

Administering Medication to Students

Any student who is required to take prescribed medication during the school day shall be assisted by the school nurse, building principal or designee provided that:

1. The school nurse has on file:
 - a. a written statement from the licensed prescriber listing the student's name;
 - b. the name and signature of the licensed prescriber and contact number;
 - c. the name, route and dosage of medication;
 - d. the frequency and time of medication administration or assistance;
 - e. the date of the order; and,
 - f. a diagnosis, if not a violation of confidentiality.
2. The school nurse has on file:
 - a. a written authorization by the parent and/or guardian which includes the parent's and/or guardian's printed name and signature;
 - b. a list of all medications the student is currently receiving, if not a violation of confidentiality or contrary to the request of the parent, guardian or student that such medication be documented; and,
 - c. approval to have the school nurse administer the medication, the student to possess and self-administer, and/or the principal or designee assist the student with taking the medication.

The school nurse shall ensure the authorization or other accessible documentation contains the parent's and/or guardian's home and emergency phone numbers and persons to be notified in case of a medication emergency, in addition to the parent or guardian and licensed prescriber.

All prescribed and over-the-counter medication should be delivered to the school nurse or other appropriate school personnel by the parent or guardian for approved distribution. The medication may be delivered by other adults provided that the school nurse or principal is notified in advance by the parent or guardian of the delivery and the quantity of the prescription medication being delivered.

The medication must be delivered and contained in its original pharmacy-labeled container. The school nurse or other responsible person receiving the prescription medication shall document the quantity of the prescription delivered.

All medication shall be stored in its original pharmacy-labeled container and in such a manner as to render it safe and prevent loss of efficacy. A single dose of medication may be transferred from this container to a newly-labeled container for the purposes of field trips or school-sponsored activities.

No more than a 30-day supply of the prescription for a student shall be stored at the school.

Pupil Use of Inhalers or Epinephrine Auto-Injectors

Students may possess and self-administer an epinephrine auto-injector if the student suffers from potentially life-threatening allergies. Both the student's parent/guardian and physician must authorize such self-possession and self-administration. If a student finds it necessary to use

his/her auto-injector, they shall immediately report to nearest supervising adult. The school nurse or building principal may maintain at least one epinephrine auto-injector, provided by the student, in the nurse's office or other suitable location. Additionally, students may possess and self-administer a metered dose inhaler or a dry powder inhaler to alleviate or prevent asthmatic symptoms, auto-injectors for severe allergic reactions, and other injectable medications necessary to treat life-threatening allergies. Both the student's parent/guardian and physician must authorize such self-possession and self-administration.

The student's parent or guardian shall submit a written verification from the physician confirming that the student has the knowledge and skills to safely possess and use an inhaler or epinephrine auto-injector in a school setting.

If a student finds it necessary to use their inhaler or auto-injector, after use they shall immediately report to the nearest supervising adult.

Field Trips/Athletic Events/Co-Curricular Activities

On the occasion of field trips, athletic events or co-curricular activities, a staff chaperone must have a list of students who have written parental or guardian permission to receive prescription or over-the-counter medications. Staff designee will administer medication as dictated by the school nurse.

Legal References:

RSA 200:40-b, Glucagon Injections
RSA 200:42, Possession and Use of Epinephrine Auto-Injectors Permitted
RSA 200:43, Use of Epinephrine Auto-Injector
RSA 200:44, Availability of Epinephrine Auto-Injector
RSA 200:44-a, Anaphylaxis Training Required
RSA 200:45, Student Use of Epinephrine Auto-Injectors - Immunity
RSA 200:46, Possession and Self-Administration of Asthma Inhalers Permitted
RSA 200:47, Use of Asthma Medications by Students - Immunity
RSA 200:54, Supply of Bronchodilators, Spacers or Nebulizers
RSA 200:55, Administration of Bronchodilator, Space or Nebulizer
N.H. Code of Administrative Rules - Section Ed. 306.12(b)(2), Special Physical Health Needs of Students
N.H. Code of Administrative Rules - Section Ed. 311.02(d); Medication During School Day

Approved: 04/01/08
Reviewed: 10/04/11
Reviewed: 11/05/13
Amended: 01/02/19