



- Level 1** Lifetime Nutrition and Wellness (Food Prep)

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- Level 2** Kinesiology I

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- Level 3** Anatomy and Physiology

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- Level 4** Project Based Research (Mentorship)

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- Career Preparation I-TLC

HIGH SCHOOL/INDUSTRY CERTIFICATION	CERTIFICATE/LICENSE*	ASSOCIATE'S DEGREE	BACHELOR'S DEGREE	MASTER'S/DOCTORAL PROFESSIONAL DEGREE
Certified Personal Trainer	Physical Therapist Assistant	Kinesiology and Exercise Science	Kinesiology and Exercise Science	Exercise Physiology
	Physical Therapy Aides	Therapeutic Recreation/Recreational Therapy	Therapeutic Recreation/Recreational Therapy	Therapeutic Recreation/Recreational Therapy
	Dietetic Technician	Athletic Training/Trainer	Athletic Training/Trainer	Athletic Training/Trainer
			Dietitians and Nutritionists	Physical Therapist

Occupations	Median Wage	Annual Openings	% Growth
Athletic Trainers	\$53,450	215	22%
Exercise Physiologists	\$41,662	33	33%
Coaches and Scouts	\$40,010	2,133	23%
Dietitians and Nutritionists	\$57,762	428	24%
Recreational Therapists	\$45,906	74	24%

WORK BASED LEARNING AND EXPANDED LEARNING OPPORTUNITIES	
<b>Exploration Activities:</b> Health Occupation Students of America (HOSA)	<b>Work Based Learning Activities:</b> Volunteer at a hospital or rehabilitation center; manage a school sports team

Additional industry-based certification information is available on the TEA CTE website. For more information on postsecondary options for this program of study, visit TXCTE.org.

The Exercise Science and Wellness program of study introduces CTE learners to the fields that assist patients with maintaining physical, mental, and emotional health. Students will research diet and exercise needed to maintain a healthy, balanced lifestyle and learn about and practice techniques to help patients recover from injury, illness, or disease.



The Health Science Career Cluster focuses on planning, managing, and providing therapeutic services, diagnostics services, health informatics, support services, and biotechnology research and development. To pursue a career in the health science industry, students should learn to reason, think critically, make decisions, solve problems, communicate effectively, and work well with others.

Successful completion of the Exercise Science and Wellness program of study will fulfill requirements of a Public Service endorsement or STEM endorsement if the math and science requirements are met. Revised - July 2020



# COURSE INFORMATION

FOR ADDITIONAL INFORMATION ON THE HEALTH SCIENCE CAREER CLUSTER, PLEASE CONTACT:

Kevin Johnson | [Kevin.Johnson@tea.texas.gov](mailto:Kevin.Johnson@tea.texas.gov)

<https://tea.texas.gov/cte>

Eanes ISD offers career and technical education programs in Arts, A/V Technology and Communications; Business, Management and Administration; Education and Training; Human Development, Management and Services; Health Science; Information Technology, Marketing and STEM. Admission to these programs is based on interest and aptitude, age appropriateness, and class space available.

It is the policy of the Eanes Independent School District not to discriminate on the basis of race, color, national origin, sex, or handicap in its vocational programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended. Eanes ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For information about your rights or grievance procedures, contact the following persons are designated to handle inquiries regarding non-discrimination policies:

- Title II, Section 504: Assistant Superintendent of CIA, Molly May, [mmay@eanesisd.net](mailto:mmay@eanesisd.net) (512) 732-9021.
- Title IX and Age Act of 1975: Assistant Superintendent for Human Resources, Laurie Lee, [lee@eanesisd.net](mailto:lee@eanesisd.net), (512) 732-9010. at EISD Central Administration, 601 Camp Craft Rd., Austin, TX, 78746.

## **Declaración de la Práctica de No Discriminar**

La práctica de Eanes Independent School District es de no discriminar ya sea por raza, color, origen nacional, sexo, discapacidad, ni edad de la persona al emplear o para proporcionar educación, admisión, trato, o acceso a los beneficios de servicios educativos, actividades, y programas. Las siguientes personas han sido designadas para responder a preguntas tocantes las prácticas para evitar la discriminación:

La Ley del Título II y Sección 504 (Title II and Section 504): Director de Educación Especial, Molly May, [mmay@eanesisd.net](mailto:mmay@eanesisd.net), (512) 732-9021

La Ley del Título IX y Discriminación Tocante la Edad de 1975 (Title IX and Age Discrimination Act of 1975): Asistente al Superintendente en Recursos Humanos, Laurie Lee, [lee@eanesisd.net](mailto:lee@eanesisd.net), (512) 732-9010

Ambos tienen sus oficinas en EISD Central Administration, 601 Camp Craft Rd., Austin, TX, 78746.