

Guidance Newsletter

Welcome to April 2022



Mental Health Webinar Series

Live, Interactive and Informative
2nd & 4th Tuesday of the Month

Presented by Retired Chief Justice John Broderick and Jeff Levin.

To learn more about this 10-part webinar series go to:
<https://www.jefflevincoaching.com/new-webinar-series-for-parents/>

View previous webinars at www.interlakes.org and
then click onto "Family Resources"

Coming Soon - AP Exams in May

Exam Dates include;

May 4 - AP English 12

May 6 - AP U.S. History

May 9 - AP Calculus

May 9 - AP Computer Science

May 10 - AP English 11

*Full letter mailed home with arrival times
and payment directions

SCHOLARSHIPS due in APRIL

The Senior Scholarship packet has been mailed home to seniors - additional scholarships can be found on
the bulletin board across from the main office and on the Guidance homepage

IL Scholarship Foundation applications due on Friday, April 22nd

Students receiving scholarships will be invited to the Scholarship program on Wednesday, June 1

Coming Soon in May!

VIRTUAL Vaping Unveiled
What Everyone Needs to Know

Presented by Breathe New Hampshire
Contact Lisa.Ransom@interlakes.org
for more information

Parents/Guardians of 9th Graders

You're invited to a virtual preview/presentation of the New
Beginnings Healthy Relationships 9th Grade presentation

On Wednesday, April 6, 2022 - 7:00-8:00pm

Virtual Presentation and Question/Answer by
Sara Williams, Prevention Educator

Please contact Guidance with any questions

Link is posted on the Guidance homepage - See FLYER

Save the date!

upcoming mobile food pantry



Friday, April 22nd from 12:00-2:00pm

(While supplies last)

**Lakes Region Community College
379 Belmont Road Laconia, NH**

The NH Food Bank will bring truckloads of food to distribute to families
and individuals. *This is a drive thru event.*
All items will be distributed to you in your vehicles.

Destination College

Free College Event for all
NH Juniors!

VIRTUAL presentations

Saturday, April 9, 2022

Registration required at

<https://www.nhheaf.org/destination-college.asp>

Questions? Call 1.888.747.2382, x119

A NHHEAF Program

Not a School Sponsored Event

NH Rapid Response Access Point Mental Health Helpline

Statewide #

1-833-710-6477

24/7 number

Immediate assistance via
Zoom, phone or
appointment help from
local mental health
providers

SUMMER CAMPS 2022

**JSLA - Junior Squam Lakes
Association Summer Camp Programs**
Expedition Camp - Grades 7, 8 & 9
Leader in Training - Grades 10, 11 & 12
Runs for 7 one-week sessions between
June 27 and August 12
<https://www.squam lakes.org/summer-youth-programs/jsla>

Prescott Farms
Spring & Summer Programs
For Students ages 13&14
camp@prescottfarm.org
or call 366.5695

Prescott  *Farm*
Environmental Education Center

**The Health Careers Institute at
Dartmouth**
For Students entering grades 10-12 June 20-25, 2022
Deadline to apply is April 11, 2022
Applications at:
<https://tdi.dartmouth.edu/health-careers-institute>



Free Overnight Camp for Kids Impacted by Suicide

Camp Kita is a free bereavement overnight camp for kids (ages 8-17) who have lost a loved one to suicide.

Applications are OPEN for the 2022 season in Poland, ME on Aug. 14-19!

<http://www.campkita.com/>

 New Hampshire Department of Education

**reKINDling
CURIOSITY**

Every New Hampshire kid
goes to camp!

Learn more at:
RekindlingCuriosityEducation.nh.gov/



starting July 5th

Prenda Discovery Summer Camp

This is a free, full-day summer camp!
Small groups will have the opportunity
to explore subjects like the arts,
technology, engineering, and science.

Join our waiting list at
prenda.com/summercamp



Not school sponsored events

Parents/Guardians Welcome *to* **Preview the upcoming New Beginnings Healthy Relationships Program**

**Virtual Preview Program
Wednesday, April 6, 2022
7:00-8:00pm**

**Link on Guidance homepage
Questions Contact Guidance**

Starting Fri., April 8th Freshmen students will learn about...

Healthy Dating Relationships

How to Help a Friend

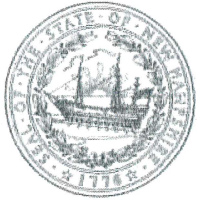
Introduction to Dating/Sexual Violence

What is Consent?

State & National Statistics

Interactive curriculum

This high school curriculum is presented by New Beginnings, a Belknap County non-profit serving people affected by domestic and sexual violence



STATE OF NEW HAMPSHIRE
OFFICE OF THE GOVERNOR

CHRISTOPHER T. SUNUNU
Governor

March 7, 2022

Friend,

In 2018, the "Governor for a Day" initiative was launched in New Hampshire to foster civic education and promote youth participation in government.

After a hiatus due to COVID-19, the "Governor for a Day" competition is once again open to all Middle and High school students across New Hampshire. Interested applicants are invited to submit a 250-500 word essay completing the sentence, "If I were Governor for a day, I would..." Students are invited to discuss policies that they would champion, aspects of New Hampshire history they would highlight, or other initiatives they would prioritize as Governor for a Day.

One individual will be selected to serve as the official student "Governor for a Day." This individual will be publicly recognized as such, and will be invited to join me for a day full of educational experiences. This real-life experience will provide the selected student a new perspective on government and an understanding of what it is like to serve as governor.

Submissions are due by Friday, April 22 and may be sent to my Facebook messenger account (@GovernorChrisSununu) or GovernorForADay@nh.gov, and can be mailed to:

"Governor For a Day"
c/o Governor Chris Sununu
107 North Main Street
Concord, NH 03301

Applicants should also be sure to include the following information:

- Name
- Age and Grade
- Organization/School
- Home Address
- Teacher Contact Information
- Parent or Guardian Name
- Parent or Guardian E-Mail and Phone Number

NOTE: All submissions must be made via Facebook Messenger, e-mail, or as typed correspondence addressed to the Governor's Office. Applications submitted via flash-drive or cd-disk will not be accepted.

I encourage students across the Granite State to participate in the "Governor for a Day" competition and look forward to hearing what New Hampshire students would do as Governor for a day!

Sincerely,

Christopher T. Sununu
Governor

107 North Main Street, State House - Rm 208, Concord, New Hampshire 03301

Telephone (603) 271-2121 • FAX (603) 271-7640

Website: <http://www.governor.nh.gov/> • Email: governorsununu@nh.gov

Not a school sponsored event



SAVE THE DATE



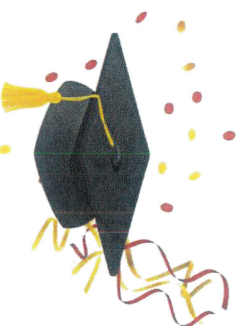
ST. PAUL'S SCHOOL
2022

COLLEGE
FALL

04.19.22 | HOCKEY CENTER | 7:00-8:30PM



OPEN TO ALL FULLY VACCINATED AND BOOSTED
HIGH SCHOOL STUDENTS, PARENTS, TEACHERS,
AND GUIDANCE COUNSELORS!



For more information, contact SPS College Advising Office:
collegeoffice@sps.edu • 603.229.4881

Not a school sponsored event

ferent

AT THE MEREDITH PUBLIC LIBRARY

TEEN ZONE NEWS

MANGA
CLUB

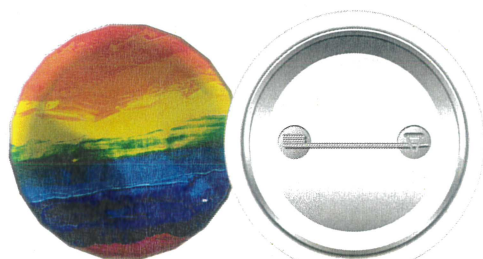


APRIL 13 & 27 @ 3:30PM

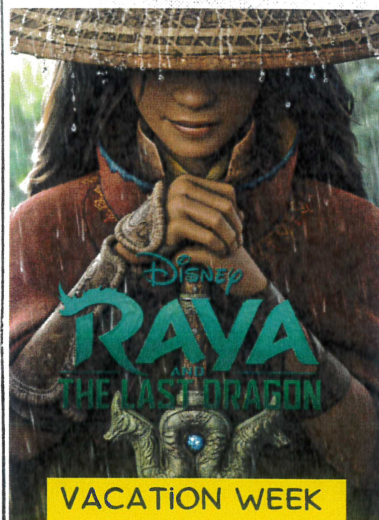
SNACKS, TALK ANIME/MANGA OR
VIDEO GAMES! HANG OUT!



GAME NIGHT: 5:00PM-7:00PM
EVERY WEDNESDAY IN APRIL WE
WILL BE SETTING OUT OUR GAME
COLLECTION, AND WE HOPE YOU
WILL JOIN US. (TTRPG, DND)

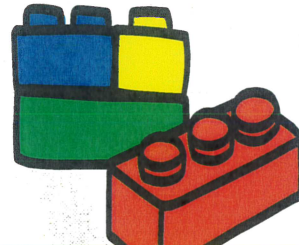


BUTTON MAKING & PAINTING IN THE
MAKERSPACE
APRIL 12
4:00PM-5:00PM



VACATION WEEK

MOVIE DAY! APRIL 28 @ 1:00
RAYA AND THE LAST DRAGON (PG)
CHILDREN UNDER 10 MUST HAVE
GUARDIAN. POPCORN & CANDY BAR!



LEGO CLUB (CHILDREN'S ROOM)
APRIL 14 & 28 @ 3:30PM



ON TWITCH!

APRIL 20 @ 3:30 PM
FOLLOW US ON TWITCH!
[TWITCH.TV/MEREDITHPUBLICLIBRARY](https://www.twitch.tv/meredithpubliclibrary)

Not a school sponsored event

*ALL CHILDREN UNDER 10 MUST BE ACCOMPANIED BY A GUARDIAN OR SOMEONE OVER 14