

HIGH SCHOOL BREAKFAST MENU

8 OZ LOW FAT OR FAT FREE MILK, 100% FRUIT JUICE AND 1/2 CUP OF FRUIT OFFERED DAILY WITH EVERY BREAKFAST

****PLEASE NOTE:
MENU IS SUBJECT TO
CHANGE****

**STUDENT
NUTRITION
PROGRAM**



GROTON PUBLIC SCHOOLS

MAY

Mon	Tue	Wed	Thu	Fri
2 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR FRENCH TOAST STICKS	3 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR EGG & CHEESE ON A CROISSANT	4 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR OVEN FRESH CINNAMON MUFFIN	5 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR SAUSAGE, EGG & CHEESE ON AN ENGLISH MUFFIN	6 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR BAGEL WITH CREAM CHEESE
9 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR MAPLE WAFFLE	10 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR BACON, EGG & CHEESE ON A CROISSANT	11 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR OVEN FRESH BLUEBERRY MUFFIN	12 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR EGG & CHEESE ON A BAGEL	13 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR FRENCH TOAST STICKS
16 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR BREAKFAST PIZZA	17 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR SAUSAGE, EGG & CHEESE ON AN ENGLISH	18 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR OVEN FRESH CINNAMON MUFFIN	19 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR BACON, EGG & CHEESE ON A CROISSANT	20 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR PANCAKES
23 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR BAGEL WITH CREAM CHEESE	24 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR HAM, EGG & CHEESE ON A BAGEL	25 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR OVEN FRESH BLUEBERRY MUFFIN	26 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR SAUSAGE, EGG & CHEESE ON AN ENGLISH	27 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR MAPLE WAFFLE
30 NO SCHOOL!! MEMORIAL DAY!!	31 ASSORTED SMOOTHIES ASSORTED BREAKFAST GRAINS OR BACON, EGG & CHEESE ON A CROISSANT			