

Learn

Enrich

Advance

Discover



# 2022 LEAD COURSE CATALOG

*learn • enrich • advance • discover*

**LAGUNA BEACH  
UNIFIED SCHOOL  
DISTRICT**

***EVERY STUDENT, EVERY DAY***

***CONTINUOUS IMPROVEMENT***

***RELATIONSHIPS MATTER***



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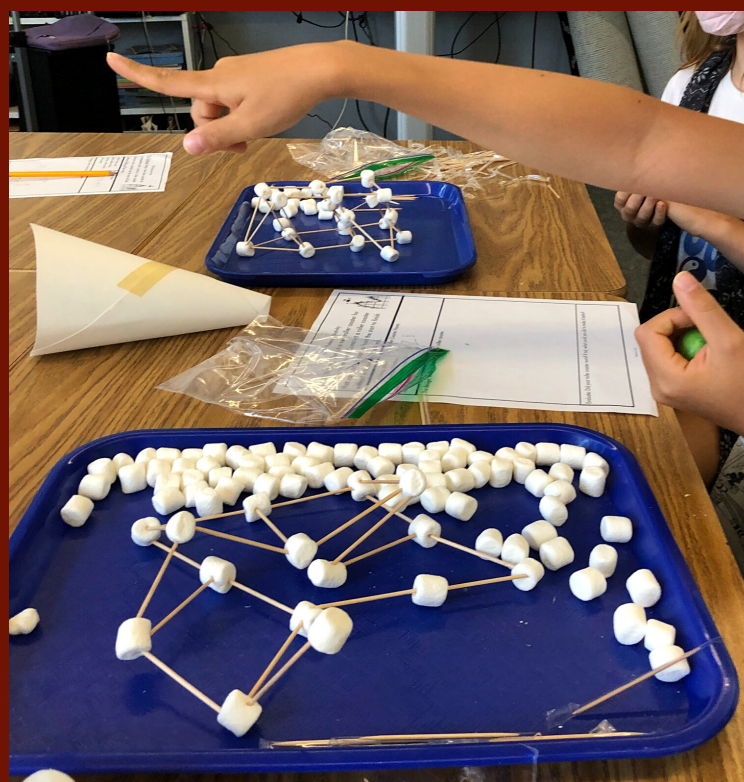
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# *Registration Deadline* Thursday, May 12

*Elementary Course Registration*

*Middle School Course Registration*

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## CONTACT

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# ELEMENTARY COURSES

## ACADEMIC CHESS CAMP

**GRADE LEVELS:** Incoming grades 1–5

**DATES:** July 18–22

**TIME:** 8:00 am–10:00 am OR 12:35 pm–2:35 pm (incoming grades 3–5)  
10:05 am–12:05 pm (incoming grades 1–2)

**LOCATION:** Thurston Middle School

**TEACHER:** Strategic Kids Staff

**COURSE DESCRIPTION:** We bring the game of chess to life at our fun and exciting chess camps where students will learn chess strategies and tactics using our story-based curriculum. Students play outside games with our giant chess set, play a simulation against a master, and more. Camp includes a chess tournament at the end where kids can win trophies and prizes. This camp is for all levels of chess players, from beginners to advanced.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will develop:

- teamwork, leadership, strategy-building, and communication
- the ability to work together and showcase their talents, abilities, and skill while stepping away from technology

## BATTLE ROYALE SPORTS CAMP

**GRADE LEVELS:** Incoming grades 1–5

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am (incoming grades 3–5)  
10:05 am–12:05pm OR 12:35pm – 2:35pm (incoming grades 1–2)

**LOCATION:** Thurston Middle School

**TEACHER:** Strategic Kids Staff

**COURSE DESCRIPTION:** Strategic Kids battle royale program will challenge students' ability to work together and use teamwork. In this thrilling, highly competitive program, teams will compete against each other and earn points to attempt to be the #1 overall team. Students will be placed into teams at random, and go through a variety of different games, sports, and challenges that will require teamwork, strategy, problem solving, and skill! Teams will be evenly divided; will your team have what it takes in this epic team battle?

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will develop:

- teamwork, leadership, strategy-building, and communication
- the ability to work together and showcase their talents, abilities, and skill while stepping away from technology



# ELEMENTARY COURSES

## HANDWRITING CAMP I

**GRADE LEVELS:** Incoming grades 1–2

**DATES:** July 18–22 OR July 25–29

**TIME:** July 18–22 at 8:00 am–10:00 am  
July 25–29 at 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Cherie Francis, LaunchPad Occupational Therapist

**COURSE DESCRIPTION:** Success in handwriting is not reliant on practice alone. This course focuses on the foundational skills for handwriting. The session will be divided into three sections to include: 1) Fun gross motor games (e.g. obstacle courses, climbing with visual targeting) that develop core strength and visual motor skills; 2) Craft Creations that will develop fine motor skills essential for proper grip and endurance for writing; and 3) Handwriting practice under the supervision of licensed occupational therapists in which the students learn handwriting mechanics.

Handwriting Without Tears curriculum will be used in conjunction with activities and exercises to improve core strength, dynamic control, proper grip, proper letter formation, spatial awareness, and proprioception. Prep for writing activities will include sensory strategies for ultimate success. Each day, students will add a take home activity to their kit. On the last day, students will receive a certificate of completion, their fine motor kit and handwriting book at a ceremony celebrating their work.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn handwriting basics, from seat positioning and pencil grip to letter and sentence formation.
- engage in and learn activities to develop fine motor and visual-motor skills
- learn proper handwriting mechanics including letter formation, spacing and adherence to the line

# ELEMENTARY COURSES

## HANDWRITING CAMP II

**GRADE LEVELS:** Incoming grades 3–5

**DATES:** July 18–22 OR July 25–29

**TIME:** July 18–22 at 10:05 am–12:05 pm; 12:35 pm–2:35 pm  
July 25–29 at 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Cherie Francis, LaunchPad Occupational Therapist

**COURSE DESCRIPTION:** Success in handwriting is not reliant on practice alone. This course focuses on the foundational skills for handwriting. The session will be divided into three sections to include: 1) Fun gross motor games (e.g. obstacle courses, climbing with visual targeting) that develop core strength and visual motor skills; 2) Craft Creations that will develop fine motor skills essential for proper grip and endurance for writing; and 3) Handwriting practice under the supervision of licensed occupational therapists in which the students learn handwriting mechanics.

Handwriting Without Tears curriculum will be used in conjunction with activities and exercises to improve core strength, dynamic control, proper grip, proper letter formation, spatial awareness, and proprioception. Prep for writing activities will include sensory strategies for ultimate success. Each day, students will add a take home activity to their kit. On the last day, students will receive a certificate of completion, their fine motor kit and handwriting book at a ceremony celebrating their work.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn handwriting basics, from seat positioning and pencil grip to letter and sentence formation.
- engage in and learn activities to develop fine motor and visual-motor skills
- learn proper handwriting mechanics including letter formation, spacing and adherence to the line

Additional course time added for July 18–22 at 12:35pm! This is perfect for students attending Academic Summer School, which ends at noon.



# ELEMENTARY COURSES

**NEW  
COURSES!**

## INTRO TO MUSICAL THEATRE

**GRADE LEVELS:** Incoming grades 4–5

**DATES:** July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Alexis Karol

**COURSE DESCRIPTION:** Adapted for younger learners, this course will introduce incoming 4th and 5th graders through the major components of the TMS Musical Theatre coursework. Whether students want to work through their stage fright, or they’ve been performing on stage for as long as they can remember, we are providing a safe and encouraging environment for students to explore the Musical Theatre experience. Students should arrive ready to sing, act, move, and create.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- gain an understanding of the Musical Theatre program offerings at TMS
- build skills and values inherent in the musical theatre experience, including collaboration, focus, and creative problem solving
- build confidence while having fun in a supportive, creative environment

## KIDS HIP HOP DANCE

**GRADE LEVELS:** Incoming grades 1–3

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Estee Fratzke

**COURSE DESCRIPTION:** This class is designed for elementary students in Grades 1–3 to learn the fundamentals of Hip Hop dance. Students will be learning basic footwork, grooves, and combinations with an emphasis on rhythm & timing, body coordination, how to work as a team, and how to perform with confidence and energy.

# ELEMENTARY COURSES

## KIDS DANCE PARTY

**GRADE LEVELS:** Incoming grades 3–5

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Estee Fratzke

**COURSE DESCRIPTION:** This class is designed for elementary students in Grades 3–5 to learn the fundamentals of dance including but not limited to the styles of Hip Hop, Jazz, and Ballet. Students will be introduced to basic skills related to these styles in a fun and interactive environment where building confidence and self-esteem is just as important as demonstrating the movement.



**NEW  
COURSE!**

## KOVAC'S KREATIVE KIDS I

**GRADE LEVELS:** Incoming grades 1–2

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Karly Kovac

**COURSE DESCRIPTION:** Kreative Kids allows for the students to show off their artistic abilities and individualism in a way that allows them minimal restrictions and endless fun! In this course, students will be using various processes, media and tools in order to create multiple art masterpieces. All tools and materials will be provided. The students will be making a new masterpiece each day of the course, and will have an opportunity to share their art masterpieces with their peers as well, explaining their process of thinking throughout the duration of creating it.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn to work with various processes, media and tools to create a variety of art masterpieces
- learn the importance of perseverance as well as creative exploration
- build self-confidence



# ELEMENTARY COURSES

## KOVAC'S KREATIVE KIDS II

**GRADE LEVELS:** Incoming grades 3–4

**DATES:** July 25–29

**TIME:** 10:05 am–12:05pm

**LOCATION:** Thurston Middle School

**TEACHER:** Karly Kovac

**COURSE DESCRIPTION:** Kreative Kids allows for the students to show off their artistic abilities and individualism in a way that allows minimal restrictions and endless fun! Students will be using various processes, media and tools in order to create multiple art masterpieces. All tools and materials will be provided. The students will be making a new masterpiece each day of the course, and will have an opportunity to share their art masterpieces with their peers, explaining their process of thinking throughout the duration of creating it.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn to work with various processes, media and tools to create a variety of art masterpieces
- learn the importance of perseverance as well as creative exploration
- build self-confidence

## KOVAC'S KREATIVE KIDS III

**GRADE LEVELS:** Incoming grades 4–5

**DATES:** July 18–22; July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Karly Kovac

**COURSE DESCRIPTION:** Kreative Kids allows for the students to show off their artistic abilities and individualism in a way that allows them minimal restrictions and endless fun! In this course, students will be using various processes, media and tools in order to create multiple art masterpieces. All tools and materials will be provided. The students will be making a new masterpiece each day of the course, and will have an opportunity to share their art masterpieces with their peers as well, explaining their process of thinking throughout the duration of creating it.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn to work with various processes, media and tools to create a variety of art masterpieces
- learn the importance of perseverance as well as creative exploration
- build self-confidence

Additional course time added for July 18–22 at 12:35pm! This is perfect for students attending Academic Summer School, which ends at noon.

# ELEMENTARY COURSES

## LEGO BRICQ MOTION I

**GRADE LEVELS:** Incoming grades 1–3

**DATES:** July 18–22

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Melinda Witt

**COURSE DESCRIPTION:** LEGO® Education BricQ Motion Essential engages elementary school students in STEAM learning as they experiment with forces, motion, and interactions within a sports context. Part of the LEGO® Learning System, BricQ Motion Essential helps foster an understanding of physical science by providing easy, hands-on learning experiences without the need for technology. Students will experience cool “aha” moments as they set bricks in motion.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- demonstrate understanding of forces, motion and interactions
- understand how to assemble a structure made out of Legos
- develop motor dexterity and hand-eye coordination
- build self-confidence



# ELEMENTARY COURSES

## LEGO BRICQ MOTION II

**GRADE LEVELS:** Incoming grades 3–5

**DATES:** July 18–22; July 25–29

**TIME:** July 18–22 at 12:35 pm–2:35 pm  
July 25–29 at 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Ivy Leighton

**COURSE DESCRIPTION:** LEGO® Education BricQ Motion Essential engages elementary school students in STEAM learning as they experiment with forces, motion, and interactions within a sports context. Part of the LEGO® Learning System, BricQ Motion Essential helps foster an understanding of physical science by providing easy, hands-on learning experiences without the need for technology. Students will experience cool “aha” moments as they set bricks in motion.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- demonstrate understanding of forces, motion and interactions within a sports context
- understand how to assemble a structure made out of Legos
- develop motor dexterity and hand-eye coordination
- build self-confidence

**Additional course time added for July 18–22 at 12:35pm! This is perfect for students attending Academic Summer School, which ends at noon.**

# ELEMENTARY COURSES

## LEGO HARRY POTTER MAGICAL STORYTELLERS CAMP

**GRADE LEVELS:** Incoming grades 1–5

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm (incoming grades 1–2)  
12:35 pm–2:35 pm (incoming grades 3–5)

**LOCATION:** Thurston Middle School

**TEACHER:** Strategic Kids Staff

**COURSE DESCRIPTION:** Welcome to Hogwarts! Students will be sorted into their houses to compete in fun & exciting activities & challenges! Campers will use LEGO® to build Harry Potter inspired scenes and stories, creating their own alternate storylines & endings! Campers will also learn the science behind magic tricks using magnets, optical illusion, camouflage, and more! Your child will not want to miss this fun adventure!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- demonstrate understanding of forces, motion, and interactions within a sports context
- understand how to assemble a structure made out of Legos
- develop motor dexterity and hand-eye coordination
- build self-confidence



**NEW  
COURSE!**

# ELEMENTARY COURSES

## MAKERSPACE MASTERS!

**GRADE LEVELS:** Incoming grades 3–5

**DATES:** July 18–22 OR July 25–29

**TIME:** July 18–22 at 10:05 am–12:05 pm  
July 25–29 at 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Caroline Cannan

**COURSE DESCRIPTION:** Welcome to the MakerSpace– a hands-on learning environment with all the tools for creativity and fun! In this 5-day workshop, students in grades 3–5 will engage in various project-based learning "challenges." Students will work together to discuss, question, design, create, and share solutions for realistic and imaginary problems. Students will follow the steps of the engineering process as they plan, build, and evaluate projects made from every-day recycled materials. The steps of the engineering process are:

1. ASK: Define the problem; 2. IMAGINE: Generate ideas and look for connections; 3. PLAN: Explore possible solutions and choose a design; 4. CREATE: Bring your design to life; 5. TEST: Evaluate your progress and collaborate with others; 6. IMPROVE: Make edits as needed; 7. SHARE: Present and test your final product. So, do you think you are ready to MAKE IT? Join us and become a MakerSpace Master!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- apply problem solving ideas to a given challenge.
- design, create, and evaluate solutions to a variety of problems.
- collaborate with and present ideas to their peers.
- view mistakes/failure as opportunities to learn and to grow!



# ELEMENTARY COURSES

## MAKERSPACE MINIONS!

**GRADE LEVELS:** Incoming grades 1-2

**DATES:** July 18-22 OR July 25-29

**TIME:** July 18-22 at 8:00 am-10:00 am  
July 25-29 at 10:05 am-12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Caroline Cannan

**COURSE DESCRIPTION:** Welcome to the MakerSpace- a hands-on learning environment with all the tools for creativity and fun! In this 5-day workshop, students in grades 1-2 will engage in various project-based learning "challenges." Students will work together to discuss, question, design, create, and share solutions for realistic and imaginary problems. Students will follow the steps of the engineering process as they plan, build, and present projects made from every-day recycled materials. The steps of the engineering process are:

1. ASK: Define the problem
2. PLAN: Explore possible solutions and make a design
3. CREATE: Bring your design to life!
4. SHARE: Present and test your final product

So, do you think you are ready to MAKE IT? Join us and become a MakerSpace Minion!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- apply problem solving ideas to a given challenge.
- design, create, and evaluate solutions to a variety of problems.
- collaborate with and present ideas to their peers.
- view mistakes/failure as opportunities to learn and to grow!

# ELEMENTARY COURSES

## MASTER OF THE FIELD SPORTS CAMP

**GRADE LEVELS:** Incoming grades 1-5

**DATES:** July 18-22

**TIME:** 8:00 am – 10:00 am OR 12:35 pm–2:35pm (incoming grades 1-2)  
10:05 am–12:05 pm (incoming grades 3-5)

**LOCATION:** Thurston Middle School

**TEACHER:** Strategic Kids Staff

**COURSE DESCRIPTION:** This thrilling camp gives your child a mental and physical workout while teaching lots of exciting life strategies! Your child will have an opportunity to play fun and interactive outdoor games where students will engage their minds and bodies. Our custom games promote sportsmanship, leadership, teamwork, strategy, and hand-eye coordination. Each day students will play in a variety of different games that will test their skill while they battle against opposing teams! See if you can avoid and dodge hunters while survivors try and maneuver their way through islands in our exciting game, "Island Survivor." Have the chance to see if you can survive the chaos and crossfire of dodgeballs in our game "Civil War." Can you become a true "Master of the Field?!"

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will develop:

- teamwork, leadership, strategy-building, and communication
- the ability to work together and showcase their talents, abilities, and skill while stepping away from technology

# ELEMENTARY COURSES

## ORIGAMI

**GRADE LEVELS:** Incoming grades 1-5

**DATES:** July 18-22

**TIME:** 8:00 am-10:00 am (incoming grades 3-5)  
10:05 am-12:05 pm (incoming grades 1-2)

**LOCATION:** Thurston Middle School

**TEACHER:** Strategic Kids Staff

**COURSE DESCRIPTION:** In origami art camp students will learn the basic folds of paper folding and explore the fun & amazing different uses of origami with challenges and games. Models include paper airplanes, ninja star, transforming ninja star, wind surfer, jumping frog, sumo wrestlers, flipping horse, super boomerang, flapping crane and much more. Every student receives a step by step instruction sheet on what was covered that day & they will take home their creations! Prizes will be awarded every day and students are encouraged to be creative and innovative.



**NEW  
COURSE!**



# ELEMENTARY COURSES

## YOGA

**GRADE LEVELS:** Incoming grades 1–5

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Staci Bina and staff

**COURSE DESCRIPTION:** A place where kids can come to learn more about themselves through yoga, meditation, mindfulness, games, and art. Classes are non-competitive, safe, and creative so kids can focus on physical fitness, building strength in their developing bodies, developing social skills, and practicing relaxation techniques. We will focus on partner and group work, as well as breath work, beautiful visualizations, and animal-inspired yoga poses. Kids will learn to incorporate the principles of yoga not only into their upcoming school year, but their lives forever.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn regulation tools
- develop body awareness
- improve management of stress and anxiety
- boost memory and focus
- improve sleep
- increase optimism and self-esteem
- practice self-love
- experience improved physical health

# MIDDLE SCHOOL COURSES

## ART

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Ivy Leighton

**COURSE DESCRIPTION:** Students will explore and experiment with a variety of art materials and techniques. Art is a unique realm in which mistakes are a part of the process and encouraged as students learn about all the possibilities in an artwork and within their personal styles. This class will include painting, printmaking and fabric dyeing projects.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- demonstrate a variety of watercolor techniques
- demonstrate understanding of relief printmaking techniques
- demonstrate understanding of ice-dyeing methods and processes

## BAND

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 10:05 am–12:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Steven Wade

**COURSE DESCRIPTION:** Students will play fun and challenging music to be able to gain fundamental skills in music performance. Band includes winds & percussion instruments, such as flute, clarinet, saxophone, trumpet, French horn, baritone, trombone, tuba, drums, and piano. All students interested in studying music are welcome. No experience or instrument required. All students will be provided a school instrument if they don't have their own.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- begin to develop important relationships and make friends before school begins
- increase their awareness of pitch, time (tempo), tuning and sight reading in preparation for 6th, 7th and 8th grade music classes
- be challenged at appropriate level, based on experience

# MIDDLE SCHOOL COURSES

## DUNGEONS AND DRAGONS: CREATIVE WRITING AND CHARACTER ROLEPLAY

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Amy Cochren

**COURSE DESCRIPTION:** Dungeon Master Cochren will guide students into a world of imagination in which they will develop a fantasy character and backstory. Mini-lessons in precise and artful word choice, indirect characterization, and suspense-building will be explored. Our spectacular adventure will allow participants to explore a Medieval fantasy world of ferocious monsters, bold adventurers, and nefarious villains. Students may enroll in one week or both weeks, as each week's material will be different.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn strategies of artful word choice, indirect characterization, and suspense building while creating a character and a backstory

## EMBROIDERY

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Ivy Leighton

**COURSE DESCRIPTION:** Students will learn various embroidery stitches including: running stitch, chain stitch, french knots, back stitch, lazy daisy stitch and more! We will practice our stitches and then create an awesome embroidered tote bag or any other items students would like to try stitching on. Embroidery is a great hobby to keep your hands busy and express your style, and is an easy project to travel with. This stitching method requires very few specialty materials making it accessible to all. Come join Ms. Leighton and learn one of her favorite art forms! No experience necessary.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- apply multiple embroidery techniques
- know how to use an embroidery hoop
- learn to split their embroidery floss
- utilize wash-away transfer paper

# MIDDLE SCHOOL COURSES

## ENVIRONMENTAL EDUCATION AND STEWARDSHIP

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** July 18–22 at 10:05 am–12:05 pm  
July 25–29 at 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Gloria Harwood

**COURSE DESCRIPTION:** Do you love being outside and are you curious about our local environment in Laguna Beach? This course is designed for the naturalist at heart! Students will be introduced to local environmental problems in Laguna Beach, and learn how to problem solve and protect the natural environment through conservation and sustainable practices to enhance ecosystem health and resilience. Some activities include naturalist hikes connecting students to local flora and fauna, using experimental design to test local water quality, recording data of atmospheric pollution, understanding various gardening practices and where our food comes from, and designing art projects from recycled materials. This course connects students with the Laguna Beach ecosystem, and helps them understand how individual behavior impacts the environment. Students may enroll in one or both weeks.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- demonstrate a scientific understanding of the physical and biological relationship of the Laguna Beach ecosystem
- analyze the social, economic, and political and policy dynamics involved in both the emergence and the resolution of environmental problems
- explain and analyze our impacts as humans on our local environment



# MIDDLE SCHOOL COURSES

## HEAD START ON THE COLLEGE PATH FOR MIDDLE SCHOOL STUDENTS

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Leah Prettyman

**COURSE DESCRIPTION:** This course will cover reasons to go to college, requirements to get into college, online campus tours, living on campus, college majors, college sports, alternative paths to success, and paying for college.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- gain a general understanding of the requirements for how to get into college
- explore potential colleges of interest
- explore potential college activities
- understand various options for paying for college

## JAZZ ENSEMBLE

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Steven Wade

**COURSE DESCRIPTION:** Students will gain fundamental skills in music performance specific to jazz. Learn important skills in how to improvise, play and identify jazz styles. This class will teach all instruments including woodwinds, brass, strings, guitar, percussion and voice. No experience required! All students will be provided a school instrument if they don't have their own.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- learn fundamental skills in music performance specific to jazz
- learn how to improvise, play and identify jazz styles
- begin to develop important relationships and make friends before school begins
- increase their awareness of pitch, time (tempo), tuning and sight reading in preparation for 6th, 7th and 8th grade music classes
- be challenged at appropriate level, based on experience

# MIDDLE SCHOOL COURSES

## MATH 6 READINESS

**GRADE LEVELS:** Incoming grade 6

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Katie Brown

**COURSE DESCRIPTION:** Thinking tasks, cooperative learning games, growth mindset and more! This one-week summer course is designed to prepare incoming 6th graders for next year's math class by reviewing key content areas covered in 5th grade math. We will reinforce important concepts and help fill in existing gaps in student understanding. Topics covered include operations with fractions and decimals, understanding geometric concepts, and writing numerical expressions.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- engage with math through fun and interactive activities
- build confidence in their identity as a math learner
- reinforce 5th grade math skills

## MATH 7 READINESS

**GRADE LEVELS:** Incoming grade 7

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Katie Brown

**COURSE DESCRIPTION:** Thinking tasks, cooperative learning games, growth mindset and more! This one-week summer course is designed to prepare incoming 7th graders for next year's math class by reviewing key content areas covered in 6th grade math. We will reinforce important concepts and help fill in existing gaps in student understanding. Topics covered include operations with fractions and decimals, ratios, percents, and one-step equations.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- engage with math through fun and interactive activities
- build confidence in their identity as a math learner
- reinforce 6th grade math skills

# MIDDLE SCHOOL COURSES

## MATH 8 (INTRO TO ALGEBRA) READINESS

**GRADE LEVELS:** Incoming grade 8

**DATES:** July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Katie Brown

**COURSE DESCRIPTION:** Thinking tasks, cooperative learning games, growth mindset and more! This one-week summer course is designed to prepare incoming 8th graders for next year's math class by reviewing key content areas covered in 7th grade math. We will reinforce important concepts and help fill in existing gaps in student understanding. Topics covered include solving multi-step equations and inequalities, graphing and writing linear equations, and geometric concepts.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- engage with math through fun and interactive activities
- build confidence in their identity as a math learner
- reinforce 7th grade math skills

## MIDDLE SCHOOL STUDENT'S GUIDE TO RULING THE WORLD!

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 OR July 25–29

**TIME:** July 18–22 at 12:35 pm–2:35 pm  
July 25–29 at 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Leah Prettyman

**COURSE DESCRIPTION:** Learn the skills needed to survive and succeed in middle school. This course will teach students organizational skills, study skills, taking notes, essay organization, homework habits, and a positive mental attitude.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- understand the campus and daily schedule at TMS
- gain organizational skills, study skills, note-taking skills, essay organization, positive homework habits, and a positive mental attitude

# MIDDLE SCHOOL COURSES

## MONEY MATTERS! HOW TO MANAGE YOUR MONEY AND MAKE IT WORK FOR YOU

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Leah Prettyman

**COURSE DESCRIPTION:** In this course students will learn about consumer habits and skills, checking accounts, different types of payments, credit, and the basics of budgeting, saving, investing, insurance, how to protect your financial identity online, and ways to pay for college.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- gain a general understanding of how money works
- gain the knowledge and underlying skills needed for financial success.

## MUSICAL THEATRE PREVIEW

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Alexis Karol

**COURSE DESCRIPTION:** Whether you want to work through your stage fright or you've been performing on stage as long as you can remember, we are providing a safe and encouraging environment for students to explore Musical Theatre. Each course is one week long and walks students through the major components of our project-based coursework, helping to paint the picture of a typical day in our classroom, while building a strong cohort of leaders for the years to come! Students should arrive ready to sing, act, move, and create. Students may enroll in one week or both weeks, as each week's material will be different.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- be prepared to participate in the Musical Theatre program at TMS
- build skills and values inherent in the musical theatre experience, including collaboration, focus, and creative problem solving
- build confidence while having fun in a supportive, creative environment



# MIDDLE SCHOOL COURSES

## MYTHOLOGY MANIA

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Amy Cochren

**COURSE DESCRIPTION:** Students will be introduced to Greek mythology exploring the Olympians, impressive mortals, and beastly monsters. We will read a variety of exciting myths, create our own unique trading cards, and participate in Jeopardy-style competitions. Students may enroll in one week or both weeks, as each week's material will be different.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- be introduced to the Olympians, impressive mortals, and beastly monsters
- become familiar with the characteristics of Greek mythology

## PHOTOGRAPHY

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Ivy Leighton

**COURSE DESCRIPTION:** Looking to improve your photography skills or learn about photography in general? This is the class for you! In this course, students will learn about multiple photography techniques and styles. We will be using DSLR cameras and learning a few simple editing techniques. We will learn about black and white photography, the use of color, perspective, posing, portraits and different contemporary and historical photographers. No previous experience necessary!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- know the basics of using a DSLR camera
- be able to identify and use multiple shooting modes
- successfully transfer their photos from the camera to the computer/phones
- identify multiple compositional photographic techniques
- take many styles of photographs
- perform a few basic editing procedures

# MIDDLE SCHOOL COURSES

## SCIENTIFIC LITERACY

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** July 18–22 at 12:35 pm–2:35 pm  
July 25–29 at 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Gloria Harwood

**COURSE DESCRIPTION:** Expand your skills in reading and writing with engaging, hands-on labs in science! Students will perform a lab each course day. The labs will contain topics in physical, life, and earth science. Each lab will give students the opportunity to collect and analyze data that they observed. With this data, students will practice their argumentative writing skills in making appropriate claims that are supported with evidence and reasoning. Students will practice citing and annotating informative texts that are based upon real-world scenarios.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- construct an argument supported by evidence and reasoning by carrying out scientific investigations
- comprehend informative texts of current events in science

# MIDDLE SCHOOL COURSES

## STEAM

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** July 18–22 at 8:00 am–10:00 am  
July 25–29 at 12:35 pm–2:35 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Gloria Harwood

**COURSE DESCRIPTION:** Science, Technology, Engineering, Art and Math... oh my! Explore all aspects of STEAM through this project-based learning course. Students will strengthen skills in critical thinking and problem solving with hands-on learning to solve real-world problems, and apply what they learned by designing & operating various prototypes! If you love design, building, tinkering and everything in between, you will love this class! Students may enroll in one week or both weeks.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- apply the seven principles of the engineering design process to construct various prototypes
- code and program robotics
- construct systems of propulsion, such as bottle rockets and Newton's cars
- build a hydraulic system that can pick up common objects in the classroom
- design a gaming platform through Scratch coding

# MIDDLE SCHOOL COURSES

## STRINGS

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Thurston Middle School

**TEACHER:** Steven Wade

**COURSE DESCRIPTION:** Students will play fun and challenging music to be able to gain fundamental skills in music performance. Strings include violin, viola, cello, bass, and piano. Play fun music and prepare for fall music classes. No experience or instrument required. All students will be provided a school instrument if they don't have their own.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- begin to develop important relationships and make friends before school begins
- increase their awareness of pitch, time (tempo), tuning and sight reading in preparation for 6th, 7th and 8th grade strings/orchestra classes
- be challenged at appropriate level, based on experience

## SUSPENSEFUL SHORT STORY WRITING

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Amy Cochren

**COURSE DESCRIPTION:** Students will explore plot components, theme, point of view narration, and indirect characterization. Mentor texts will be presented for modeling, and students will practice various suspense-building strategies while drafting their own horror or fantasy story. Students may enroll in one week or both weeks, as each week's material will be different.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- be able to identify the parts of plot, first and third-person narration, and methods of indirect characterization while drafting their own short stories



# MIDDLE SCHOOL COURSES

## YOGA

**GRADE LEVELS:** Incoming grades 6–8

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Thurston Middle School

**TEACHER:** Staci Bina and staff

**COURSE DESCRIPTION:** Take some time for yourself this summer to destress, unwind and gather tools to take with you into next school year to battle stress, anxiety and social pressure. This is a course for kids and teens to find age-appropriate wellness for both mind and body, while connecting with each other and having fun with games, art, group and partner poses, and more!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- experience a reduction of stress and anxiety
- experience boosted memory and focus
- obtain better sleep
- reduce rumination
- increase optimism and self-esteem
- improve physical health

# HIGH SCHOOL COURSES

## AP BIOLOGY READINESS

**GRADE LEVELS:** Incoming grades 11–12; must be enrolled in AP Biology for 2022–23 school year

**DATES:** July 18–22

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Jennifer Park

**COURSE DESCRIPTION:** This course is designed to prepare students for the AP biology course. Students will participate in laboratory investigations to design a scientific experiment with appropriate controls and collect data in small groups. Students will individually analyze the data to identify the key patterns and construct evidence-based explanations. Students will also work on practice problems to review the essential terms and concepts from their prior science classes.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- work collaboratively to design a laboratory investigation and collect data
- analyze experimental data in the form of a graph, mathematical calculations, and written analysis
- construct a scientific explanation using the key biology and chemistry terms and concepts

# HIGH SCHOOL COURSES

## BEYOND SPANISH 2

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Laguna Beach High School

**TEACHER:** Jim Garvey

**COURSE DESCRIPTION:** A focused Spanish course to improve listening, speaking, reading, and writing skills developed in and beyond Spanish 2. A great course for students who want to level up, take Spanish 2 Honors, or just sharpen their skills and receive targeted instruction to make next year better. If you want to gain confidence in your Spanish language skills, this is a good course for you!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- understand the main ideas of short story narrations
- improve linguistic control including use of past tenses, pronouns, and basic sentence structure
- read and deeply understand a short story in Spanish
- compose a short paragraph in Spanish highlighting main events of a short story
- be more confident and a better risk taker when using Spanish

# HIGH SCHOOL COURSES

## BREAKER FRESHMAN EDGE

**GRADE LEVELS:** Incoming grade 9

**DATES:** July 18–22

**TIME:** 12:35 pm – 2:35 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Nichole Rosa

**COURSE DESCRIPTION:** Incoming Freshmen! Do you want to get an edge on high school? Then join us for a week-long class to get to know all things Laguna Beach High School and get a head start on the important “need-to-know” information to be successful in high school and beyond. Mrs. Rosa, an LBHS counselor, will lead students through a week of interactive lessons.

Example topics/activities:

- Get to know yourself! Pair your personality with potential future careers
- Create your four-year academic plan and map out your high school experience
- Tour the LBHS campus and learn about clubs, athletics, support services, etc.
- Learn about post-high school options that fit YOUR likes/needs
- Learn about the college system (UC/CSU/Private)
- Learn necessary study skills to stay up on your grades
- Make a Difference: Explore local and impactful opportunities for community service

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will understand:

- to create greater self-awareness
- increase confidence
- maximize the HS experience as students embark on their LBHS journey

# HIGH SCHOOL COURSES

## JAZZ ENSEMBLE

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 18–22

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Steven Wade

**COURSE DESCRIPTION:** No experience required! Students will develop skills in music performance specific to jazz. They will also learn how to improvise, play and identify jazz styles and develop individual and ensemble sound. This class is for all jazz instruments, including woodwinds, brass, strings, guitar, percussion and voice. Music will be level appropriate and challenging based on student experience. All students will be given a school instrument if they don't have their own.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- gain fundamental skills in music performance specific to jazz
- learn important skills in how to improvise, play and identify jazz styles
- begin to develop important relationships and make friends before school begins
- increase their awareness of pitch, time (tempo), tuning and sight reading in preparation high school and college

## JUMPSTART ENGLISH 9 SUCCESS

**GRADE LEVELS:** Incoming grade 9

**DATES:** July 25–29

**TIME:** 8:00 am–10:00 am

**LOCATION:** Laguna Beach High School

**TEACHER:** Melinda Hawkins

**COURSE DESCRIPTION:** In this class we will jump into The Alchemist, the first novel for the English 9 classes at LBHS. This exciting novel will come to life as we get to know the characters and immerse ourselves in their stories. We will create visuals for the vocabulary, read together some key passages to help make connections and practice the secrets of success in answering comprehension questions and writing successfully across your courses. Come get a jumpstart for a successful year in English 9.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- successfully connect to vocabulary, plot, themes, and characters for LBHS ENGLISH 9 class



# HIGH SCHOOL COURSES

## JUMPSTART ENGLISH 10 SUCCESS

**GRADE LEVELS:** Incoming grade 10

**DATES:** July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Melinda Hawkins

**COURSE DESCRIPTION:** Come get a jumpstart for a successful year in English 10. In this class we will jump into The Life of Pi, the first novel for the English 10 classes at LBHS. This exciting novel will come to life as we get to know the characters and immerse ourselves in their stories. We will create visuals for the vocabulary, read together some key passages to help make connections and practice the secrets of success in answering comprehension questions and writing successfully across your courses.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- successfully connect to vocabulary, plot, themes, and characters for LBHS ENGLISH 10 class

## JUMPSTART ENGLISH 11 SUCCESS

**GRADE LEVELS:** Incoming grade 11

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Melinda Hawkins

**COURSE DESCRIPTION:** Come get a jumpstart for a successful year in English 11. In this class we will jump into The Crucible, the first reading selection for the English 11 classes at LBHS. This exciting play will come to life as we get to know the characters and immerse ourselves in their stories. We will create visuals for the vocabulary, read together some key passages to help make connections and practice the secrets of success in answering comprehension questions and writing successfully across your courses.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- successfully connect to vocabulary, plot, themes, and characters for LBHS ENGLISH 11 class

# HIGH SCHOOL COURSES

## MODEL UNITED NATIONS (MUN) SUMMER BRIDGE PROGRAM

**GRADE LEVELS:** Incoming grade 9

**DATES:** July 18–22 AND July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Jonathan Todd and Jun Shen

**COURSE DESCRIPTION:** This class is for students seriously considering joining MUN as a 9th grader at LBHS. Students who have already participated in at least two conferences as an 8th grader are not required to attend the summer bridge course, but are welcome to. This course will prepare incoming 9th graders for the rigors of MUN.

**EXPECTED LEARNING OUTCOMES:** Throughout this course, students will:

- study United Nations history, structure, and procedure
- be mentored by LBHS MUN delegates
- study fundamental principles of economics and political science
- study current global geopolitics
- develop research and analytical skills
- refine public speaking and debate skills
- practice the art of international diplomacy
- participate in the MUN committee simulations

## OPEN LEVEL DANCE TECHNIQUE

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 18–22

**TIME:** 8:00 am–10:00 am

**LOCATION:** Laguna Beach High School

**TEACHER:** Estee Fratzke

**COURSE DESCRIPTION:** This class is designed for high school students to train in ballet, jazz, and contemporary technique with an emphasis on increasing strength, flexibility, coordination, and confidence in their class-taking practices.

# HIGH SCHOOL COURSES

## OPEN LEVEL DANCE PERFORMANCE

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Estee Fratzke

**COURSE DESCRIPTION:** This class is designed for high school students to enhance their dance performance skills. Students will be learning a routine over the course of the week with an emphasis on memorizing choreography, increasing spatial awareness, and applying appropriate performance qualities such as facial expressions, musicality, projection, focus, and teamwork. Students are highly encouraged to take Session 1.

## PRE-AP SPANISH LITERATURE AND CULTURE

**GRADE LEVELS:** Incoming grades 10–12

**DATES:** July 25–29

**TIME:** 10:05 am–12:05 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Jim Garvey

**COURSE DESCRIPTION:** This course is designed for students interested in taking AP Spanish Literature and Culture. The goal is to get a jump start on our AP curriculum and avoid having to read over the summer. This course is designed for students who have already taken Spanish 5/5H and/or AP Spanish Language and Culture. If you want to avoid the summer assignment, this course is for you!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- understand the six themes from AP Spanish Literature and Culture
- understand the format of the AP Spanish Literature and Culture exam
- understand and analyze our first two literary pieces: the short story, *Lo que aconteció a un mancebo que se casó con una mujer fuerte y brava*, & the poem *Romance de la Pérdida del Alhama*
- understand 10 literary devices in Spanish
- understand and apply CLOSE reading strategy to better understand literary pieces

# HIGH SCHOOL COURSES

## RESEARCH WRITING SKILLS: SOLDIER EXPERIENCES THROUGH FILM – PREPARING STUDENTS FOR COLLEGE AND CAREER THROUGH RESEARCH, ANALYSIS, AND WRITING

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 18–22 and July 25–29 (two-week long course)

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Shelby Anderson

**COURSE DESCRIPTION:** This course explores American soldiers' experiences during war through film and develops effective database research skills. Students will watch 5 films that follow the journey of American soldiers through all major U.S. Wars (Revolutionary War, Civil War, WWI, WWII, and Vietnam War). Films include: *The Patriot*, *Glory*, *The Lost Battalion*, *Saving Private Ryan*, and *We Were Soldiers*. Please be aware of these films' ratings (Most are R due to war-related violence/language; please [view the film list](#) in advance before registering).

After viewing a film, students will have the opportunity to choose a theme of focus to guide their viewing and database research, such as leadership, weaponry, uniform/kit, race/equality, strategy, etc. Students will be answering the question "How has the soldier experience of (theme) changed over the course of U.S. history?" by writing a cumulative report and pulling evidence from the films and their research.

This summer enrichment course supports students in the practice of research, analysis, and writing, while also giving them the freedom to explore a topic of their choice within the theme of American military history. In the 21st century, quick, effective, and substantive data research is a much-needed skill for students in college and beyond. LBUSD has a wide variety of academic research databases at the student's fingertips, however many students are not confident or familiar with effective research practices.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- comfortably and effectively utilize district databases for research
- develop deep analytical skills connecting primary and secondary sources with overall arching themes
- be able to independently choose strong/substantive evidence that supports their chosen thesis
- translate visual evidence from films into written evidence for thesis support
- gain a deeper understanding of overarching themes of the U.S. military history that impacts present-day policy and American life

# HIGH SCHOOL COURSES

## STUDENT SUCCESS: EVERY FIRST HAS A STORY

**GRADE LEVELS:** Incoming grades 9–10

**DATES:** July 18–22

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Ivonne Redard

**COURSE DESCRIPTION:** Will you be the first in your family to apply for college? Does the idea of calculating your Grade Point Average, understanding Advanced Placement and Honors courses, Dual Enrollment, applying for financial aid, and completing college applications sound overwhelming? The Student Success: Every First Has A Story Program will equip first-generation college students with foundational knowledge that encompasses academic preparedness, high school graduation requirements, college affordability, college and career pathways, and what questions to ask along the way. Participants will hear stories from individuals who were also first-generation college students and develop an enhanced understanding of how to leverage their identities and experiences as invaluable when exploring higher education. This course is available for incoming 9th graders and rising 10th graders. If space and availability permits, rising 11th and 12th graders may be considered.

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will understand:

- the importance of higher education in their future
- the school structure and what is important at each grade level
- how to track academic progress
- when and how to prepare for college and career
- the importance of education for a better career and life
- how to develop a social network and support group for each other
- the insight of other first-generation trailblazers and what they did to reach their dreams



# HIGH SCHOOL COURSES

## TEEN LEADERSHIP ACADEMY

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 25–29

**TIME:** 8:00 am–5:00 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** School Resource Officers, Fred Yeilding and Ashley Krotine

**COURSE DESCRIPTION:** The Teen Leadership Academy is a leadership development course for students who will be enrolled in High School in the fall. The mission of the Teen Leadership Academy is to provide a well-rounded foundation of education for future leaders of Laguna Beach. Through a variety of classes, field trips, interactions, and guest speakers, students will be introduced to principles designed to enable them to become effective teenage leaders and eventual adult leaders in their communities.

*Breakfast and lunch are provided daily.*

**EXPECTED LEARNING OUTCOMES:** Throughout this course, students will:

- learn from guest speakers and community leaders
- with classes focusing on leadership principles and skills necessary for success
- participate in field trips to visit professional sports teams with meet and greets
- develop necessary skills to enter the workforce
- develop an appreciation for tolerance and diversity
- avoid common pitfalls regarding drinking, driving, drugs, and social media
- understand the importance of community service

# HIGH SCHOOL COURSES

## YOGA

**GRADE LEVELS:** Incoming grades 9–12

**DATES:** July 18–22 AND/OR July 25–29

**TIME:** 12:35 pm–2:35 pm

**LOCATION:** Laguna Beach High School

**TEACHER:** Staci Bina and staff

**COURSE DESCRIPTION:** Take some time this summer to destress, unwind and gather tools to take with you into next school year to battle stress, anxiety, and social pressure. A course for kids and teens to find age-appropriate wellness, mind and body while connecting with each other and having fun!

**EXPECTED LEARNING OUTCOMES:** By the end of this course, students will:

- experience a reduction of stress and anxiety
- experience boosted memory and focus
- obtain better sleep
- reduce rumination
- increase optimism and self-esteem
- improve physical health