

Minnehaha Academy Redhawks Cafe

Lower & Middle School Lunch Menu
Fresh Fruit & Seasonal Vegetable Bar
Made To Order Sandwich Bar

May
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken Tender Dinner Garlic Mashed Potatoes Seasoned Sweet Corn</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>3</p> <p>Beef Taco Seasoned Pinto Beans</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>4</p> <p>Spaghetti with Meat Sauce Roasted Broccoli Add A Bread Stick!</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>5</p> <p>Chicken Bacon Ranch Flatbread French Fries</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>6</p> <p>Italian Dunkers Housemade Marinara Garlic Green Beans</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>
<p>9</p> <p>1/4 Lb Burger Basket Curly Fries</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>10</p> <p>Chicken or Cheese Quesadilla Spanish Rice</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>11</p> <p>Pasta Bar Parmesan Roasted Cauliflower</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>12</p> <p>Chicken Fried Rice Sugar Snap Pea</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>13</p> <p>No School</p> <p>Professional Development</p>
<p>16</p> <p>Crispy Chicken Sandwich Waffle Fries</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>17</p> <p>Nacho Bar Salsa Black Beans</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>18</p> <p>Chicken Alfredo Italian Roasted Vegetables Add A Bread Stick!</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>19</p> <p>Country Chicken Bowl Garlic Mashed Potatoes</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar Corn</p>	<p>20 Pizza Party!</p> <p>Three Cheese Pizza Pepperoni Pizza Sausage Pizza Veggie Pizza</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>
<p>23</p> <p>Boneless Chicken Wing Basket French Fries</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>24</p> <p>BBQ Pulled Pork Sandwich Orange Cole Slaw</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>25</p> <p>Baked Lasagna Sauteed Green Beans Add A Bread Stick!</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>26</p> <p>Buttermilk Pancakes Sausage Patty PVT</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>27 Pizza Party!</p> <p>Three Cheese Pizza Pepperoni Pizza Sausage Pizza Veggie Pizza</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>
<p>30</p> <p>Memorial Day</p>	<p>31</p> <p>Walking Tacos Refried Beans</p> <p>Fresh Fruit Bar Seasonal Vegetable Bar</p> <p>Build Your Own Salad Bar</p>	<p>1</p>	<p>2</p>	<p>3</p>

INFORMATION

K-2 Main Entree	\$4.25
3-8 Main Entree	\$4.95
Extra Entree	\$2.25
Sandwich Bar	\$4.95
Bowl of Soup	\$2.50

EXTRA INFO

For comments or questions contact
Joshua Wilkins - Food Service Director
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Nikki Dear - Chef
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HARVEST OF



THE MONTH

All the menu information on
our app **TaHer Food4Life®**



www.taher.com

Menus are subject to change without notice.