



Equestrian Summer Program

Sacred Heart Equestrian Center teaches riders important life skills while giving them a strong foundation in the art of riding and horsemanship. The Sacred Heart Equestrian Summer Program is an extension of the regular riding program offered at the Academy of the Sacred Heart and Berchman's Academy. Campers spend 3 full days learning to ride, receiving valuable horsemanship lessons, and making lasting friendships. Sacred Heart Equestrian Center strives to promote confidence, responsibility, and understanding between the horse and rider.

Campers learn how to properly care for their horse, safely ride, and participate in horse-related, team-building activities during their time at Sacred Heart Equestrian Center. Riders ages 6 and up are eligible to participate. All skill levels are welcome! The daily schedule is as follows:

9:00 A.M. Arrive and prepare to ride!

9:30-10:30 Group A Ride! (Group B participates in horse trivia/games/horse activity)

10:30-11:30 Group B Ride! (Group A participates in horse trivia/games/horse activity)

11:40-12:20 Untack horses

12:30-1:30 Lunch

1:30-2:45 Activity Period

3:00 Dismissal

