



# Xavier Wrestling Contact Days

Xavier HS – Torchy Gym  
June 16, 23, 30  
July 14, 21  
8:00 – 9:30 AM

Participant's Name \_\_\_\_\_ Grade (2021-22) \_\_\_\_\_

Parent Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**The cost of the contact days are free.** Our contact day is open to upcoming 10th-12th graders 1 ½ hours in length for 5 days over the summer. Emphasis is placed on Takedowns, Pinning Combinations, and Offensive Mat Wrestling.

**Adult T-Shirt Size** (circle one): S M L XL XXL

**RETURN FORM TO:**

Coach Jeff Greuel  
Xavier Wrestling Camp  
1600 W. Prospect Ave.  
Appleton, WI 54914

**Parents' Release and Indemnity agreement:** *I hereby release the camp, instructors, directors and Xavier High School for all claims on account of injuries, which may be sustained by my son/daughter while attending the camp/contact days. I agree to indemnify Xavier Wrestling for each claim, which hereafter be presented by my son/daughter as a result of any injuries. I also certify that my son/daughter is medically fit to participate in your camp.*

Parent signature & Date \_\_\_\_\_