



Monday, May 2
 Rib Sandwich
 Baked Beans
 Pickles
 French Fries
 Fruit
 Milk

Tuesday, May 3
 Chicken
 Nuggets
 Green Beans
 Roll
 Fruit
 Milk



Wednesday, May 4
 Hamburger
 Steak
 Rice with Gravy
 Turnips
 Cornbread
 Fruit
 Milk

Thursday, May 5
 Cinco de Mayo
 Tacos
 Lettuce,
 Tomato, Cheese
 Sour Cream
 Fruit Ice
 Fruit
 Milk

Friday, May 6
 Hot Dog
 Baby Carrots
 Chips
 Fruit
 Milk

 Farm Day



Monday, May 9
 Cheeseburger
 Baked Beans
 French Fries
 Fruit
 Milk

Tuesday, May 10
 Chicken
 Sandwich
 Broccoli
 Fruit
 Milk



Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger deal here than it is in

Wednesday, May 11
 Chicken and
 Waffles
 Salad Cup
 Country Fries
 Orange Juice
 Fruit
 Milk

Thursday, May 12
 Totchos
 Carrots
 Cookie
 Fruit
 Milk

Friday, May 13
 Pepperoni Pizza
 Corn
 Fruit
 Milk

COOK FRESH.
 A lot of processed foods – cereal, ketchup, cheese, and soda, to name just a few common items -- are often loaded with sodium (whether you can taste it or not) and most restaurant meals are very high in salt, too. In fact, the best way to be sure that your family is not eating too much sodium is to cook fresh foods at home and keep your hands off the shaker.



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
 WELLNESS IS A WAY OF LIFE!**

HAPPY LAST WEEK OF SCHOOL

Monday, May 16

Hot Dog
French Fries
Baked Beans
Fruit
Milk

Tuesday, May 17

Hamburger Dip
Chips
Salad Cup
Fruit
Milk

Wednesday, May 18

Chicken Tenders
Creamed Potatoes
Turnips
Roll
Fruit
Milk

Kindergarten
Celebration

Thursday, May 19

Hot Ham and
Cheese
Sweet Potato
Fries
Fruit
Milk

Friday, May 20

Pizza
Corn
Fruit
Milk

Early Release
Last Day of
School

Read This Summer



SUMMER MEALS
for kids
Begins May 31, 2022



Congratulations Class of 2022