

September 2022 Middle School Breakfast

Due to product availability, menu items may change

All meals come with choice of fresh fruit or 100% juice and choice of milk

Monday 9/5	Tuesday 9/6	Wednesday 9/7	Thursday 9/8	Friday 9/9
NO SCHOOL	Honey Bun OR Apple Cinnamon Toast OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Waffle OR Sausage & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	Berry & Cream Strudel OR Cinnamon Roll OR Ham & Cheese Sandwich

Monday 9/12	Tuesday 9/13	Wednesday 9/14	Thursday 9/15	Friday 9/16
Cereal with yogurt OR Berries & cream strudel OR Sausage & Cheese Sandwich	Waffle OR Cinnamon Texas Toast OR Donut Holes <u>Orange Smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Honey Bun OR Sausage & cheese sandwich OR Cereal <u>Fruit Smoothie with all</u>	Breakfast Tornado OR Cereal & Sausage link OR Muffin & Sausage Link

Monday 9/19	Tuesday 9/20	Wednesday 9/21	Thursday 9/22	Friday 9/23
Cereal with yogurt OR Muffin with yogurt OR Sausage & cheese sandwich	Honey Bun OR Apple Cinnamon Toast OR Cereal <u>Straw smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Waffle OR Sausage & Cheese Sandwich OR Cereal <u>Peach smoothie with all</u>	Berry & Cream Strudel OR Cinnamon Roll OR Ham & Cheese Sandwich

Monday 9/26	Tuesday 9/27	Wednesday 9/28	Thursday 9/29	Friday 9/30
Cereal with yogurt OR Berries & cream strudel OR Sausage & Cheese Sandwich	Waffle OR Cinnamon Texas Toast OR Donut Holes <u>Orange Smoothie with all</u>	Cereal OR Combo Bar OR Frudel <u>Cinnamon bun with all</u>	Honey Bun OR Sausage & cheese sandwich OR Cereal <u>Fruit Smoothie with all</u>	Breakfast Tornado OR Cereal & Sausage link OR Muffin & Sausage Link

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This institution is an equal opportunity provider.