

# WESTPORT MIDDLE-HIGH SCHOOL

<https://westportschoolsorg.finalsite.com/services/nutrition-services>




## May 2022 LUNCH MENU

GRADES 5 - 12

### Breakfast Menu Items

Muffins, bagels, cereal, pancakes,  
yogurt, cereal bars – milk and juice

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Hot Dog on a Roll Vegetarian Baked Beans Fresh Fruit Milk	<b>3</b> Clam Chowder w/Crackers Fish Sticks w/Tartar Steamed Carrots Berry Mix w/Topping Milk	<b>4</b> Cheeseburger Lettuce and Pickles Pasta Salad Steamed Green Beans Fruit and Milk	<b>5 Cinco de Mayo</b> Beef Taco's Lettuce, Cheese & Salsa TexMex Rice Steamed Corn Assorted Fruit and Milk	<b>6</b> Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
<b>9</b> Pancakes w/Syrup Sausage Patty Hash Brown Patty Carrot Sticks Fresh Fruit Milk	<b>10</b> Minestrone Soup Crackers Grilled Cheese Sandwich Steamed Green Beans Fruit and Milk	<b>11</b> Shepherd's Pie Steamed Corn Dinner Roll Applesauce Milk	<b>12</b> Turkey & Cheese Sub Steamed Carrots Vegetarian Baked Beans Pudding w/Topping Fruit and Milk	<b>13</b> Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
<b>16</b> Ham & Cheese Sandwich Lettuce and Pickles Potato Chips Carrot Sticks Fresh Fruit and Milk	<b>17</b> Chicken Chow Mein Fluffy White Rice Steamed Peas Fresh Fruit Milk	<b>18</b> Chicken Fajita Wraps Lettuce and Cheese Three Bean Salad Cake Fruit and Milk	<b>9</b> Mozzarella Sticks Marinara Sauce Buttered Noodles Green Beans Fresh Fruit and Milk	<b>20</b> Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
<b>23</b> Chicken Nuggets Creamy Mashed Potatoes Steamed Carrots Fruit Milk	<b>24</b> Toasted Meatball Sub with Cheese Garlic Buttered Noodles Steamed Peas Fresh Fruit and Milk	<b>25</b> Chicken Caesar Salad with a Wrap Three Bean Salad Cheese Stick Fruit and Milk	<b>26</b> Buffalo Mac & Cheese Steamed Green Beans Dinner Roll Assorted Fruit Milk	<b>27</b> Domino's Pizza Cheese Stick Romaine Salad Assorted Fruit Milk
<b>30</b> 	<b>31</b> Ham & Cheese Croissant Baked Vegetarian Beans Carrot Sticks Fresh Fruit Milk		<b>Daily Alternatives :</b> Chicken Patty Cheeseburgers Pizza Salads to go!	

*"This Institution is an equal opportunity provider" -- Menu subject to change due to supply issues!*

**ALLERGIES:** Before  
placing your order,  
Please, inform your  
server if there is a food  
allergy.

**COMPLETE BREAKFAST & LUNCHEAS ARE  
FREE FOR ALL STUDENTS until  
June 30, 2022!  
Ala Carte items are NOT included!**