

# LINCOLN - MENU

2025 JUNE	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<b>Main Menu</b>	SOUP / SALAD BAR BAKED CHICKEN TERIYAKI SAUCE SPANISH POTATOES AND SWEET POTATOES	SOUP / SALAD BAR SPECIAL VEAL STEW WITH RICE	SOUP / SALAD BAR SORRENTINOS, MACCARONIS, MOSTACHOLES TOMATO, PARISIEN, BECHAMEL SAUCES	SOUP / SALAD BAR BREADED VEAL WITH TWO COLOURS PURÉE	SOUP / SALAD BAR MEXICAN TACOS (Veal, chicken, slices of vegetables) FRENCH FRIES / CHEDDAR CHEESE
<b>Other Course</b>	SEMOLINA GNOCCHI TOMATO SAUCE	VARIETY OF PIES ZUCCHINIS, LEEK, HAM AND CHEESE	BAKED STUFFED LOIN PORK WITH SWEET POTATOES	TRADIDICIONAL LOCRO	SPANISH LENTILS
<b>Veggie menú</b>	SOUP / SALAD BAR SEMOLINA GNOCCHI TOMATO SAUCE	SOUP / SALAD BAR ZUCCHINIS AND LEEK PIES	SOUP / SALAD BAR VARITY OF PASTAS SAUCES WITHOUT MEAT	SOUP / SALAD BAR VEGGIE LOCRO	SOUP / SALAD BAR BURGER LENTIL
<b>Gluten free</b>	GLUTEN FREE SOUP GLUTEN FREE BAKED CHICKEN GLUTEN FREE SPANISH POTATOES AND SWEET POTATOES	GLUTEN FREE SOUP GLUTEN FREE VEAL STEAK WITH RICE	GLUTEN FREE SOUP GLUTEN FREE PASTA GLUTEN FREE SAUCE FRUITS	GLUTEN FREE SOUP GLUTEN FREE BREADED VEAL GLUTEN FREE PURÉE FRUITS	GLUTEN FREE SOUP GLUTEN FREE STEAK GLUTEN FREE VEGGIES AND FRENCH FRIES FRUITS
	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
<b>Main Menu</b>	SOUP / SALAD BAR BAKED VEAL MUSHROOMS SAUCE MASHED POTATOES	SOUP / SALAD BAR RAVIOLIS, MACCARONIS, NOODLES PARISIEN, FOUR CHEESES AND TOMATO SAUCES	SOUP / SALAD BAR BREADED CHICKEN WITH CHEESE SAUCE RICE / WHOLE RICCE	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, WITH HAM, TOMATO, ONION, EGGS, VEGGIES	SOUP / SALAD BAR BURGERS DAY (Burger sandwich with letucce and tomato) FRENCH FRIES
<b>Other Course</b>	VARIETY OF PIES HAM AND CHEESE, LEEK Y CAPRESSE	HOMEMADE CHICKEN NUGGET'S VEGGIE SOUFFLÉE	VEAL BROCHETTE CHARD WITH CREAM SAUCE	BAKED LOIN PORK SWEET POTATOES AND CARROT PURÉE	NAPOLITAN BREADED SOY VEGGIE PUDDING
<b>Veggie menú</b>	SOUP / SALAD BAR CHICKPEA FLOUR PIE WITH SPINACH, PUMPKINS AND TOFÚ	SOUP / SALAD BAR GRATIN CORNMEAL GNOCCHIS WITH TOMATO AND BASIL SAUCE	SOUP / SALAD BAR BREADED PUMPKINS WITH RICE AND VEGGIES	SOUP / SALAD BAR VARIEDAD OF PIZZAS MOZZARELLA, WITH VEGETABLES	SOUP / SALAD BAR NAPOLITAN BREADED SOY VEGGIE PUDDING
<b>Gluten free</b>	GLUTEN FREE SOUP BAKED VEAL, GLUTEN FREE SAUCE WITH POTATOES AND SWEET POTATOES FRUITS	GLUTEN FREE SOUP GLUTEN FREE PASTA HOMEMADE GLUTEN FREE SAUCE FRUITS	GLUTEN FREE SOUP GLUTEN FREE BREADED CHICKEN WITH RICE AND VEGGIES FRUITS	GLUTEN FREE SOUP GLUTEN FREE GRILL LOIN PORK GLUTEN FREE MASHED SWEET POTATOES FRUITS	GLUTEN FREE SOUP GLUTEN FREE BURGER OR LOIN PORK STEAK WITH FRENCH FRIES FRUITS
	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
<b>Main Menu</b>	HOLIDAY	SOUP / SALAD BAR SORRENTINOS, NOODLES, FUSSILES TOMATO, FOUR CHEESES AND PINK SAUCES	SOUP / SALAD BAR SORRENTINOS, NOODLES, FUSSILES TOMATO, FOUR CHEESES AND PINK SAUCES	HOLIDAY	HOLIDAY

Other Course		NAPOLITAN BREADED SOY VEGGIE TORTILLA	LOIN PORK STEW		
Veggie menú		SOUP / SALAD BAR NAPOLITAN BREADED SOY VEGGIE TORTILLA	SOUP / SALAD BAR SPECIAL STEW WITH LENTILS AND VEGETABLES		
Gluten free		GLUTEN FREE SOUP GLUTEN FREE PASTA HOMEMADE GLUTEN FREE SAUCE FRUITS	GLUTEN FREE SOUP GLUTEN FREE BREADED VEAL GLUTEN FREE MASHED POTATOES FRUITS		

NOTES

\*Special salad bar, Waldorf, spinach, Capresse, eggplants, etc.

\*Classic salad bar, tomato, carrots, lettuce, fennel, onion, etc.

\*variety of desserts every day, jelly, mousse, cakes, pies, etc.

Every day seasonal fruits

\*medical diet and special diets

\*Nutritional consulting

\*Degree in nutrition Lic. Luz Vieyra Capdepont

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# LINCOLN - KINDER MENU

2025 JUNE	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Main Menu	SOUP / SALAD BAR BAKED CHICKEN WITH BAKED POTATOES AND SWEET POTATOES PEACHES IN SYRUP FRUITS	SOUP / SALAD BAR BAKED TENDERIZED VEAL RICE / VEGGIES FRITTERS TWHO COLOURS JELLYS FRUITS	SOUP / SALAD BAR MACCARONIS WITH HOMEMADE TOMATO, BECHAMEL AND PINK SAUCES VANILLA DESSERT FRUITS	SOUP / SALAD BAR BREADED VEAL WITH TWO COLOURS PURÉE YOGURT WITH CEREALS FRUITS	SOUP / SALAD BAR BAKED CHICKEN WITH FRENCH FRIES AND VEGETABLES CARROTS CAKE FRUITS
Other Course	SEMOLINA GNOCCHI TOMATO SAUCE	VARIETY OF PIES ZUCCHINIS, LEEK, HAM AND CHEESE	BAKED STUFFED LOIN PORK WITH SWEET POTATOES	TRADITIONAL LOCRO	SPANISH LENTILS
	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Main Menu	SOUP / SALAD BAR BAKED VEAL MASHED POTATOES YOGURT FRUITS	SOUP / SALAD BAR SHORT NOODLES WITH HOMEMADE TOMATO, BECHAMEL AND PINK SAUCES JELLY FRUITS	SOUP / SALAD BAR BREADED CHICKEN WITH RICE / FRITTERS VEGGIES FRUIT SALAD FRUITS	SOUP / SALAD BAR VARIETY OF PIZZAS MOZZARELLA, WITH HAM, TOMATO, ONION, EGGS, VEGGIES VANILLA CUSTARD FRUITS	SOUP / SALAD BAR BAKED VEAL WITH FRENCH FRIES AND CARROTS STICKS APPLE PIE FRUITS
Other Course	VARIETY OF PIES HAM AND CHEESE, LEEK Y CAPRESSE	HOMEMADE CHICKEN NUGGET'S VEGGIE SOUFFLÉE	BAKED VEAL FRITTERS CHARD	BAKED LOIN PORK SWEET POTATOES AND CARROT PURÉE	BREADED ZUCCHINI VEGGIE PUDDING
	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Main Menu	HOLIDAY	SOUP / SALAD BAR SHORT NOODLES WITH HOMEMADE TOMATO, BECHAMEL AND PINK SAUCES JELLY FRUITS	SOUP / SALAD BAR BREADED VEAL MASHED POTATOES & PUMPKINS PURÉE HOMEMADE BANANA PUDDING FRUITS	HOLIDAY	HOLIDAY
Other Course		BREADED EGGPLANTS WITH CHEESE VEGGIE TORTILLA	BAKED LOIN PORK WITH VEGETABLES		