

# PANTHER NEWS

Volume 1, Issue 1

October 2020

Normandy Early Learning Center 7855 Natural Bridge Rd. St. Louis, Mo. 63121

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#### October Dates

10/1-Little Bit Book Giveaway 10/5-10/9 Parent Zoom Read-In 10/9-Operation Food Search (forms due in) 10/10-Girls Scout Drive -Thru **Drop Off Girl Scouts** Application at Lucas Crossing 10:00am-12:00am 10/14- Girls Scout Zoom Party @ 6:oopm 10/21-Night Out With Girls Inc. @6:oopm 10/23-10/31- Red Ribbon Week 10/29-Parent Teacher Conference 10/29-Trunk R Treat More Information and flyers to come about our October Events

## **Director's Corner**

Welcome to the Early Learning Center!

We are off to a great start this year. It is an honor to spend the day with all your wonderful children. Our hallways are filled with giggles and our Zoom classrooms are filled with happy faces. We continue to work through what school looks like in our new reality. We appreciate all your support and patience as we navigate so many new things at once. Thank you for being such great partners. We know that you are doing the very best you can to support your child's learning. We look forward to building strong and lasting relationships with all of you as the year progresses. If you need any assistance please call our office at (314-493-0880).

Go ELC Panthers!

Dr. Crystal Hunter Director/Principal



#### Greetings,

I am the assistant principal in our building and it is my pleasure to support staff, students and families as we work through these ever changing times. Things are going well in spite of all the challenges due to the virus that is affecting all of us in some way. I know it might be difficult dropping your children off at the front door, but rest assured we are diligent about making sure they get to their classrooms safely. If you ever have any questions, please do not hesitate to contact me here at the school. A quote I recently read states "Tell me and I forget, Teach me and I remember. Involve me and I Learn."

My desire is for all of us to be **Involved**, so that we all may Learn. Take the time to review our newsletter and become an active member of our school community.

Aman Lado, Assistant Principal



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Here are a few health tips straight from the nurse's desk:

- Submit any updates to your child's immunization record right after every doctor visit.
- Make sure we have an Asthma Action Plan, Allergy Action Plan, Seizure Action Plan and doctor orders if your child has any of these health issues. (These must be updated every school yearly.)
- Ensure all medication is given to a staff member and is in a pharmacy labeled container (is not expired) with your written authorization if to be administered at school.
- A doctor's note is needed to return to school after an injury that requires medical intervention or hospitalization.
- Keep us aware of any changes to your contact numbers.
- Call us if your child is sick and needs to stay home.
- Don't forget to get your child's flu shot.

Thank you for allowing me to help keep your child healthy and safe!

Belinda Hilliard,

School Nurse



#### Hi NELC Families!

We want your child to be as successful as possible at school. Success in school is not just about reading and math. It is also about knowing how to learn and how to get along with others. We will be using the Second Step program in your child's classroom to teach these critical skills.

The Second Step program teaches skills in the following four areas:

- 1. Skills for Learning: Students gain skills to help themselves learn, including how to focus their attention, listen carefully, use self-talk to stay on task, and be assertive when asking for help with schoolwork.
- 2. Empathy: Students learn to identify and understand their own and others' feelings. Students also learn how to take another's perspective and how to show compassion.
- 3. Emotion Management: Students learn specific skills for calming down when experiencing strong feelings, such as anxiety or anger.
- 4. Problem Solving: Students learn a process for solving problems with others in a positive way. Your child will be learning a lot this year—and he or she will need your help!

Throughout the year, your child will be bringing home Links that go with several of the Second Step lessons. Home Links are simple, fun activities for you and your child to complete together. They are a great way for you to understand what your child is learning and for your child to show you what he or she knows. If you have any questions about the Second Step program, please do not hesitate to contact me for more information. Thank you for supporting your child in learning the skills that lead to success in school and in life.

Amanda Wilson,

Guidance Counselor

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With all that is happening right now, anxiety is probably at its worst, especially with our kids. What is anxiety you might ask?

"Anxiety is your body's natural response to stress. It's a feeling of fear or apprehension about what's to come. The first day of school,

"Anxiety is your body's natural response to stress. It's a feeling of fear or apprehension about what's to come. The first day of school going to a job interview, or giving a speech may cause most people to feel fearful and nervous."

Our kids are facing something that we never thought they would have to deal with at such a young age, i.e. wearing a mask, social distancing, not being able to give their friends or teachers a hug at school. It's a lot!

Well, here are a few activities that might help! Below is a link to 20 fun activities you can do with your kids to help alleviate stress and anxiety! You might enjoy them as well!!

https://perfectionpending.net/20-fun-activities-to-help-kids-with-anxiety/

Betty Richardson, District Social Worker



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### Family Engagement Liaison

Welcome Families,

My name is Ms. Johnson. I am the Family Engagement Liaison, (FEL) at NELC.

My responsibilities consist of being instrumental in establishing programs to increase parental involvement, student attendance, and developing strong collaborative relationships with parents, families, and community groups. I will work with team members in developing workshops, seminars for parents, and family events. Part of my duties include family assessments in order to help with resources, referrals, and "Operation Backpacks!"

I look forward to working with our NELC families and staff!

Ms. Kathleen K. Johnson, Family Engagement Liaison



"Together We Win"



## Attendance Matters!



Research shows that missing 10 percent of the school year, or about 18 days in most school districts, negatively affects a student's academic performance. That's just two days a month and that's known as chronic absence.

## DRIVE-THRU-PARADE



WHEN: OCTOBER 29, 2020

WHERE: NELC PARKING LOT

TIME: 5:00PM-6:00PM

Parents,

We are asking every family to donate 2-3 bags of candy in order to help make our event successful. Candy can be turned in to Ms. Johnson, FEL outside during drop off!