

Summary Table of Nutrition Standards for ALL Competitive Foods Sold in Schools (“Smart Snacks”)



MUST MEET ALL per portion as served						
Nutrient Standards	Calories	Fat	Sat Fat	Trans Fat	Sodium (mg)	Sugar
	Snacks and side dishes: ≤200 Entrée items ¹ : ≤350	≤30% calories ²	<10% calories	0 g as served (≤ 0.5 g per portion)	Snacks and side dishes: Until July 1, 2016: ≤230mg After July 1, 2016: ≤200mg Entrée items: ≤480 mg ³	≤32% total sugars by weight ⁴ and ≤14 grams of sugar

Must also be ONE of the following:				
General Standards	A. Must be a combination food containing ≥1/4 cup fruit or vegetable	B. Must be a grain product that contains:	C. Must be at least one of the following non-grain main food groups:	D. Must contain ≥10% DV of one of the following nutrients:
		Whole grain (≥50% whole grain by weight) <u>OR</u> whole grain is first ingredient <u>OR</u> 1 st ingredient after water)	Fruit, Vegetable, Dairy or Protein Foods (As first ingredient or second after water)	Calcium, Vitamin D, Potassium, and Dietary Fiber (Note: This criteria will be obsolete on July 1, 2016 and may not be used to qualify foods.)

¹Entrées defined as combination foods of: grain + meat; grain + fruit or vegetable; meat + fruit or vegetable; or meat alone. ²Does not apply to reduced fat cheese, nuts/seeds. ³Pasta, meats, soups ≤450 mg. ⁴Does not apply to fresh, frozen, dried, or canned fruits packed in 100% juice, extra light syrup, or light syrup.

Smart Snacks can be sold 30 minutes after the last lunch period ends; the window of time in which other foods and beverages may be sold is 30 minutes after the school day ends until 12:00 midnight.



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