

Middle School Athletics

We are happy to provide opportunities for SPSG middle school students to participate in our after-school athletics program. Opportunities are available for grades 5-8. Participation is optional, but we hope your daughter will consider playing.

The first step to participate is to sign-up: <https://forms.office.com/r/pm7bLLAumW>

Start Dates

Fall Start date: Monday, September 12th

Practice Days/Times

6th – 8th grade Monday – Thursday, 3:45 pm – 4:45 PM

5th grade Monday, Wednesday, and Thursday 3:45 – 4:45 PM

General Information

- All students should report to the Price Gym on Monday, September 12th after school to meet the coaches and learn more about the program.
- All students will participate in the sport for which they sign-up. We will allow a one-week grace period should your child want to switch.
- We expect that we will have two soccer teams and one field hockey team, one cross country squad and one volleyball team.
- Tennis is offered as an introductory clinic for students. Practices are two times each week for six weeks with limited outside competition.
- Please make sure your daughter has all equipment for her respective sport. This includes sticks, racquets, shin guards, mouthguards, protective eyewear and appropriate footwear. Students do not need to bring soccer balls, volleyballs, tennis balls or field hockey balls. The equipment should be left in her classroom.
- Game schedules will be posted by August 1st at [Athletics | All Girls Private School in Brooklandville MD \(stpaulsmd.org\)](#)
- New for this year, 5th grade students will have an opportunity to engage in non-competitive athletic opportunities. Throughout the fall, 5th grade students will have exposure to a variety of sports and games with the goal of introducing them to the many sports we offer. No equipment is necessary, but supportive athletic sneakers are required.

Pick-Up Locations

- Soccer – Front of the school
- Field Hockey – parking area next to the turf field
- Cross Country – parking area next to the turf field
- Volleyball – Front of the school
- Tennis – Parking area by SPSG tennis courts (on left as you drive south on back lane)
- 5th graders should be picked up at the front of the school

Additional Notes

- A mandatory orientation program will be held for all incoming upper school students on Wednesday, August 17th at 5:30 PM. Middle school families are invited to attend.
- A middle school athletic orientation will be offered on Kenzie Day.
- For any additional questions, please contact Athletic Director, Erin Howland, at ehowland@stpaulsmd.org or 443-632-1095.