	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WK 1	May 1, 2022	May 2, 2022	May 3, 2022	May 4, 2022	May 5, 2022	May 6, 2022	May 7
This is your "Get Ready" week! Yes, it's break time	NOTE - AP Prep not included HOW TO USE THIS CALENDAR:	 A) MAKE A COPY OF THIS CALENDAR B) DELETE ANY CLASSES THAT YOU DO NOT HAVE 	C) ADD IN ANY SPECIAL STUDY SESSIONS PLANNED BY YOUR TEACHERS OR PEERS AP Psych EXAM	D) If you have double Science or Humanities classes, please plug in extra study time for that.	NOTE: this is set up as a general guide leading up to exam week - alter work May 21 & 22 to be prepared for Blocks A & B exams as necessary	Use this week to finish work in any class still lagging. Be sure to start next week leaving nothing behind. APUSH Exam	Each subject has 2 study sessions. PLAN one last review THE DAY BEFORE each exam day.
WK 2	May 8, 2022	May 9, 2022	May 10, 2022	May 11, 2022	May 12, 2022	May 13, 2022	May 14
Approx. 45-60 min. per subject;	1st 11th grade Business Mgmt. AND MYP Physics prep time;make graphic organizers, flash cards, etc.	1st English prep time; make graphic organizers, flash cards, etc. AP CALC EXAM AP CompSci EXAM	1st Science prep time; make graphic organizers, flash cards, etc. Determine if you are missing any notes or work.	1st Math prep time; make graphic organizers, flash cards, etc. Determine if you are missing any notes or work.	1st World Language & DPDesign prep time; make graphic organizers, flash cards, etc. Determine if you are missing any notes or work.	1st Humanities prep time; make graphic organizers, flash cards, etc. Determine if you are missing any notes or work.	1st 11th grade CS prep time;make graphic organizers, flash cards, etc. Determine if you are missing any notes or work.
WK 3	May 15, 2022	May 16	May 17, 2022	May 18, 2022	May 19, 2022	May 20, 2022	May 21, 2022
Approx. 45 - 80 min. per subject	Devote time to reading anything you rushed through in any class this semester.	2 nd English Review Time	2 nd Science Review Time EXAM REVIEWS IN ALL CLASSES	2 nd Math review time EXAM REVIEWS IN ALL CLASSES	2nd World Language & DP Design review Time EXAM REVIEWS IN ALL CLASSES	2nd Humanities Review Time EXAM REVIEWS IN ALL CLASSES	Last chance to get anything done you are missing from the semester! Give yourself a brain break! Do something FUN!
WK 4	May 22	May 23	May 24	May 25	May 26	May 27	
Approx. 45 - 80 min. per subject	Do final reviews for each subject the day/evening before each exam	BLOCK A BLOCK B	BLOCK C BLOCK D	BLOCK E BLOCK F	BLOCK G BLOCK H	Make-Up exams	Have a wonderful summer!

May 2022 Semester 2 EXAM SCHEDULE

Exam schedule for 9th-11th:

*see below for extended time students

		Block
Monday May 23	8:30am-10:00am	A
	10:30am-12:00pm	В
Tuesday May 24	8:30am-10:00am	С
	10:30am-12:00pm	D
Wednesday May 25	8:30am-10:00am	E
	10:30am-12:00pm	F
Thursday May 26	8:30am-10:00am	G
	10:30am-12:00pm	Н
Friday May 27	Make-up exams 8:30am-12pm	

EXAM SUCCESS TIPS

- Take care of yourself Eat well, exercise and get plenty of sleep! Drink water to keep your brain and yourself hydrated. There is plenty of research that shows that the right foods on test day and the week(s) leading up to test day can improve test scores.
- Plan your study space. Studying in your bed is the worst place to study. After all, beds are for sleeping! Find the right space with the right lighting and right noise level. Remember you need space to spread out your materials.
- Create a study plan (use the template). For some exams you may need a total of 8 or so hours spread out over 4-5 days, so planning for this is essential! If you work with a tutor, confirm appointments as tutors often book up early. Time management of studying decreases anxiety.
- Plan how you will study. Will you make note cards? Will you make Quizlets? Are you going to set up a Google shared document and create study guides with a friend? Plan ahead. Research shows that those who write out a plan achieve their goals more than those who do not! Use the Active Study Tips in this document.
- Organize your materials. Go through all of those papers shoved in your textbooks, jammed in your lockers, and in the bottom of your backpacks. Separate and organize your papers by subject area. Go through all of your old tests, quizzes, and homework assignments. Make corrections. Many teachers pull exam questions directly from previous work. As you review materials, think about what questions he or she may ask. Prepare for essay questions by predicting questions and practice outlining or writing out the answers.
- Study in manageable chunks. Research shows that a 20-10 study chunk is best: 20 minutes actively studying and 10 minutes of a physical activity like shooting hoops, running, or jumping on the trampoline. This allows the brain to consolidate information in the same way that sleep does which is essential for retention. Study early in the day on the weekends when your brain is rested and fresh.
- Repetition is key! The Rule of 7 can help you! Research shows that seven meaningful repetitions lead to mastery. Schedule enough separate study times to allow for multiple exposure to the material.
- LIMIT YOUR DISTRACTIONS! Cell phones, music, social media, notifications & text messages will negatively impact your studying. When you schedule time to study, plan on cutting yourself off from all distractions. There are apps and computer programs to help you block out distractions.
- Don't study what you already know. We often enjoy and feel good studying things we know. This is a waste of precious study time. Stay focused on finding the information you don't understand. Work to break it down in a simpler way to understand it better.
- Attend Help Sessions. If a teacher schedules exam help sessions GO TO THEM! This is a perfect time to get the answers to the material you do not understand or to listen to one more review. Plan to spend time in your teacher's room listening to others' questions and the answers teachers give, plus time asking your own questions.

Examples of Active Study Strategies

Preparation Strategies	Review Strategies
• Develop study sheets	• Recite study sheets
• Develop concept maps	Replicate concept maps
• Make word cards	• Recite word cards
Make question cards	Recite question cards
• Make formula cards	Practice writing formulas
• Make problem cards	Work problems
• Make self-tests	• Take self-tests
• Do study guides	• Practice study guide info out loud
• Re-mark text material	• Take notes on re-marked text
• Make a list of 20 topics that would	• Recite list of 20
be on the exam	• Do "missed" problems
• Define the list of 20	• Recite main points from outline
• Do problem	• Recite notes from recall cues
• Outline	• Recite out loud
Summarize material	• Re-create chart from memory
• Chart related material	• Recite steps from memory
• List steps in the process	 Answer essay questions
• Predict essay questions	• Practice reciting main points
• Plan essay answers	• Write essay answers from memory
• Write essay answers	• Recite answers
• Answer questions at the end of the	• Explain material to group
chapter	members or study partners
• Prepare material for study group	