

Understanding Your Teenager

**A FREE 2-hour workshop for parents and carers
being held at:**

**Lighthorne Heath Children and Family Centre
Stratford Road, CV33 9TW
Monday 23rd May 2022 9:45-11:45 a.m.**

Are you the parent of a teenager?

This 2-hour interactive workshop offers insight into teenage brain development and gives guidance on maintaining a relationship with your teenager. It will build on your current parenting strategies and increase confidence in your parenting approach.



Limited places available

To book a place please scan the QR code

Or visit: <https://www.eventbrite.co.uk/e/understanding-your-teenager-face-to-face-workshop-lighthorne-heath-tickets-306317342417>

or email: michellewallace@warwickshire.gov.uk