

September 2022 High School Lunch

Due to product availability, menu items may change
All meals come with healthy choice bar with fruits and vegetables & choice of milk

| Monday 9/5 | Tuesday 9/6 | Wednesday 9/7 | Thursday 9/8 | Friday 9/9 |
|------------|--|--|--|--|
| NO SCHOOL | Pizza OR Steak Tornado OR Chicken Stacks with Roll | Pizza Rippers OR Chicken Burger OR Fiesta Meal | Pizza Rippers or Spicy Chicken Sandwich OR Pork Chop Meal OR Fruit Bowl with Yogurt | Pizza Ripper or Chicken Nuggets OR French Canadian Fries OR Deliwich Sandwich <u>PB Candy with all</u> |

| Monday 9/12 | Tuesday 9/13 | Wednesday 9/14 | Thursday 9/15 | Friday 9/16 |
|--|---|--|---|--|
| Pizza Rippers or Cheeseburger OR Drumstick Meal OR Spicy Chicken Quesadilla | Pizza or Corndog OR Turkey Roast Meal OR Chicken Strip Meal | Pizza Rippers OR Chicken Burger OR Fiesta Meal | Pizza OR Spicy Chicken Burger OR Waffle, Sausage, Yogurt & Hashbrown | Pizza or Steak Tornado OR Italian Dunkers OR Deliwich Sandwich <u>Cookie with all</u> |

| Monday 9/19 | Tuesday 9/20 | Wednesday 9/21 | Thursday 9/22 | Friday 9/23 |
|--|--|--|--|---|
| Pizza or Cheeseburger OR Sweet n Sour Chicken with rice, veggies & Garlic Toast OR Turkey Wrap | Pizza OR Steak Tornado OR Chicken Stacks with Roll | Pizza Rippers OR Chicken Burger OR Fiesta Meal | Pizza Rippers or Spicy Chicken Sandwich OR Pork Chop Meal OR Fruit Bowl with Yogurt | Pizza Ripper or Chicken Nuggets OR French Canadian Fries OR Deliwich Sandwich <u>Backpackers with all</u> |

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This institution is an equal opportunity provider.

| Monday 9/26 | Tuesday 9/27 | Wednesday 9/28 | Thursday 9/29 | Friday 9/30 |
|--|---|--|---|--|
| Pizza Rippers or Cheeseburger OR Drumstick Meal OR Spicy Chicken Quesadilla | Pizza or Corndog OR Beef Enchiladas OR Honey Mustard Wrap | Pizza Rippers OR Chicken Burger OR Fiesta Meal | Pizza OR Spicy Chicken Burger OR Waffle, Sausage, Yogurt & Hashbrown | Pizza or Steak Tornado OR Italian Dunkers OR Deliwich Sandwich <u>Cookie with all</u> |

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