

Standing Order for Allergic Reaction (Anaphylaxis)

453.5-Rule

Anaphylaxis is an allergic reaction that may be triggered by a food allergy, insect sting or drug reaction. **If a person with a known history of severe allergic reaction is exposed to a known allergen, activate the emergency medical services immediately. Do not wait for symptoms to develop.**

In the event of an anaphylaxis of a student, staff member or community member and the person does not have their own prescribed Epi-Pen; Epinephrine will be administered by a district school nurse or health assistant according to the following procedure.

1. Assess the person for symptoms of shock or respiratory distress.
 - a. **Respirations:** may be wheezy, labored or absent
 - b. **Pulse:** may be rapid, weak or difficult to detect
 - c. **Color:** may be pale, mottled or cyanotic
 - d. **Skin:** may be cool, moist or clammy; urticarial (hives) may be present, nail capillary refill time may exceed two seconds
 - e. **Blood pressure:** may be low or undetectable
 - f. **Mucous Membranes:** may be swollen (Eyes, nose and mouth)
 - g. **Other:** stupor, agitation, restlessness, vomiting, diarrhea, headache and unconsciousness
2. Monitor the airway, keeping it open. As needed remove secretions/vomit and assist with ventilation.
3. If person has ANY signs or symptoms of an allergic reaction and if no other specific physician order is available, administer epinephrine as follows:
 - a. **Under 60 pounds**
 - i. First dose: Epi-Pen Jr. (0.15 mg epinephrine) according to Epi-Pen Jr. directions.
 - ii. Subsequent injections may be given every 15-20 minutes, in accordance with observed symptoms (Section 1 above) or instruction from 911 center, if available.
 - b. **Over 60 pounds**
 - i. First dose: Epi-Pen (0.3 mg epinephrine) according to Epi-Pen directions.

- ii. Subsequent injections may be given every 15-20 minutes, in accordance with observed symptoms (Section 1 above) or instruction from 911 center, if available.
- c. Epi-Pen or Epi-Pen JR may be administered through clothing.
 - i. Pull off blue safety cap.
 - ii. Form fist around injector, keeping fingers away from orange tip.
 - iii. Swing back slightly, and jab firmly into outer thigh.
 - iv. Hold in place for at least 10 seconds. Massage area
 - v. Discard injector in sharps container or provided plastic case
 - vi. Stay with student until EMS arrives.
 - vii. Record event on health service log, and incident report.

4. First Aid

- a. Lay person flat, facing up (supine position); raise feet 8 to 12 inches. (Position on side if vomiting.)
- b. Keep person warm, but not overheated.
- c. Do not administer any solid or fluid by mouth.
- d. If bee stinger is noted in skin, remove by gently scraping at skin level.
- e. Monitor person closely, as sudden clinical deterioration can occur despite treatment.
- f. **DO NOT LEAVE THE PERSON ALONE!**

ANY TIME EPI-PEN IS GIVEN CALL 911

If known, state that the person has a peanut/bee/allergy and has been exposed/stung. State that Epi-Pen has been given and time of medication if known.

Physician Signature

Date

School Nurse Signature

Date

School Nurse Signature

Date

Director of Student Services

Date

Adopted: April 2012