to be concerned about herself, always willing to graciously step in and help a student or teacher in need. If it is help with a project or test, she is there to guide and support.

Not only is Mrs. Fiely always seen around the halls of CSHS, she is often found at the evening sporting events. She especially enjoyed watching her nephew, Tyler, when he was an athlete here. Even though she has no kids on the various teams, to her they are always ‘her kids’ if they are a Blue Devil. She loves to come to the games and cheer on the Blue! She also loved supporting our students at the Crawford County Fair.

Mrs. Fiely has been a Learning Support Aide at CSHS since 2010. In her years here she has worked in almost every grade and curriculum. The Learning Support department will certainly have big shoes to fill for providing one on one support for our students.

In retirement, Mrs. Fiely plans to take time to enjoy things and to do things she has always wanted to do like traveling, seeing family and friends, and spending time with her husband. “My plans for retirement include doing more with my family (especially my mom) and my husband’s family, and going more places with my husband while traveling for work or pleasure.”

In closing this chapter of her life, Mrs. Fiely has left us all with an example of kindness and helpfulness. She shows us all that it is more valuable to care about others than anything else. She has also been an example of patience for us to live by. Mrs. Fiely’s final thoughts are “I hope that the students at Cambridge will also come to understand that their interactions with the staff and other students are an important part of their educational development. These relationships will be a model for when it is their time to go into the workplace. As I transition to a new stage in my life, I wish everyone at Cambridge a bright future.” CSHS will certainly miss her genuine care and help for us all and we wish her the very best in her much-deserved retirement!



Mother’s Day Suggestions Continued from page 3

Spend Quality Time with Her: No amount of money can buy quality time with someone you love. Set aside some time on Mother’s Day to spend with your mom, and do something fun together. Whether it’s taking a walk, watching TV, or going to your favorite place, any quality time together is worth every minute.

Make Her a Gift: If you are running low on money, you can make your mother a gift. Handmade gifts are often treasured more than store bought gifts because they are personal and from the heart. So, this Mother’s Day try to be creative and make mom a homemade gift, and remember to include some of the things she likes on or with it.

There are numerous ways to thank your mother for all that she does, but the few ideas listed above should help you get started. This Mother’s Day, really think about *everything* your mom does not only for you, but for your entire family and find your own way to say, “Thanks, Mom.”



Anatomy Field Trip: All smiles at the ZOO!



Cooking Can Be Murder!...Apparently so, but not to worry, Detective Martinez is on the case!

“I don’t like spiders and snakes!”, but WHY?!

RAEGAN HIGGINS



For those who don’t know, Mrs. Miller (our journalism teacher) is scared of spiders and snakes. Both of these fears have official names: arachnophobia (spiders) and ophidiophobia (snakes). Many people believe that there is a scientific reason why people are scared of things such as spiders and snakes, arguing either just the thought of something that is weird looking scares people or fear due to trauma involving these creatures. Scientists found out that this fear is indeed inherited from our human ancestors. Scientists found this out by showing newborn babies’ photos of both snakes and spiders. The babies reacted by acting out and showing fear with body movements and changes in their eyes such as their pupils enlarging. While it is common for people to be scared of spiders and snakes, it is also common for us to be afraid of bugs and insects. This fear is called entomophobia.

Not only are there scary-looking spiders such as tarantulas, huntsman spiders, wolf spiders, but a new kind of spider has been discovered, the joro spider. These spiders are mostly feared because of their large size. People can also have a fear of large spiders attacking them or even crawling on them. Some people may think the joro spider would be the scariest kind of bug. They are nicknamed parachuting spiders, cool nickname, but not cool when you see how those spiders ‘fly’ or parachute, especially with how big they are as they can grow to be 3” wide!

Snakes are also seen as scary due to the fear of the poisonous ones, as some can be lethal. Some of these poisonous snakes would be inland taipan, black mamba, Eastern brown snake, and saw-scaled viper. Most are not found in the USA (thank goodness) but are named to be the deadliest snakes due to their poison.

Some creepy crawlies would be the hammerhead worm, which is an invasive species of worm that seems to be nearly immortal. These worms are known for killing earthworms and then eating the earthworm. Scorpion-flies, despite how creepy these flies look, are harmless flies. Assassin bugs do have a weird and creepy appearance, they bite and could potentially attack humans and animals, but it is not recommended to kill them as they do eat a lot of invasive bugs. House centipedes are scary looking, yet again not harmful. Still, don’t try to touch them! Just look at how many legs they have!

The fears of these creepy crawlers are pretty cool to learn about as it really shows throughout history these creatures were seen as scary and dangerous, some still are to this day. You can even see how some of the creepy things in our world are harmless. However, nobody recommends getting hands on with them!

A New Species: Rose-Veiled Fairy Wrasse

MADORA MELNICK

The ocean is a beautiful and wonderful place but only 20 percent of it has been explored and new species are being found constantly. As of March 10, 2022 an article was published about a new fish species recently being found in the Twilight Zone (a layer of water that lies 200 to 1,000 meters below the ocean surface) of the Maldives. This fish is the majestic rose veiled fairy wrasse.

The rose veiled fairy wrasse was originally discovered in the 1990’s but was just thought to be an adult version of the Cirrhilabrus Rubrisquamis. It has recently been revisited by the MMRI (University of Sydney, Maldives Marine Research Institute) and the Field Museum. This led to the scientific breakthrough that it is actually it’s own species. This fish is the first actual fish in the area to be discovered by a Maldivian researcher. MMRI biologist Ahmed Najeeb says, “It has always been foreign scientists who have described species found in the Maldives without much involvement from local scientists, even those that are endemic to the Maldives”.

This beautiful fish lives in the Maldivian coral reefs in the Indian Ocean. It can grow up to 7 cm long and is a magnificent rainbow of colors. Rose veiled fairy wrasses are carnivorous and prey on marine invertebrates. They have small protruding teeth and very oval shaped elongated bodies. Although these fish are hunters, they are pretty small which makes them easy prey too. At night they create a mucus cocoon around them to



Ahmed Najeeb (left) and Luiz Rocha (right) Looking at a fish in the Maldives



hide in while they sleep; this being slightly disgusting but effective. There are more than 50 species of fairy wrasse on record and they're all relatively new to science.

As scientists grow and evolve, the world also seems to grow and evolve around us. We are finding new species and new ways to invent things all the time. With this being said, we will hopefully find out more about the fairy wrasse and their species in these upcoming years and even some brand-new species!

Cambridge Custodians Save the Day!


HALEY JARDINA



As I’m sure we have all heard, the bathrooms in the senior hallway have recently been shut down along with the girl’s locker rooms. I myself, and I’m sure you have also, have been very curious to find out...**WHY?** I had the pleasure of talking to one of the maintenance supervisors, Mr. Shields. “One of the main issues is actually graffiti.”, Shields says. Inside of the men’s restroom, there are derogatory comments against women, following more graffiti in the women's restrooms as well. The second issue that was mentioned was toilets being clogged with things that shouldn’t be flushed down the toilet; such as food coloring in the toilets, and more. Things are obviously getting damaged, and it costs a lot of money, that could be spent for more productive uses, to get lines cleared out when things get shoved down the toilet. This has happened not only once, but multiple times over the past seven weeks. If students would like to use restrooms closer to their classrooms, and overall, more convenient, then it is *strongly* advised to stop flushing things down the toilet.

THANKS to the CSHS Custodial Staff for their quick and exceptional clean-up!

Pitchfork Piper's to the Point



Hello Cambridge Springs! I am Pitchfork Piper and I am here to help you, come to me via Google Form (found in your grade level classroom, in class work, under Pitchfork) with any and all of your issues. Whether you need advice, information, or recommendations I am sure to respond. That being said, I am technically a mandated reporter for the school and therefore any plans of harm to yourself or others will be reported to the school. Also, before we get too much into it, I am not a professional, I am simply trying to give help where help is needed and if any of you need further help you can talk to the guidance counselor, a trusted adult/friend/family member, or ask for more information from myself via the google form. Anyways, this issue we have a few people who came to me and here I shall try and answer their questions.

Need advice? Ask Piper on the Google Form in the class work tab of your grade level Google Classroom!

Dear Pitchfork Piper,

I need to know how to act when someone is mad at me. I need good advice lol.

Dear Mystified Madness,

If someone is mad at you, first off don't get mad back, calmly ask why they might be mad at you. If they refuse to give you an actual answer then just back off for a little while. However if they continue to hold the grudge without giving any information on how you can fix it then perhaps it's for the best. Forgiveness is a two way street, plus you can't apologize if you don't know what you did! Just remember to remain calm and collected no matter how frustrating it may be. Good luck!

Dear Pitchfork Piper,

What's your advice on how to deal with annoying boys?

Dear Boy Blunder,

The best way to deal with annoying boys is to ignore them, however you could try a few different tactics. If it's online, simply block him, if it's in real life? Block him and hope he takes a hint. But seriously just stop interacting with them in the most passive, unemotional way possible. If they continue then perhaps tell them. (Unless they are annoying you on purpose as that just tells them that it's working). If it continues then a handy right hook should do the trick! (Kidding...sort of.) Anyways just keep your cool and ignore/avoid them, if it gets to be too much perhaps tell a friend or an adult so that you have back up. Friends can work as buffers and adults can simply tell them to go away. Either way, everything will be fine!

Dear Pitchfork Piper,

My parents don't like it when I dress a certain way, and they don't like my boyfriend. What should I do?

Dear Parent Predicament,

Ok, for the clothes I suggest you gradually ease into the style they don't like. If it's tighter clothing, chains, rips, etc. start small. Maybe a cover up or coat, less extravagant jewelry/chains, and small rips. See what they say about the lowest level of how you want to dress and then if they're ok with that perhaps make it a bit more your style. But don't push it, they are your parents and technically until you're 18 they have the power....unless you still live in their house as an adult, then you definitely need to respect them so they don't kick you out. As for the boyfriend issue...perhaps take into account what they have to say about him. Explain your side, introduce them in a proper and respectful manner and then if all else fails and he's a total scumbag dump him! (Kidding), but seriously perhaps don't show too much PDA in front of your parents and just give them some time to come around. Either way, I'm sure everything will be fine.

Dear Pitchfork Piper,

Do you enjoy reading these?

Dear Question Querier,

In short, yes, I do enjoy helping people.

Dear Pitchfork Piper,

You guys should try to add more information to it.

Dear Piper Ponderer,

Basically, Pitchfork Piper is the school's version of the 'Ask Shirley' column! The Shirley column was originally created to give out advice to those who asked for it, therefore we decided to put our own twist on it. Simply go to your grade level Google Classroom, click 'class work' and scroll until you find the Pitchfork column, there you will find the link to the Dear Pitchfork Piper survey. In this survey you can ask anything you want, whether that be advice about school, family, friends, or anything else you might need help with! Hopefully this clears it up a bit!

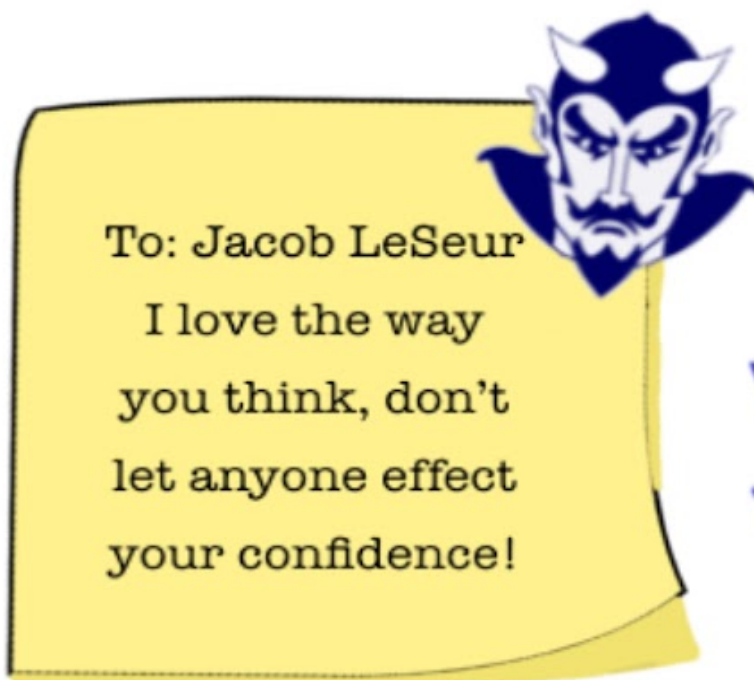
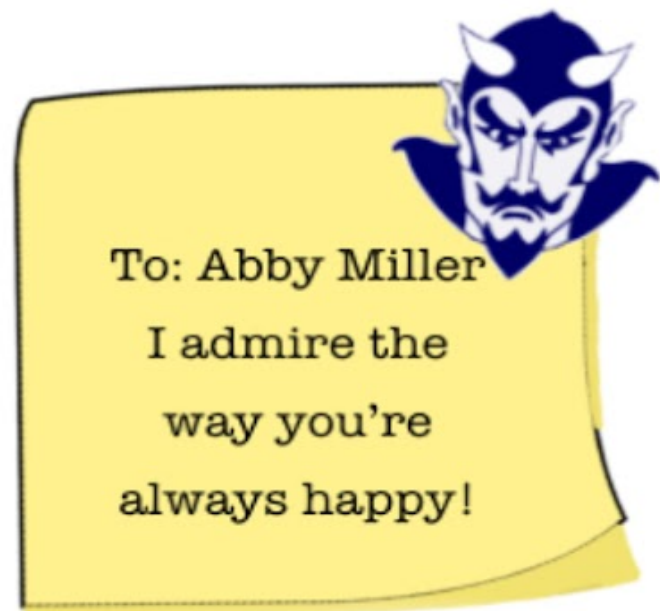
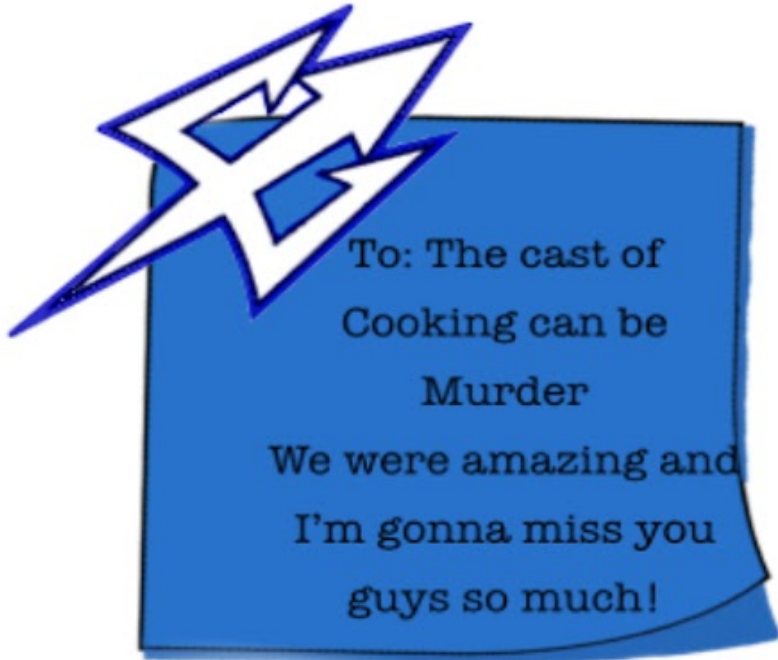
Dear Pitchfork Piper,

I've been grieving with the loss of a family member...but it's not super recent, it's still just as hard though. I don't know what to do to help.

Dear 'Good' Grief,

Losing a family member really sucks, it's totally natural if it takes a long time to 'get over it'. And guess what, you don't have to. Take as long as you want, heck take forever. Just know that they loved you and always will, no matter what you believe. And think of it this way, they wouldn't want you to dwell on the past, especially the sad past. They would want you to have fun and live life to the fullest. And you know, every once in awhile take time to think about them, maybe eat their favorite food and think about all the great memories you had. Whatever happens, you just need to know that grieving is a long process and it's totally natural. Everything will be ok!

UNSENT MESSAGES





Casanova and Jane sitting at the dog park.



A big, fat, F! by L. Martinez



Hey Taylor, my best friend in the whole wide world who would never hurt me for anything, especially for a boy who is confident and somewhat conceited!



It was a dark and stormy night...around 8 in the morning.



Casanova has been murdered!

CSHS DRAMA CLUB TAKING BACK the STAGE: “Cooking Can Be Murder”

ALIX HILBURN

On April 28th and 29th the drama club put on their rendition of “Cooking can be Murder” by Eddie McPherson. About a month ago auditions started and soon enough so did rehearsal. And may I say, with only a month’s practice, they did amazing!

The play followed the story of seven suspects, an arrogant chef, a not so defective detective, a master of disaster, and the resounding reenactment team. After Mr. James Casanova Valentino Bond (or as you may know him, Cameron Doubet) is mysteriously murdered, the contestants of ‘Remington’s 25th Annual County Fair Cook-Off’ are under suspicion! This, of course, shall be solved by the one and only, Detective Annette Rufus Biddle (aka our very own Olivia Martinez)!

As the play commences, we get to see the backstories of each suspect and just exactly why they dislike the ‘charming’ Casanova Bond. Starting with the blackmail of Hedda Hare (Caroline Adolphson), the theft of Paige Turner’s (Aubrey Klemm’s) secret ingredient, and the cheating on of Miss Robin Banks (Lynx Gamble), going on to see the lies told to Carrie Oakey (Audrey Bullock), the murder of Jane Smith’s (Alix Hilburn’s) dog and the ‘humidification’ of one miss Ella Mentry (Gracie Thayer), all ending with the betrayal of Mr. Howie Diddot (Josh Simpson). Along the way we meet many interesting characters including the Professional Whiffer (Chloe Vella), Good Howie (Martha Boylan), Detective Randolph Scott Drake (Zeke Carson), Mama Jean (Damarco Green), Nagging Wife (Raegan Higgins), and Taylor—the best friend in the whole wide world who would never hurt Robin for anything, especially not for a boy who is confident and somewhat conceited (Mariah Peterman), amongst many others.

In the end the murderous murdering murderer was the one and only, Master of Ceremony (Morgan Shaffer). After a dark and stormy night that lasted a year of his life, he finally found the perfect means of murdering the low-down, evil, and callous brute! Thankfully Detective Biddle solved the case!

Special thank you to Mrs. Beltz, Maddie Carver (lights), Abby Harrison (spotlights), and the rest of the cast, crew, and contributors. I must say this play was much too classy for just being a school play. I was smitten by its costumes, infatuated by its plot and extremely impressed by its cast. Thank you and congratulations to everyone involved!



Suspicious suspects...



The lovely cast of “Cooking can be Murder” taking their final bows! by L. Martinez

Mr. Werkmeister: Turns a New Page in History

HAYLEA THOMPSON

As I'm sure we have heard, Mr. John Werkmeister is leaving CSHS to go into retirement. As he leaves and starts a new chapter of his life, many students have wanted to leave him with words of encouragement, as well as how he affected their lives and academic careers!

Alaina Webster, sophomore, says, "I definitely have never been a big fan of history, it's easy to say it's my least-liked subject, that's where the difference between Mr. Werkmeister and I came in. Mr. Werkmeister is a teacher who not only teaches, but uses encouragement to push his students to learn. He would often pick on me in class, but definitely out of a kind heart, which kept me on my toes. He found new ways to keep my attention to history in various ways. He would often talk about things I'm interested in and relate it to history. Like when he uses the fact that I'm into pigs and somehow related it to interdependence and sovereignty, haha." Well said, Alaina! I think we can all agree that Mr. Werkmeister can always find a way to keep us on our toes!

Ashley Fredrychowski, sophomore, leaves Mr. Werkmeister with, "I hope you enjoy your retirement, and remember that history will never be as inspiring without you in our school!"

Haylea Thompson, sophomore, says, "I definitely hope he goes to a lot of beaches, I would rather do that than go to school! I know he loved history and his students with a full and open heart, so I hope he finds something he can love even more after he retires from teaching. Mr. Werkmeister has helped me through hard times, and gave me encouragement that I will never forget, he never gave up on me."

Laura Wallace, sophomore, says, "Mr. Werkmeister always pushed me to my hardest. He helped me become a better learner and helped me to believe in myself more."

Mr. Werkmeister has often taught generations of families, and finds many ways to connect with his students. He has been a teacher here at CSHS for about 37 years! He has also briefly subbed at Pittsburgh, as well as taught history at Penn State Behrend where he taught in the Intermediate Unit, where he taught teachers. In the beginning of his teaching years, he also taught computer applications at Saegertown.

"In 2004, I had National History Day students work featured at the Smithsonian Air and Space Museum while my daughter had her work at the Smithsonian Museum of American History. Vietnam veterans who were her sources of her research came to see her work. History Day families, my family and even my father came together to appreciate the great work from my family and students bringing the most important purposes in my life all together at one of my favorite places to visit. Many years later, we had an NHD student win 4th place in the country- that was very nice, but whenever I see a student present a work that represents growth and pride in a work of creative history, that is a real win for me in my memory.", says Mr. Werkmeister while talking about one of his best memories at CSHS.

Growing up, Mr. Werkmeister attended and graduated from Richland High School, which is now Pine-Richland High School. Mr. Werkmeister then attended University of Pittsburgh and majored in History and Secondary Education Social Studies, and earned his bachelor's degree while graduating with the class of 1985; he then earned his masters degree at Edinboro University while majoring in social science with a concentration in history and sociology.

Following retirement, Mr. Werkmeister plans to get a job teaching history at a private college, or part time somewhere. He also wants to move closer into the Pittsburgh area to be closer with his family.

While leaving CSHS, Mr. Werkmeister hopes that history day can be kept in a responsible manner and keep working to the stent of its abilities. He also hopes to see our academic field continue to recover from the trauma of COVID-19, and says that even he has been encouraged by the long way that the faculty and students have come.

"My first career survey I remember doing, I said I wanted to be a psychologist. My friend's father was a psychologist and I thought it was a place where I could use my time to help people feel better about themselves. I have always loved history from the youngest age- I liked automobile history and baseball history- and it kind of took off from there. By the end of my freshman year in college, I decided I would teach...", he says when asked if he always wanted to teach growing up. It is very obvious that Mr. Werkmeister fueled himself by helping others, just as he has helped CSHS and our students in unthinkable ways.

As he continues his life outside of ours, his words of encouragement will always enlighten us. He wants to leave us with the words to continue to dream courageously; he wishes that each and every one of his students to strive to be what they envision themselves doing in the future. While his students who are this year's sophomores are transitioning into young adults, he wishes all of them to have the audacity to expect great things out of themselves.

As CSHS leads one of the most encouraging teachers to their end of teaching, we hope this community has served its purpose in your life. The faculty and students have all been fascinated by your stories, mind-blown by your love for everyone, and definitely left with a remembrance of your gratitude. We all hope for the best, and nothing but happiness for you, Mr. Werkmeister!



Ms. Thompson: CSHS Class Act Closes

HAYLEA THOMPSON

Ms. Thompson is going into retirement, after 16 years of teaching at CSHS! Before our school, Ms. Thompson had a handful of experiences in various different places. Ms. Thompson generally teaches 8th grade social studies/history, and says that she loves the team of teachers that she teaches with!

Audrey Bullock, sophomore, says, “I will always remember Colonial Day, that was definitely an experience to remember! I hope Ms. Thompson has an amazing retirement ahead of her, and will always remember the impact that she had on all of her students.”

Hope Brown, sophomore, leaves Ms. Thompson with, “She was one of the sweetest teachers I’ve ever had! I specifically remember three things she cared about most, haha: her animals, her students, and history!”

Ms. Thompson has been teaching for 20 years; teaching was actually her second career! “I started out working for 13 years as a museum educator for the Erie County Historical Society. I really enjoyed my work there, and did things like design exhibits, research projects, and create school programs. Then, I decided I wanted to have more than a brief field trip experience with students, so I went into teaching.”, says Ms. Thompson.

Once she started teaching, Strong Vincent High School is where it all began! After that Ms. Thompson started at Saegertown, and then moved to CSHS. Ms. Thompson attended Duke University, and she majored in history. In 1992, she then went back to school at Edinboro University and got her teaching certificate, as well as her Reading Specialist certification.

As Ms. Thompson was growing up, she had not always wanted to be a teacher, she wanted to be a vet! She worked at a vets office after getting out of college, and realized she just **really** liked the animals she had at and around her house, and not the career! “I’ve got horses, a pig, chickens, a goose, turkeys, dogs, cats, a fish tank, and a guinea pig. I had a hermit crab for many years, but after living for 15 years, he passed away- amazing longevity!”, says Ms. Thompson about her animals!

After retirement, Ms. Thompson plans to enjoy her property and animals, as well as travel to see her kids and her siblings. “My daughter is in Alaska, so that’s always a great adventure. My son is in the DC area, which is a museum mecca- so good reason to visit him! I would also like to return to writing and publishing local history, as I did when I was at the Historical Society. Digging up local history facts through primary sources like newspaper articles, photos, and other documents is very rewarding, because it is a way of telling the story of what happened here and proving it with the evidence that can be found in the primary record. I especially look forward to working more on the life and history of Harry T Burleigh, a prominent African American composer and performer who was born in Erie, PA. He is an integral and illustrative part of the long history of African Americans in Erie.”.

Ms. Thompson says she cannot pick just one favorite memory from CSHS, but the students and staff have made her journey. She has very fond memories of Colonial Day, as well as the Walking Field Trip of Cambridge Springs. National History Day has been a success that Ms. Thompson says it has been very rewarding!

Ms. Thompson would like to leave CSHS with the advice of playing your strengths. “CSHS is a small school with a strong sense of community. There is no need to feel lost in the crowd or forgotten here because there is always someone you can talk to. We may not have as many electives or course offerings as a bigger school, but we provide good quality classes and a personal level of attention that is hard to get at a bigger school. We have dedicated teachers, administrators, and coaches who give 110% to make learning here a positive experience. The faculty here does things for you that other schools don’t- like NHD, Prom to Dawn, one on one working with students, Renew, and more. So, students, take advantage of this- make the effort to do your work, find someone willing to help you if you need it, and make the most of your high school experience. The seniors and recent grads can tell you- your time here flies by and you don’t realize it until it’s gone! I kind of feel the same way myself as I prepare to move on.”

As a school, community, and overall family of CSHS, Ms. Thompson has impacted us all in ways that we will never be able to thank enough. The handprints left on soon-to-be high schoolers, have prepared them through her hands. Thank you, Ms. Thompson, we wish you nothing but the best!



Anatomy students Elizabeth Kline and Adrian Peterman petting the rhino!

