



Rockford Elementary Arts Magnet School Lunch Menu

May
2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken Bacon Ranch Melt</p> <p>Grab & Go: Yogurt Pak with Bagel</p> <p>Steamed Corn Celery Sticks Fresh Fruit Bar</p>	<p>3</p> <p>Sloppy Joe on a Bun</p> <p>Grab & Go: Chef Salad</p> <p>Baked Beans Broccoli Florets Fresh Fruit Bar</p>	<p>4</p> <p>Beef & Cheese Quesadilla</p> <p>Grab & Go: Crispy Chicken Sub</p> <p>Spanish Rice Salsa Fresh Fruit Bar</p>	<p>5</p> <p>Hot Ham & Cheese Flatbread</p> <p>Grab & Go: Turkey Ranch Wrap</p> <p>Steamed Green Beans Cauliflower Floret Fresh Fruit Bar</p>	<p>6</p> <p>Cheeseburger on a Bun</p> <p>Grab & Go: Ham Deli Sandwich</p> <p>Golden French Fries Cucumber Slices Canned Fruit Bar</p>
<p>9</p> <p>French Toast Sausage Patty</p> <p>Grab & Go: Yogurt Pak with Pretzel Bites</p> <p>Breakfast Potatoes Cucumber Slices Fresh Fruit Bar</p>	<p>10</p> <p>Crispy Chicken Tenders Whole Grain Dinner Roll</p> <p>Grab & Go: Beef Taco Salad</p> <p>Cheesy Mashed Potatoes Cherry Tomato Fresh Fruit Bar</p>	<p>11</p> <p>BBQ Pulled Pork on Pretzel Bun</p> <p>Grab & Go: Turkey Deli Sandwich</p> <p>Potato Oles Broccoli Salad Fresh Fruit Bar</p>	<p>12</p> <p>Pasta with Meat Sauce Rip Stick Breadstick</p> <p>Grab & Go: Ham & Cheese Hoagie</p> <p>Roasted Cauliflower Caesar Side Salad Fresh Fruit Bar</p>	<p>13</p> <p>Cheese Pizza</p> <p>Grab & Go: Cold Cut Combo Sub</p> <p>Steamed Corn Celery Sticks Fresh Fruit Bar</p>
<p>16</p> <p>Hamburger on a Bun</p> <p>Grab & Go: Ham Deli Sandwich</p> <p>Tater Tots Romaine Lettuce Fresh Fruit Bar</p>	<p>17</p> <p>Cheese & Pepperoni Flatbread</p> <p>Grab & Go: Crispy Chicken Sub</p> <p>Steamed Broccoli Red Peppers Fresh Fruit Bar</p>	<p>18</p> <p>FOOD TRUCK DAY!</p> <p>Beef Hotdog on a Bun Golden French Fries Fresh Fruit Bar Chocolate Chip Cookie</p>	<p>19</p> <p>Grilled Ham & Cheese Sandwich</p> <p>Grab & Go: 7 Layer Salad</p> <p>Steamed Corn Baby Carrots Fresh Fruit Bar</p>	<p>20</p> <p>Breakfast Stacker Sandwich</p> <p>Grab & Go: Turkey BLT Wrap</p> <p>Roasted Cauliflower Celery Sticks Fresh Fruit Bar</p>
<p>23</p> <p>Soft Beef Tacos</p> <p>Grab & Go: Pretzel Bites w/Cheese Cubes</p> <p>Corn & Black Bean Salsa Cucumber Slices Fresh Fruit Bar</p>	<p>24</p> <p>BBQ Chicken Sandwich</p> <p>Grab & Go: Beef Taco Salad</p> <p>Potato Wedges Baby Carrots Fresh Fruit Bar</p>	<p>25</p> <p>Corn Dog</p> <p>Grab & Go: Yogurt Pak with Bagel</p> <p>Cauliflower Floret Cherry Tomato Fresh Fruit Bar</p>	<p>26</p> <p>Grilled Cheese Sandwich Homemade Tomato Soup</p> <p>Grab & Go: Ham Deli Sub Sandwich</p> <p>Celery Sticks Fresh Fruit Bar</p>	<p>27</p> <p>Pepperoni Pizza</p> <p>Grab & Go: Turkey Deli Sandwich</p> <p>Roasted Broccoli Red Peppers Fresh Fruit Bar</p>
<p>30</p> <p>Memorial Day</p> <p>NO SCHOOL</p>	<p>31</p> <p>HOT DOG DAY!!</p> <p>Beef Hotdog on a Bun Kettle Potato Chips Baked Beans Watermelon Chunks</p>			

PRICES	Adult	\$3.85
	Milk	\$0.60

EXTRA INFO

Milk choice of 1%, Skim or Chocolate Skim (Fridays only) is included with lunch. For questions or comments contact the Food Service Director at adelmanh@rockford.k12.mn.us or call (763)477-5846 x. 3052.



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THE MONTH