



# Here's [HOW] you can maximize your oral health at no additional cost.

A healthy mouth is a vital part of your overall health, and Delta Dental of Idaho cares about yours. That's why we're introducing Health *through* Oral Wellness® (or, HOW® for short). HOW is a unique, patient-centered program that adds additional benefits to your dental plan, based on your individual oral health needs. By having your dentist perform a simple risk assessment, you may have access to additional preventive and health-sustaining benefits.

## HOW TO GET STARTED:



*First*, check with your employer to make sure your company is participating in the HOW program.



*Second*, simply request a free Health *through* Oral Wellness (HOW) risk assessment at the beginning of your dental visit.



*Third*, if you qualify based on your results, Delta Dental of Idaho will release, or 'unlock' specific additional benefits without an increase in premium.

## BELOW ARE JUST SOME OF THE BENEFITS THAT MAY BE COVERED BASED ON RISK SCORES

- ✓ Additional cleanings
- ✓ Fluoride (*child and adult*)
- ✓ Oral hygiene instruction, nutritional counseling, or tobacco cessation counseling

- ✓ Additional sealants (*child and adult*)
- ✓ Periodontal maintenance (*gum disease treatment*)
- ✓ Drugs or medicaments dispensed in the office for home use

If you have questions or would like to contact us for more information about the Health *through* Oral Wellness program, please contact us by phone at (208) 489-3580 or toll-free at (800) 356-7586 or by email at [customerservice@deltadentalid.com](mailto:customerservice@deltadentalid.com).

All enhanced benefits are subject to the patient meeting their plan's annual maximum and other limitations. A risk assessment must be performed at every routine re-care visit to occur at least once in the plan year. Enhanced benefits and standard policy requirements, including coinsurance percentages, copayments and plan maximums, may be subject to changes.

# Instructions for your dentist:

At Delta Dental of Idaho, we understand that some patients need more dental care than others. That's why we offer our Health *through* Oral Wellness® (HOW®) program. Many Delta Dental of Idaho patients who are at risk for certain conditions may be eligible for additional preventive benefits at no additional cost to them.\* To assess their risk level, they need your help! They need you to complete an oral health risk assessment using a clinical risk evaluation tool powered by PreViser®. This tool is provided to you by Delta Dental of Idaho at no charge. The risk assessment is quick and easy and may provide your patients with additional preventive benefits such as extra cleanings, extra periodontal maintenance, fluoride, sealants and more. You can perform this risk assessment on your patients immediately.

## HOW TO GET STARTED:



**First**, simply create your PreViser account at [go.deltadentalid.com/](http://go.deltadentalid.com/) PreViser and follow the registration steps.



**Second**, begin your PreViser oral health risk assessment for your patient. If your patient is high-risk for a certain condition, Delta Dental of Idaho will “unlock” additional preventive benefits immediately.

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- ✓ Additional sealants (*child and adult*)
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\*Additional preventive benefits are subject to the provisions of your patient's Delta Dental of Idaho policy. All enhanced benefits are subject to the patient meeting their plan's annual maximum and other limitations. A risk assessment must be performed at every routine re-care visit to occur at least once in the plan year. Enhanced benefits and standard policy requirements, including coinsurance percentages, copayments and plan maximums, may be subject to changes.