

American Leadership Academy

Warrior Meals

1		oice of fillik.			
5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BREAKFAST 2	BREAKFAST 3	BREAKFAST 4	BREAKFAST 5	BREAKFAST 6
	Breakfast Pizza	Poptarts & String	Fruit Frudel	Chefs Choice	Chefs Choice
-	Fresh Fruit & Milk	Cheese	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
		Fresh Fruit & Milk			Trestrate & Wilk
	<u>LUNCH</u> Chicken Patty	HINCH	<u>LUNCH</u>	<u>LUNCH</u>	<u>LUNCH</u>
	on a Bun	<u>LUNCH</u> Fresh Baked Pizza	Corn Dogs OR Ham & Cheese	Beef Tacos	Fresh B <mark>ak</mark> ed Pizza
	OR Ham & Cheese	OR Yogurt Box	Sandwich	OR Chef Salad	OR M <mark>exi</mark> Salad
	Sandwich	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fres <mark>h F</mark> ruit
	Fruit, Veggies & Milk	Veggies & Milk	Veggies & Milk	Veggies & Milk	Veggies & Milk
			1 588.55 &		
	BREAKFAST 9	BREAKFAST 10	BREAKFAST 11	BREAKFAST 12	BREAKFAST 13
	Super Donut	Eggs & Toast	Fruit Frudel	Breakfast Burrito	Chefs Choice
	OR Cereal & Grahams	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
	fruit & Milk	LUNCH	HINCH	LUNCH	
	<u>LUNCH</u>	CHEFS CHOICE	<u>LUNCH</u> Teriyaki Chicken	LUNCH Chassahuuraan	LUNCH Freely Delved Disease
	BBQ Rib Sandwich	OR Cereal Pack	Rice Bowl	Cheeseburger	Fresh Bak <mark>ed P</mark> izza
)	OR Protein Pack		OR Caesar Salad	OR Turkey & Cheese	OR Mex <mark>i Sal</mark> ad Fresh <mark>Fruit</mark>
7	Fruit, Veggie & Milk	Fruit & Veggie	Fruit, Veggies & Milk	Fresh Fruit	Veggies & Milk
		Choice of Milk		Veggies & Milk	veggles & Wilk
	BREAKFAST 16	BREAKFAST 17	BREAKFAST 18	BREAKFAST 19	BREAKFAST 20
	Jumbo Muffin	Poptarts & String	Super Donut	Breakfast Pizza	Chefs Choice
	Fresh Fruit & Milk	Cheese	Fresh Fruit & Milk	Fresh Fruit & Milk	
		Fresh Fruit & Milk			Fresh Fru <mark>it & M</mark> ilk
	<u>LUNCH</u>		<u>LUNCH</u>	<u>LUNCH</u>	LUNCH
	Chicken Nuggets &	<u>LUNCH</u>	Chili Cheese Dog	Smothered Bean &	Fresh B <mark>aked Piz</mark> za
	Garlic Bread OR Chef Salad	Fresh Baked Pizza	OR PBJ	Cheese Burrito	OR M <mark>exi Salad</mark>
	Fruit , Veggies & Milk	OR Yogurt Box Fresh Fruit	Fresh Fruit	OR Caesar Salad	Fres <mark>h Fruit</mark>
	Truit, veggles & wilk	Veggies & Milk	Veggies & Milk	Fresh Fruit Veggies & Milk	Veggie <mark>s & Milk</mark>
ŀ	BREAKFAST 23		0.5		
	BREAKFAST 23 Eggs & Biscuit	BREAKFAST 24	BREAKFAST 25	BREAKFAST 26	BREAKFAST 27
	Fresh Fruit & Milk	Super Donut	Pancakes & Sausage	Breakfast Burrito	Chefs Choice
1		Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk	Fresh Fruit & Milk
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
d	Chefs Choice OR Ham & Cheese	Chefs Choice	Chefs Choice	Chefs Choice	Fresh Baked Pizza
T.	Sandwich	OR Yogurt Box	OR Ham & Cheese	OR Turkey & Cheese	OR Chef Salad
	Fresh Fruit	Fresh Fruit	Sandwich	Fresh Fruit	Fresh Fruit
٦,	Veggies & Milk	Veggies & Milk	Fresh Fruit & Veggies	Veggies & Milk	Veggies & Milk
	100				
1			00		
1	The same of the sa	All Students who	11-1-00		
		attend Ironwood			
1		Junior & High School			
1		are eligible for one			
		free breakfast and			
		lunch everyday.			