



Hinsdale Central High School

Grades 6-12
Fall 2021



Report created by
Panorama Education



Summary

Topic Description	Results	Comparison
<p>Challenging Feelings</p> <p>How frequently students feel challenging emotions, with higher scores indicating less frequent challenging emotions.</p>	56%	55% Hinsdale Township High School District 86 (IL)
<p>Emotion Regulation</p> <p>How well students regulate their emotions.</p>	58%	54% Hinsdale Township High School District 86 (IL)
<p>Growth Mindset</p> <p>Student perceptions of whether they have the potential to change those factors that are central to their performance in school.</p>	61%	59% Hinsdale Township High School District 86 (IL)
<p>Positive Feelings</p> <p>How frequently students feel positive emotions.</p>	65%	63% Hinsdale Township High School District 86 (IL)
<p>Self-Efficacy</p> <p>How much students believe they can succeed in achieving academic outcomes.</p>	55%	56% Hinsdale Township High School District 86 (IL)
<p>Self-Management</p> <p>How well students manage their emotions, thoughts, and behaviors in different situations.</p>	82%	79% Hinsdale Township High School District 86 (IL)
<p>Social Awareness</p> <p>How well students consider the perspectives of others and empathize with them.</p>	74%	70% Hinsdale Township High School District 86 (IL)
<p>Supportive Relationships</p> <p>How supported students feel through their relationships with friends, family, and adults at school.</p>	85%	84% Hinsdale Township High School District 86 (IL)

523 responses



Challenging Feelings

Your average

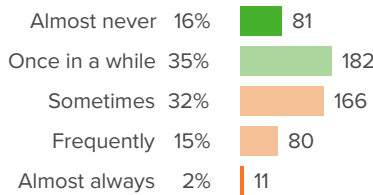
56%

523 responses

District average: **55%** Hinsdale Township High School District 86 (IL)

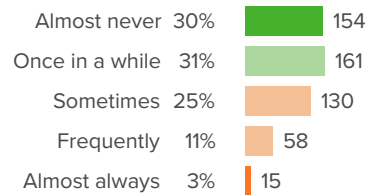
How did people respond?

Q.1: During the past week, how often did you feel angry?



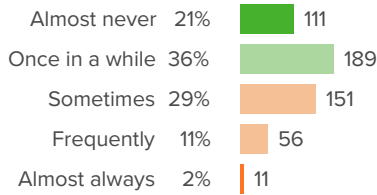
Favorable: **51%**

Q.2: During the past week, how often did you feel lonely?



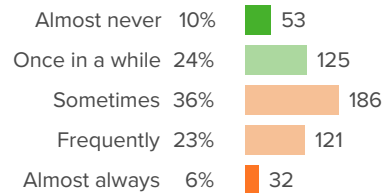
Favorable: **61%**

Q.3: During the past week, how often did you feel sad?



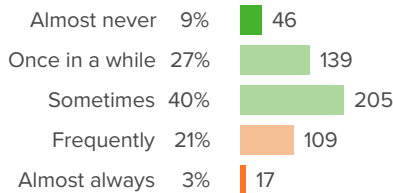
Favorable: **58%**

Q.4: During the past week, how often did you feel worried?



Favorable: **34%**

Q.5: During the past week, how often did you feel frustrated?



Favorable: **76%**



Emotion Regulation

Your average

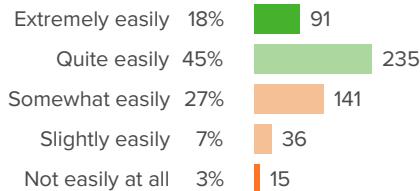
58%

523 responses

District average: **54%** Hinsdale Township High School District 86 (IL)

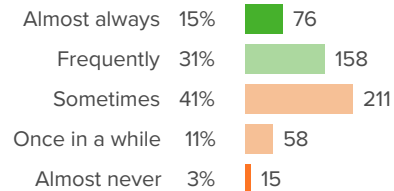
How did people respond?

Q.1: When you are feeling pressured, how easily can you stay in control?



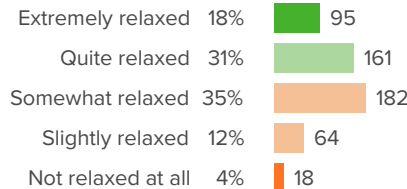
Favorable: **63%**

Q.2: How often are you able to pull yourself out of a bad mood?



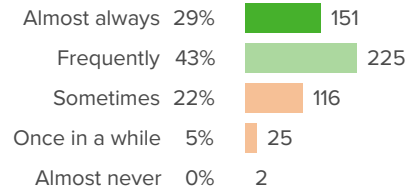
Favorable: **45%**

Q.3: When everybody around you gets angry, how relaxed can you stay?



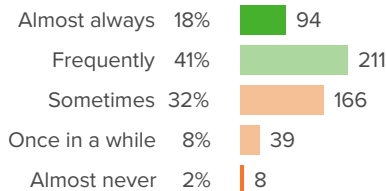
Favorable: **49%**

Q.4: How often are you able to control your emotions when you need to?



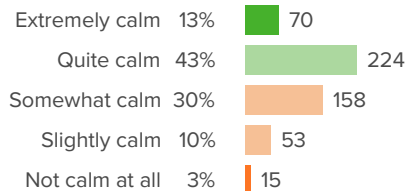
Favorable: **72%**

Q.5: Once you get upset, how often can you get yourself to relax?



Favorable: **59%**

Q.6: When things go wrong for you, how calm are you able to remain?



Favorable: **57%**



Growth Mindset

Your average

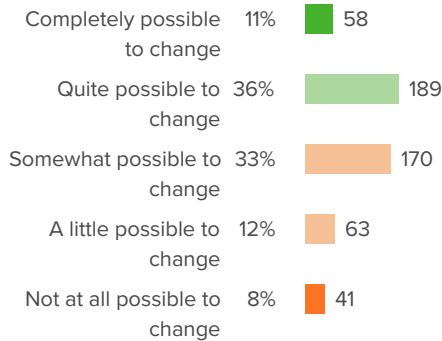
61%

523 responses

District average: **59%** Hinsdale Township High School District 86 (IL)

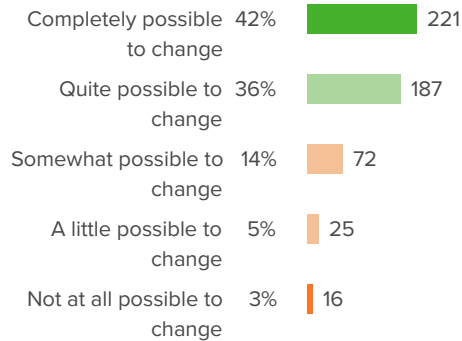
How did people respond?

Q.1: In school, how possible is it for you to change: Being talented



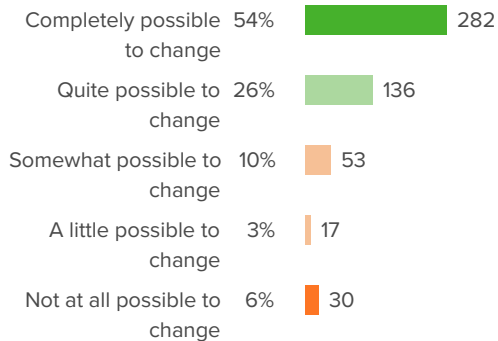
Favorable: **47%**

Q.2: In school, how possible is it for you to change: Putting forth a lot of effort



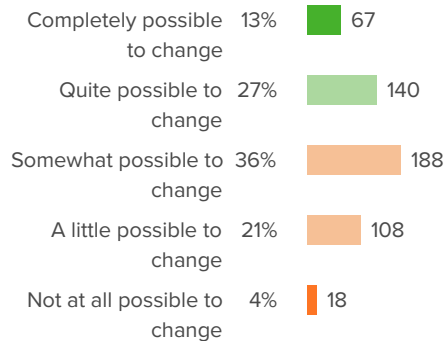
Favorable: **78%**

Q.3: In school, how possible is it for you to change: Behaving well in class



Favorable: **81%**

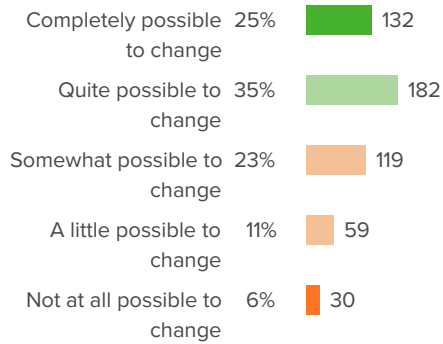
Q.4: In school, how possible is it for you to change: Liking the subject



Favorable: **40%**

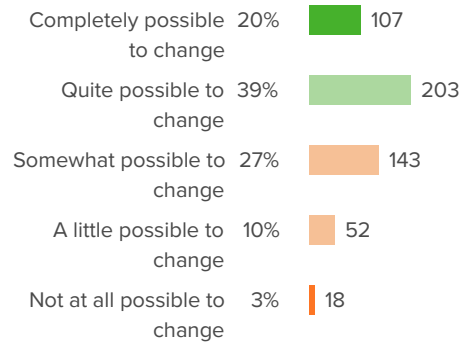


**Q.5: In school, how possible is it for you to change:
How easily you give up**



Favorable: **60%**

**Q.6: In school, how possible is it for you to change:
Your level of intelligence**



Favorable: **59%**



Positive Feelings

Your average

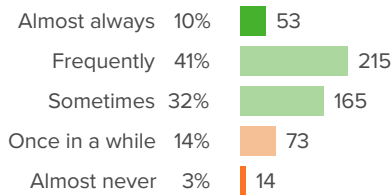
65%

523 responses

District average: **63%** Hinsdale Township High School District 86 (IL)

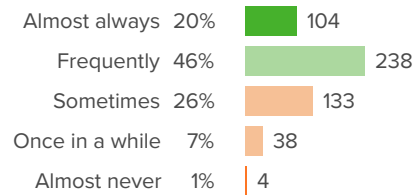
How did people respond?

Q.1: During the past week, how often did you feel excited?



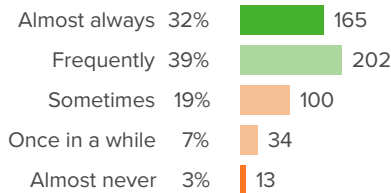
Favorable: **83%**

Q.2: During the past week, how often did you feel happy?



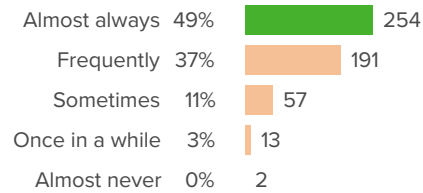
Favorable: **66%**

Q.3: During the past week, how often did you feel loved?



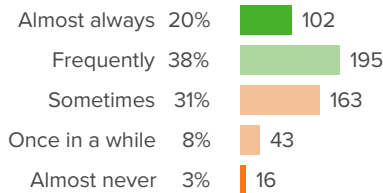
Favorable: **71%**

Q.4: During the past week, how often did you feel safe?



Favorable: **49%**

Q.5: During the past week, how often did you feel hopeful?



Favorable: **57%**



Self-Efficacy

Your average

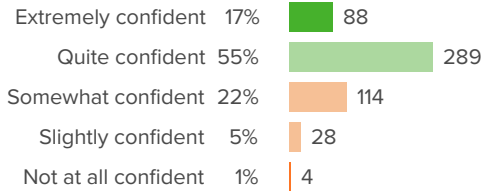
55%

523 responses

District average: **56%** Hinsdale Township High School District 86 (IL)

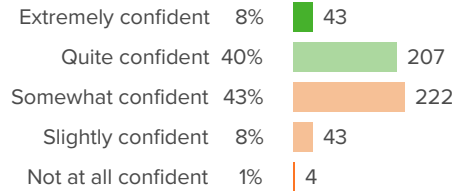
How did people respond?

Q.1: How confident are you that you can complete all the work that is assigned in your classes?



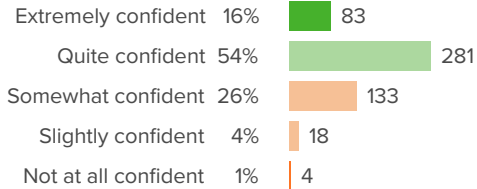
Favorable: **72%**

Q.2: When complicated ideas are presented in class, how confident are you that you can understand them?



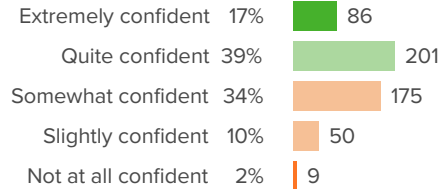
Favorable: **48%**

Q.3: How confident are you that you can learn all the material presented in your classes?



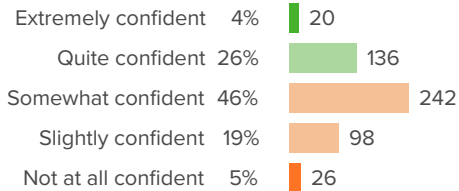
Favorable: **70%**

Q.4: How confident are you that you can do the hardest work that is assigned in your classes?



Favorable: **55%**

Q.5: How confident are you that you will remember what you learned in your current classes, next year?



Favorable: **30%**



Self-Management

Your average

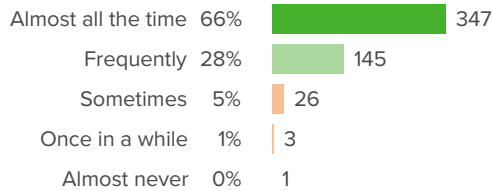
82%

523 responses

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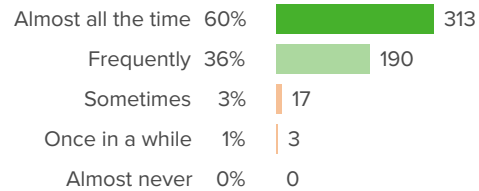
How did people respond?

Q.1: During the past 30 days...How often did you come to class prepared?



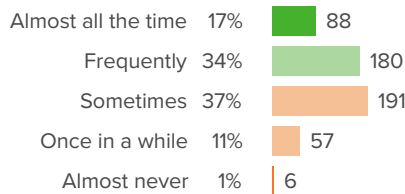
Favorable: **94%**

Q.2: During the past 30 days...How often did you follow directions in class?



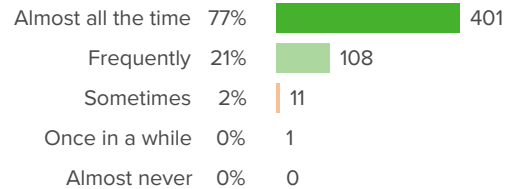
Favorable: **96%**

Q.3: During the past 30 days...How often did you get your work done right away, instead of waiting until the last minute?



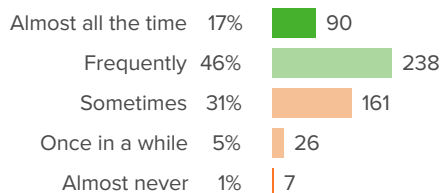
Favorable: **51%**

Q.4: During the past 30 days...How often were you polite to adults?



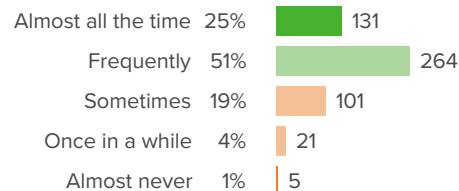
Favorable: **98%**

Q.5: During the past 30 days...How often did you pay attention and resist distractions?



Favorable: **63%**

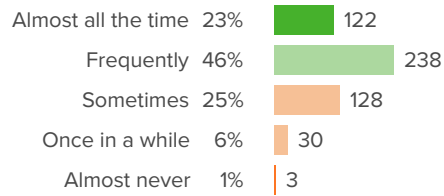
Q.6: During the past 30 days...When you were working independently, how often did you stay focused?



Favorable: **76%**

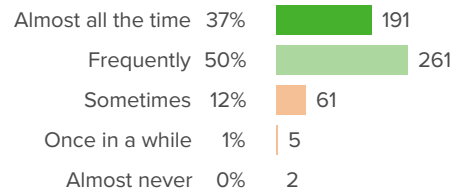


Q.7: During the past 30 days...How often did you remain calm, even when someone was bothering you or saying bad things?



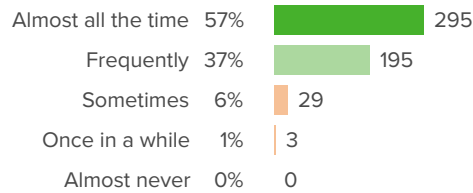
Favorable: **69%**

Q.8: During the past 30 days...How often did you allow others to speak without interruption?



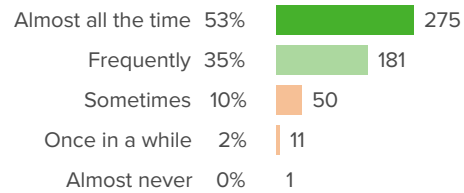
Favorable: **87%**

Q.9: During the past 30 days...How often were you polite to other students?



Favorable: **94%**

Q.10: During the past 30 days...How often did you keep your temper in check?



Favorable: **88%**



Social Awareness

Your average

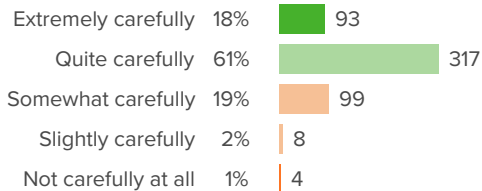
74%

523 responses

District average: **70%** Hinsdale Township High School District 86 (IL)

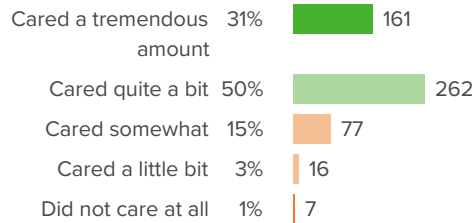
How did people respond?

Q.1: During the past 30 days...How carefully did you listen to other people's points of view?



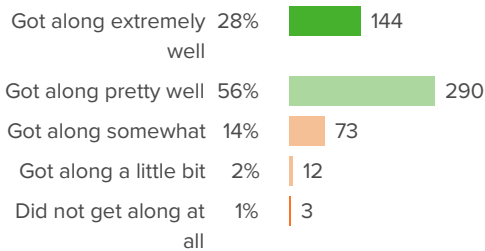
Favorable: **79%**

Q.2: During the past 30 days...How much did you care about other people's feelings?



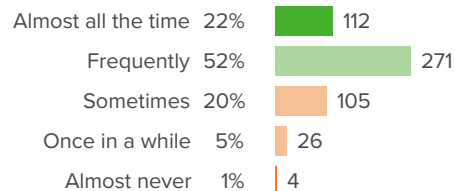
Favorable: **81%**

Q.3: During the past 30 days...How well did you get along with students who are different from you?



Favorable: **83%**

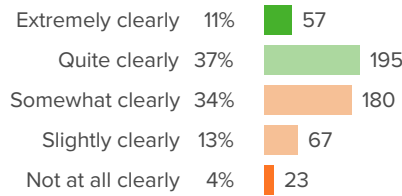
Q.4: During the past 30 days...How often did you compliment others' accomplishments?



Favorable: **74%**

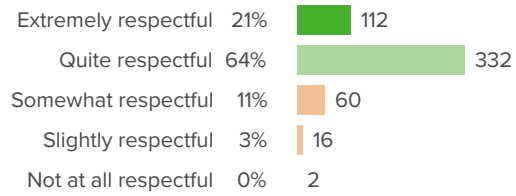


Q.5: During the past 30 days...How clearly were you able to describe your feelings?



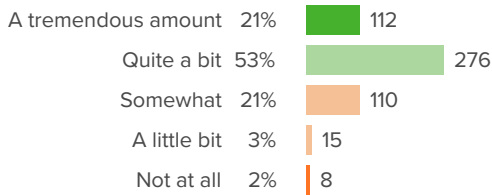
Favorable: **48%**

Q.6: During the past 30 days...When others disagreed with you, how respectful were you of their views?



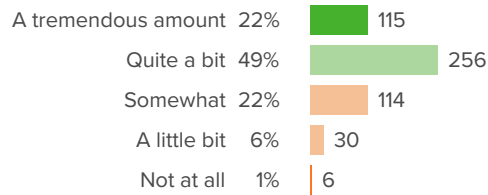
Favorable: **85%**

Q.7: During the past 30 days...To what extent were you able to stand up for yourself without putting others down?



Favorable: **74%**

Q.8: During the past 30 days...To what extent were you able to disagree with others without starting an argument?



Favorable: **71%**



Supportive Relationships

Your average

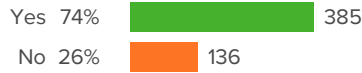
85%

523 responses

District average: **84%** Hinsdale Township High School District 86 (IL)

How did people respond?

Q.1: Do you have a teacher or other adult from school who you can count on to help you, no matter what?



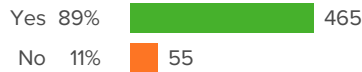
Favorable: **74%**

Q.2: Do you have a family member or other adult outside of school who you can count on to help you, no matter what?



Favorable: **96%**

Q.3: Do you have a friend from school who you can count on to help you, no matter what?



Favorable: **89%**

Q.4: Do you have a teacher or other adult from school who you can be completely yourself around?



Favorable: **62%**

Q.5: Do you have a family member or other adult outside of school who you can be completely yourself around?



Favorable: **93%**

Q.6: Do you have a friend from school who you can be completely yourself around?



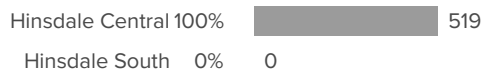
Favorable: **93%**



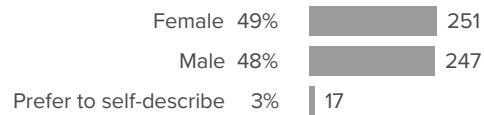
Background Questions

How did people respond?

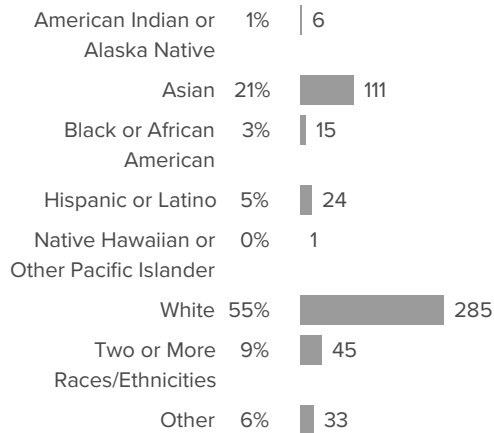
Q.1: What school do you attend?



Q.2: What is your gender?



Q.3: What is your race or ethnicity?



Q.4: Please indicate the primary language you speak at home. (Please indicate only one.)

