North Scott Community School District

Safe Snack List

2021-2022

Items on this list are approved to be shared in classrooms for birthdays, holidays, or other special occasions. Only items on this list will be allowed in the classroom. If a snack is brought in and is not on this list, it will be sent home. Food must be store bought, brand specific as identified, and in the original packaging with ingredients clearly listed. Homemade treats are not allowed.

Not all items on this list are considered healthy.

Please check with the school nurse regarding specific allergies in your child's classroom.

Fruit	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Fresh, canned, cups, dried, squeezable, 100% fruit juice	X	X	X
Vegetables	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Fresh, canned	X	X	X
Dips & Salsa	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Vegetable Dip Hidden Valley Ranch	X	X	
Kraft Ranch	X	X	
Marzetti Dill Veggie Dip	X	X	
Marzetti's Old Fashioned Caramel Dip Regular, Light	X	X	
Salsa Tostitos, Taco Bell, Pace	X	X	X
Cheese	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
All varieties	X	X	
Yogurt	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Chobani Kids Greek Yogurt	X	X	
Danon Danimals, Greek Yogurt Cups	X	X	
Yoplait Go-Gurt, Trix Yogurt Cups	X	X	

Chips	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Baked Ruffles			
Original	X	X	
Cheddar & Sour Cream	X	X	
Baked Lays			
Original	X	X	
Sour Cream & Onion	X	X	
Baked Cheetos	X	X	
Cheetos Jumbo Puffs	X	X	
Pop Chips			
Sea Salt	X	X	
BBQ	X	X	
Sour Cream & Onion	X	X	
Tostitos			
Restaurant Style, Scoops, Oven Baked Scooped, Crispy Rounds, Multigrain Scoops, Bite Size	X	X	X
Popcorn	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Skinnypop Popcorn			
Original	X	X	X
Naturally Sweet	X	X	X
White Cheddar	X	X	X
Vic's Popcorn			
Gourmet White, original and lite	X	X	
Yellow Cheddar Cheese, original and lite	X	X	
White Cheddar	X	X	
Pirate's Booty Aged White Cheddar	X	X	
Pretzels	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
liveGfree (Aldi)			
Sticks, Mini Twists	X	X	X
Rold Gold			
Thin Pretzels	X		X
Pretzel Sticks	X		X
Pretzel Rods	X		X
Tiny Twists	X		X
Snack Factory			
Original Pretzel Crisps	X		X
Original Mini Pretzel Crisps	X		X
Gluten Free Original Pretzel Crisps	X	X	X
Gluten Free Mini Pretzel Crisps	X	X	X
Crackers	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Cheez-It			
Original, Whole Grain	X		

Crackers Continued	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Pepperidge Farms Goldfish			
Pretzels	X		
Cheddar, Baby Cheddar	X		
Whole Grain	X		
Colors	X		
Mix-Ups	X		
Parmesan	X		
Pizza	X		
Saltines	X		
Flavor Blasted Xplosive Pizza	X		
Flavor Blasted Xtra Cheddar	X		
Slammin' Sour Cream & Onion	X		
Nabisco Triscut			
Original, Reduced Fat	X		
Nabisco Wheat Thins			
Original, Reduced Fat, 100% Whole Grain	X		
Nabisco Grahams			
Original, Chocolate	X		
Nabisco Honey Maid Grahams			
Honey, Low Fat, Cinnamon, Low Fat Cinnamon	X		
Nabisco Teddy Grahams			
Honey, Cinnamon, Chocolate, Chocolate Chip, Mini	X		
Keebler Scooby-Doo Grahams			
Honey, Cinnamon	X		
Benton's Graham Crackers			
Honey, Cinnamon	X		
Cookies/Baked Goods	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Enjoy Life Cookies			
All varieties	X	X	X
Lofthouse Cookies			
All varieties	X		
The Bakery (Walmart)			
Frosted sugar cookies	X		
Sweet P's Cookies			
Frosted cookies	X		
Nutphrees Cookies			
All varieties	X		
Skeeter Nut Free Cookies			
All varieties	X		
Made Good Soft Baked Mini Cookies			
All Varieties	X	X	X
Barnum's Animal Crackers Original	X		
Benton's Animal Crackers (Aldi)	X		
Benton's Vanilla Wafers (Aldi)	X		
Oreos			
Original, Double Stuff	X		X
Chips Ahoy!			
Original, Chewy, Chunky, minis	X		

Cookies/Baked Goods Continued	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
liveGfree Soft Baked Cookies(Aldi)			
Double Chocolate Brownie	X	X	X
Snickerdoodle	X	X	X
Rice Krispie Treats			
Original	X		
Made Good			
Crispy Squares	X	X	X
Nutphrees Cupcakes			
All varieties	X		
The Bakery (Walmart)			
Mini cupcakes only	X		
Hostess Brand			
Ding-Dongs	X		
Canyon Bakehouse Brownie Bites	X	X	X
Granola & Granola Bars	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
liveGfree Baked Chewy Bars			
Very Berry	X	X	X
Cocoa Loco	X	X	X
Caramel Apple	X	X	X
Enjoy Life Chewy Bars – All varieties	X	X	X
Made Good Granola Bars – All varieties	X	X	X
Made Good Mini Granola Bars – All varieties	X	X	X
Made Good Granola – All varieties	X	X	X
Fruit Snacks	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Betty Crocker – All Varieties	X	X	X
Kellogg's – All Varieties	X	X	X
General Mills – All Varieties	X	X	X
Betty Crocker Fruit By The Foot, Fruit Roll-Ups	X	X	X
Annie's Homegrown Organic Fruit Snacks	X	X	X
Welch's	X	X	X
Frozen Treats	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Nestle Outshine Fruit Bars			
All fruit flavors	X	X	X
Minute Maid Juice Bars	X	X	X
Vanilla and Chocolate Ice Cream			
Breyers, Edy's, It's Your Churn, Hy-Vee, That's Smart,			
Market Pantry	X	X	
Ice Cream Cups – Hy-Vee brand			
Chocolate, vanilla, birthday celebration	X	X	
Candy	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Charms			
Blow Pops, Mini Pops, Pops	X	X	
Tootsie Pops, Pop Drops	X	X	
Tootsie Rolls	X	X	

Candy Continued	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Dum Dum Pops	X	X	X
Caramel Apple Pops	X	X	X
Ring Pops	X	X	X
Life Savers Hard Candies, Gummies	X	X	X
Haribo Gummies	X	X	X
Jolly Ranchers Hard Candy	X	X	X
Candy Canes			
Spangler – All varieties	X	X	X
Bob's – All Varieties	X	X	X
Brach's – All varieties	X	X	X
Nerds, Nerds Rope	X	X	X
Airheads, Airheads bites	X	X	X
Airheads Extremes	X		X
Swedish Fish	X	X	X
Skittles – All Varieties	X	X	X
Sixlets	X	X	X
Smarties	X	X	X
Sour Patch Kids	X	X	X
Starburst Fruit Chews – All Varieties	X	X	X
Twizzlers	X		X
Fun-Dip (Lik-m-aid brand)	X	X	X
Hershey Chocolate Bars – 1.55 oz	X	X	
Hershey's Chocolate Kisses			
Regular, Special Dark	X	X	
Miscellaneous Items	**Peanut/Tree Nut Free**	**Gluten Free**	**Dairy Free**
Marshmallows			
Kraft, Market Pantry, Hy-Vee, Great Value, Baker's Corner, Campfire	X	X	X

IMPORTANT: Due to continual changes in manufacturer packaging, please read the ingredient label of all snacks, including those on this list, to ensure that it does not contain any of the following: peanut/tree nuts, peanut/nut butter, peanut oil, peanut/nut flour, peanut/nut meal, or any variety of the statements, "Contains peanuts," "May contain traces of peanuts/nuts," or "Manufactured in a facility or on equipment that also processes peanuts (and/or other nuts)."

***North Scott reserves the right to add or remove products as necessary to ensure the safety of our students.**

Updated 12/19