

# PARKLAND SCHOOL DISTRICT - Elementary Schools

## Breakfast Menu - May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 french toast sticks syrup donut	3 egg and cheese on croissant bagel cream cheese	4 french toast sticks syrup donut	5 egg and cheese on croissant bagel cream cheese	6 french toast sticks syrup donut
		Daily Breakfast Nutritionals		
9 french toast sticks syrup donut	10 egg and cheese on croissant bagel cream cheese	11 french toast sticks syrup donut	12 egg and cheese on croissant bagel cream cheese	13 french toast sticks syrup donut
16 french toast sticks syrup donut	17 egg and cheese on croissant bagel cream cheese	18 french toast sticks syrup donut	19 egg and cheese on croissant bagel cream cheese	20 french toast sticks syrup donut
23 french toast sticks syrup donut	24 egg and cheese on croissant bagel cream cheese	25 french toast sticks syrup donut	26 egg and cheese on croissant bagel cream cheese	27 french toast sticks syrup donut
		menu is subject to change without prior notice		
30	31 french toast sticks syrup donut	breakfast includes choice of fruit, juice, and/or milk students must take a fruit OR juice to make a meal		

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## Lunch Menu - May 2022

daily lunch selecti

cereal meal

Monday	Tuesday	Wednesday	Thursday	Friday
2 chicken nuggets dinner roll OR cereal meal	3 pizzeria style pizza OR cereal meal	4 turkey & cheese on wheat bread OR cereal meal	5 mac and cheese OR cereal meal	6 chicken tenders dinner roll OR pizzeria style pizza
9 cheeseburger on roll OR cereal meal	10 popcorn chicken dinner roll OR pizzeria style pizza	11 grilled cheese sandwich OR cereal meal	12 chicken patty on a roll OR pizzeria style pizza	13 mozzarella sticks spaghetti sauce OR cereal meal
16 chicken nuggets dinner roll OR pizzeria style pizza	17 grilled cheese sandwich OR cereal meal	18 chicken patty on a roll OR pizzeria style pizza	19 nachos with salsa steamed brown rice OR cereal meal	20 mini corndogs OR cereal meal
23 chicken nuggets dinner roll OR cereal meal	24 pizzeria style pizza OR cereal meal	25 turkey & cheese on wheat bread OR cereal meal	26 mac and cheese OR cereal meal	27 chicken tenders dinner roll OR pizzeria style pizza
30	31 cheeseburger on roll OR cereal meal	menu is subject to change without prior notice		
			lunch includes entree, grain, 2 vegetables, fruit, and milk	