



Employee Benefits FAIR



THURSDAY, MAY 5, 2022

**East High School
4-7 pm**

BREAKOUT SESSIONS:

Topic: South Central Service Cooperatives Wellness Benefits

Presenter: Hannah Keltgen, Manager of Wellness and Marketing Communications for the South Central Service Cooperative

Time: 4-4:25 pm **Room:** 103A

Introduction to Medica's My Health Rewards, Fit Choices, and Healthy Savings. Hannah will also go over current benefits that include OMADA and HealthiestYou.

Suggested Audience: Employees enrolled in Health Insurance

Topic: Teachers Retirement Association (TRA)

Presenter: Alex Grill, Retirement Services Specialist and Patty Frias, Moderator **Time:** 4:30-5:15 pm (Live Virtual) Webex **Room:** 100A

What is TRA? What does having a pension mean? Where does TRA fit in my retirement finances?

Suggested Audience: Employees contributing to TRA

Topic: Public Employees Retirement Association (PERA)

Presenters: Linda Johnston, Outreach & Education Specialist for PERA **Time:** 4:30-5:15 pm (Live Virtual) Webex **Room:** 100B

From Hire to Retire! What is PERA? How is the vesting determined? How are the benefits calculated? Things to know now and the process when you are ready to retire!

Suggested Audience: Employees contributing to PERA

Topic: Introduction to Medica

Presenters: Pete Stewart, Strategic Account Executive, and Tara Thomes Keil, Strategic Account Manager for Medica

Time: 4:30-5 pm **Room:** 104

How to search for providers, access the Medica employee member portal, access the formulary list, and how to contact Medica customer service.

Suggested Audience: Employees enrolled in Health Insurance

Topic: Financial Considerations when Selecting a Medical Plan and HSA's and FSA's 101

Presenter: Brock Buckellew, Account Manager for National Insurance Services **Time:** 5:20-6 pm **Room:** 104

Have you ever considered switching health plans or not sure which one is best for you? Brock will provide financial selection considerations when choosing the best medical plan for your circumstance. Identify how to select the best medical plan for you and your family when considering coverage, out of pocket cost, monthly cash flow, and tax advantaged Health Savings Account options

Suggested Audience: All Employees Eligible for Health Insurance and those who would like to learn about the advantages of an FSA and/or HSA account. Please note, to have an HSA you need to be enrolled in a high deductible health plan

Topic: Health Care Savings Plan (HCSP)

Presenter: Sarah Fischer, Retirement Counselor for Minnesota State Retirement System (MSRS) **Time:** 5:30-6 pm **Room:** 100A

Did you know your Wellness dollars go into a HCSP Plan? Get all your Health Care Savings Plan (HCSP) questions answered. What is a HCSP? When can I access the HCSP? How do I use the HCSP?

Suggested Audience: Para-educators, Teachers hired before July 1, 2007, Cooks, Custodians, Secretaries, Principals and Non-Affiliated employees

Topic: The Minnesota Deferred Compensation Plan (MNDCP), 457 plan

Presenter: Sarah Fischer, Retirement Counselor, MSRS

Time: 6:05-6:35 pm **Room:** 100A

The Minnesota Deferred Compensation Plan (MNDCP) is a voluntary savings plan intended for long-term investing for retirement. It is available to any full-time, part-time, or temporary Minnesota public employee (state, city, county, township, school district, etc.), the MNDCP allows you to build retirement savings through automatic payroll deductions - you control how your money is invested.

Suggested Audience: All Employees



REPRESENTATIVES FROM THE FOLLOWING COMPANIES WILL BE PRESENT



The employee benefits fair provides an opportunity for eligible employees to meet with representatives from provider companies to ask questions and assess their benefits needs.



Enter the Benefits Fair Raffle! Each vendor/table you visit, pick up a raffle ticket! Fill out the information to be entered to win prizes. The more vendors you visit, the more chances you have of winning!

The Benefit Fair was made possible with funding from the Health Insurance Pool and participation in the wellness program offered through South Central Service Cooperative

