

Minnehaha Academy Upper School Lunch Menu

Daily selection of seasonal fruits & vegetables
Made to Order Redhawk Sandwich Bar

May
2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Chicken Tender Dinner Garlic Mashed Potatoes Seasoned Sweet Corn</p> <p>Chicken Tikki Masala</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Bar Soup and Salad Bar</p>	<p>3</p> <p>Walking Tacos Refried Beans</p> <p>Buffalo Chicken Wrap</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>4</p> <p>Spaghetti with Marinara Garlic Green Beans Add A Bread Stick!</p> <p>Chicken Salad on a Croissant</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>5</p> <p>Chicken Fried Rice Sugar Snap Pea</p> <p>Classic BLT</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>6 Pizza Party!</p> <p>Three Cheese Pizza Pepperoni Pizza Sausage Pizza Hawaiian Pizza Chicken Alfredo Pizza Veggie Pizza</p> <p>Chicken Bacon Ranch Wrap</p>
<p>9</p> <p>Build Your Own Burger Bar French Fries</p> <p>Curry Chicken Brown Rice Pilaf</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Bar Soup and Salad Bar</p>	<p>10</p> <p>Chicken Fajitas Spanish Rice</p> <p>Philly Cheese Steak</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>11</p> <p>Lasagna Rollups Roasted Broccoli Add A Bread Stick!</p> <p>Chicken Wild Rice Soup in a Bread Bowl</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>12</p> <p>Sesame Chicken Steamed Rice Stir Fry Vegetables</p> <p>Three Meat Italian Melt</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>13</p> <p>No School</p> <p>Professional Development</p>
<p>16</p> <p>Boneless Chicken Wing Basket</p> <p>Curly Fries</p> <p>Chicken Teriyaki</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Bar Soup and Salad Bar</p>	<p>17</p> <p>Nacho Bar Salsa Black Beans Elote Corn Salad</p> <p>Italian Beef Sub</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>18 Taher LTO</p> <p>Smoked Chicken Penne Pasta Garlic Green Beans Add A Bread Stick!</p> <p>Belgian Waffle Bar</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>19</p> <p>Beef and Broccoli Basmati Rice</p> <p>Chicken and Andouille Jambalaya</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>20</p> <p>Italian Dunkers with Marinara Italian Roasted Vegetables</p> <p>Chicken Caesar Wrap</p> <p>Fresh Fruits Seasonal Vegetables Build Your Own Salad Bar</p>
<p>23</p> <p>Grilled Cheese on Texas Toast Creamy Tomato Soup Crispy Chicken Sandwich</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Bar Soup and Salad Bar</p>	<p>24</p> <p>Burrito Bowl Lime Cilantro Rice</p> <p>Smoked Turkey Wrap</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>25</p> <p>Loaded Macaroni & Cheese Bar Roasted Broccoli</p> <p>Chicken Quesadilla</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>26</p> <p>Orange Chicken Steamed Rice Sugar Snap Pea</p> <p>Baked Potato Bar</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>27 Pizza Party!</p> <p>Three Cheese Pizza Pepperoni Pizza Sausage Pizza Hawaiian Pizza Chicken Alfredo Pizza Veggie Pizza</p> <p>French Dip</p>
<p>30</p> <p>No School</p> <p>Memorial Day</p>	<p>31</p> <p>Beef Taco Seasoned Pinto Beans</p> <p>Spicy Chicken Sandwich</p> <p>Fresh Fruits Seasonal Vegetables, Composed Salads Soup and Salad Bar</p>	<p>1</p>	<p>2</p>	<p>3</p>

INFORMATION

Main Entree	\$5.20
Extra Entree	\$2.25
Chef of Display	\$5.20
Sandwich Bar	\$5.20
Salad Bar	\$5.20

EXTRA INFO

For questions or comments, contact:
 Joshua Wilkins - Food Service Director/Chef
 Manager
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HARVEST OF



THE MONTH

All the menu information on
our app Taher Food4Life®



www.taher.com

Menus are subject to change without notice.