

September 2022 High School Breakfast

Due to product availability, menu items may change

All meals come with choice of fresh fruit or 100% juice and choice of milk

Monday 9/5	Tuesday 9/6	Wednesday 9/7	Thursday 9/8	Friday 9/9
NO SCHOOL	Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich	Cereal OR Breakfast Tornado OR Combo Bar <u>Cinnamon bun with all</u>	Waffle & Yogurt OR Donut Holes & Yogurt OR Sausage & cheese sandwich	Muffin & Yogurt OR Cereal & yogurt OR Ham & cheese sandwich <u>Straw Smoothie with all</u>

Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
Frudel OR Honey Bun & Yogurt OR Sausage & Cheese Sandwich	Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich <u>Straw/Pine/Ban Smoothie with all</u>	Cereal OR Breakfast Tornado OR Combo Bar <u>Cinnamon bun with all</u>	Berries & Cream Strudel OR Waffle & Yogurt OR Sausage, egg and cheese sandwich	Honey Bun & Yogurt OR Cereal with yogurt OR Ham & cheese sandwich

Monday 9/19	Tuesday 9/20	Wednesday 9/21	Thursday 9/22	Friday 9/23
Frudel OR Honey Bun & Yogurt OR Sausage and Cheese Sandwich	Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich	Cereal OR Breakfast Tornado OR Combo Bar <u>Cinnamon bun with all</u>	Waffle & Yogurt OR Donut Holes & Yogurt OR Sausage & cheese sandwich	Muffin & Yogurt OR Cereal & yogurt OR Ham & cheese sandwich <u>Straw Smoothie with all</u>

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This institution is an equal opportunity provider.

Monday 9/26	Tuesday 9/27	Wednesday 9/28	Thursday 9/29	Friday 9/30
Frudel OR Honey Bun & Yogurt OR Sausage & Cheese Sandwich	Apple Cinnamon Toast OR Waffle & Yogurt OR Ham & Cheese Sandwich <u>Straw/Pine/Ban Smoothie</u> <u>with all</u>	Cereal OR Breakfast Tornado OR Combo Bar <u>Cinnamon bun with all</u>	Berries & Cream Strudel OR Waffle & Yogurt OR Sausage, egg and cheese sandwich	Honey Bun & Yogurt OR Cereal with yogurt OR Ham & cheese sandwich

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