

Summary Table of Nutrition Standards for Beverages Sold in Schools

Beverage	Elementary School	Middle School	High School
Plain water, non-carbonated	No size limit	No size limit	No size limit
Low fat (1%) milk, unflavored	≤8 oz.	≤12 oz.	≤12 oz.
Non fat milk, unflavored or flavored	≤8 oz.	≤12 oz.	≤12 oz.
100% fruit and/or vegetable juice, non-carbonated	≤8 oz.	≤12 oz.	≤12 oz.
Other calorie-free beverages, non-carbonated	Not allowed	Not allowed	≤20 oz.
Other lower calorie beverages, non-carbonated	Not allowed	Not allowed	≤12 oz.

Smart Snacks (beverages) can be sold 30 minutes after the last lunch period ends; the window of time in which other foods and beverages may be sold is 30 minutes after the school day ends until 12:00 midnight.



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