

MIDDLE SCHOOL LUNCH



**ALL MEALS INCLUDE:
2 OZ MEAT/MEAT
ALTERNATE, 2 OZ WHOLE
GRAIN,
3/4 CUP VEGETABLES, 1/2
CUP FRUIT AND 8 OZ FLUID
MILK ARE OFFERED WITH
EVERY LUNCH**

**PLEASE NOTE MENU IS
SUBJECT TO CHANGE**

**SANDWICH OR SALAD
SERVED AS AN ALTERNATE
LUNCH DAILY**

MONNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 TURKEY & CHEESE SANDWICH DORITOS ASSORTED VEGGIE HUMMUS ASSORTED FRUIT	3 CHICKEN NUGGET BROWN RICE DINNER ROLL ROASTED BROCCOLI ASSORTED FRUIT	4 HOT DOG BAKED BEANS ASSORTED FRUIT	5 GRILLED CHEESE FRENCH FRIES DILL ROASTED CARROTS ASSORTED FRUIT	6 WG PIZZA SPNASH SALAD ITALIAN ICE
9 CHICKEN TENDERS SWEET POTATO WEDGES SEASONED CORN ASSORTED FRUIT	10 CHEESEBURGER ON A WW ROLL CRINKLE CUT FRIES GARLIC ROASTED GREEN BEANS ASSORTED FRUIT	11 BRUNCH FOR LUNCH! FRENCH TOAST STICKS TURKEY SAUSAGE HASH BROWN CELERY STICKS ASSORTED FRUIT	12 BEEF TACOS MEXICALI CORN SALSA SOUR CREAM ASSORTED FRUIT	13 WG PIZZA GARDEN SALAD ASSORTED FRUIT
16 TERIYAKI CHICKEN BROWN RICE WITH BLACK BEANS DINNER ROLL STIR FRY VEGGIE ASSORTED FRUIT	17 CHICKEN NUGGETS EMOJI FRIES CHEESY CAULIFLOWER GARLIC KNOT ASSORTED FRUIT	18 CHEFS CHOICE LUNCH	19 CHICKEN CAESAR WRAP DORITOS ASSORTED VEGGIE ASSORTED FRUIT	20 WG PIZZA ROMAINE CAESAR SALAD ASSORTED FRUIT
23 CHEESE BITES MARINARA SAUCE DINNER ROLL DILL ROASTED CARROTS ASSORTED FRUIT	24 HAM & CHEESE ON A CROISSANT ASSORTED CHIPS ASSORTED VEGGIE ASSORTED FRUIT	25 BRUNCH FOR LUNCH!! PANCAKES TURKEY SAUSAGE LINK HASH BROWN CHERRY TOMATO CUP ASSORTED FRUIT	26 CHEFS CHOICE LUNCH	27 WG PIZZA GARDEN SALAD ASSORTED FRUIT
30 NO SCHOOL MEMORIAL DAY!!	31 HOT DOG ON A ROLL HOUSE MADE COLE SLAW ASSORTED FRUIT			