

PLAYER PROFILE:

ZOE BISHOP



STATS AT A GLANCE:

Sport(S):
Soccer, Basketball, Ultimate

Position(S): **Outside Midfielder/Center Forward, Guard, Cutter**

Height: **5'2"**

Grade: **12**

Foot Size: **7.5**

Soccer Awards:
First Team All State, 2022

Emerald Sound Conference Most Valuable Player 2021

Emerald Sound Conference Leading Scorer (13 goals, 16 assists)

Emerald Sound Conference 1st-Team All-League (Fall 2021)

3 SPORTS AT SAAS

*Seattle Academy Girls Varsity Soccer
Seattle Academy Girls Varsity Basketball
Seattle Academy Girls Varsity Ultimate
Seattle United ECNL-RL Club Soccer*

Marc: *How long have you been a three-sport athlete?*

Zoe: I just started playing basketball my junior year, so two years. I have played soccer and Ultimate every year since middle school – so two sports every year until I was a junior.

Marc: *Why do you play three sports? Why do you play sports all year round? What attracts you to playing sports?*

Soccer Team Awards:
**2nd Place Team in 2021 State Tournament
2019 State Champions
2019 League Champions**

Ultimate Frisbee Awards:
Emerald Sound Conference 1st-Team All-League (Winter 2021)

Ultimate Frisbee Team Awards:
Emerald Sound Conference Champions (Winter 2021)

Zoe: One reason is I enjoy the competition. I also love being a part of the community. I enjoy the team aspect of the sports that I play. I would also say that it's nice to get outside and challenge myself personally to become both a better teammate, individually a more skilled athlete and I like having a variety of sports to mix it up so I'm not always doing the same thing. It's a nice change of pace.

Marc: *What would be your advice to anyone that was thinking of playing three sports or sports all year round?*

Zoe: Probably time management. It's definitely doable, you just have to focus and make sure you are using your breaks and time well.