



**STONEHILL**  
INTERNATIONAL SCHOOL  
An Embassy Group Education Initiative

## STONEHILL INTERNATIONAL SCHOOL CAFETERIA MENU FOR MAY

### CONTINENTAL MENU

<b>2 May (Monday)</b>	<b>3 May (Tuesday)</b>	<b>4 May (Wednesday)</b>	<b>5 May (Thursday)</b>	<b>6 May (Friday)</b>
Meatball Baked Vegetable, Vegetarian Quesadilla, Mashed Potatoes & Grilled Vegetables	Heoni-beoteo- chikin, Noodle, Corn Cheese, Bak choy with Garlic sauce, Steamed Veg	Grilled Fish, Vegetarian Rollatini, Ratatouille, Pasta Primavera, & Grilled vegetables	BBQ Chicken, Vegetables Shashlik, Roast Potatoes, Quiche & Grilled vegetables	Pizza - Assorted, Corn on the Cob, & Grilled Vegetables,
<b>9 May (Monday)</b>	<b>10 May (Tuesday)</b>	<b>11 May (Wednesday)</b>	<b>12 May (Thursday)</b>	<b>13 May (Friday)</b>
Spaghetti Bolognese Tomato sauce, Veg cream sauce, Cheese sauce & Garlic Bread	Afghan Chicken, Paneer Malai tikka, Moussaka, Roasted Potatoes, Grilled Vegetables,	Shoyu Chicken, Vegetable Cutlet, Vegetable Wrap, Grilled Vegetables, & Fried Rice,	Stir Fried Chicken or Vegetables, Vegetarian Enchiladas, & Steamed Vegetables	Beef, Chicken or Vegetable Burgers, French Fries and Grilled Vegetables
<b>16 May (Monday)</b>	<b>17 May (Tuesday)</b>	<b>18 May (Wednesday)</b>	<b>19 May (Thursday)</b>	<b>20 May (Friday)</b>
Roasted Chicken, Vegetable Cannelloni, Gratin Dauphinoise, & Grilled Vegetables	Chicken and Tofu Teriyaki, Hakka Noodle, Veg Manchurian & Steamed Veg	Roasted Beef or Chicken, Mashed Potatoes, Vegetable Quiche, & Grilled Vegetables,	Chicken Escalope, Vegetable Cutlet, Vegetarian Quesadilla, & Steamed Vegetable,	Pizza - Assorted, Corn on the Cob, & Grilled Vegetables,
<b>23 May (Monday)</b>	<b>24 May (Tuesday)</b>	<b>25 May (Wednesday)</b>	<b>26 May (Thursday)</b>	<b>27 May (Friday)</b>
Pasta Bolognese Tomato sauce Mushroom cream sauce Cheese sauce & Garlic Bread	Chicken or Veg Manchurian, Hakka Noodle, Tofu stir fried & Steamed Vegetable,	BBQ Chicken, Veg Shashlik, Roast Potatoes, Veg Burritos & Steamed vegetables	Steak, Butter Chicken or Paneer, Crepes and Green peas rice & Steamed Vegetables,	Chicken or Vegetarian Hot Dogs, French Fries & Steamed Vegetables

Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.



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### INDIAN MENU

<b>2 May (Monday)</b>	<b>3 May (Tuesday)</b>	<b>4 May (Wednesday)</b>	<b>5 May (Thursday)</b>	<b>6 May (Friday)</b>
Gobi Aloo, Rajma Masala, Curd Rice, & Rice	Egg masala, Palak Paneer, mix Dal fry and Rice	Chana Masala, Puri, Veg Jalfrezi, Rasam & Rice	Lemon Rice with Chutney, Bonda, Dal Palak & Rice	Fish Curry, Mutter Paneer, Dal tadka and Rice
<b>9 May (Monday)</b>	<b>10 May (Tuesday)</b>	<b>11 May (Wednesday)</b>	<b>12 May (Thursday)</b>	<b>13 May (Friday)</b>
Pav-Bhaji Dal Palak, cabbage mutter and Rice	Chicken Curry, Mutter Paneer, Dal Bukhara and Rice	Egg Masala, Mushroom Mutter Masala, Dal & Rice	Thondekai Chana Palya, Vegetable Sambar & Rice	Mutton or Mushroom Biryani, and Raita
<b>16 May (Monday)</b>	<b>17 May (Tuesday)</b>	<b>18 May (Wednesday)</b>	<b>19 May (Thursday)</b>	<b>20 May (Friday)</b>
Dosa, chutney, Sauté potato, Sambar & Rice,	Grilled Fish, Mix-Pakoda, Beans poriyal, Dal & Rice	Chana Masala, Puri, Methi Aloo, Rasam & Rice	Bisi Bele Bath, Khara Boondi, Mixed Veg Poriyal, Sambar & Rice	Chicken Curry, Mutter Paneer, Dal Fry & Rice
<b>23 May (Monday)</b>	<b>24 May (Tuesday)</b>	<b>25 May (Wednesday)</b>	<b>26 May (Thursday)</b>	<b>27 May (Friday)</b>
Arbi masala, Mix dal fry, Rice & Bonda,	Egg Curry, Shahi Paneer, Dal Tadka & Rice	Dosa, Chutney, Vegetable Kurma, Sambar & Rice	Palak Paneer, Curd Rice, Dal Makhni, Rice & Rasam,	Chicken Biryani, Vegetarian Biryani & Raita

**Please note, there is a salad bar, plain yoghurt, and fresh fruit available each day in addition to the above meals.**



AUSTRALIAN  
BOARDING  
SCHOOLS  
ASSOCIATION



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