

MIDDLE SCHOOL BREAKFAST



8 OZ LOW FAT OR FAT FREE MILK,
100 % FRUIT JUICE AND
A 1/2 CUP FRUIT
SERVED DAILY WITH
EVERY BREAKFAST

PLEASE NOTE MENU IS
SUBJECT TO CHANGE

**STUDENT
NUTRITION
PROGRAM**



GROTON PUBLIC SCHOOLS

MONNDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ASSORTED CEREAL STRING CHEESE	3 CINNAMON ROLL	4 EGG & CHEESE ON AN ENGLISH	5 MAPLE WAFFLE	6 BANANA BREAD
9 ASSORTED CEREAL ASSORTED YOGURT	10 BAGEL WITH CREAM CHEESE	11 EGG & CHEESE ON A CROISSANT	12 ASSORTED MUFFIN ASSORTED YOGURT	13 FRENCH TOAST STICKS
16 ASSORTED CEREAL ASSORTED YOGURT	17 BANANA BREAD	18 EGG & CHEESE ON AN ENGLISH	19 APPLE ROLL	20 LEMON BREAD
23 ASSORTED CEREAL ASSORTED YOGURT	24 FRENCH TOAST STICKS	25 EGG, SAUSAGE & CHEESE ON AN ENGLISH	26 BLUEBERRY BREAD	27 BAGEL WITH CREAM CHEESE
30 NO SCHOOL MEMORIAL DAY!!	31 CINNAMON ROLL			