



Menu subject to change

GO AMHERST COMETS!

MAY

AJH Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BBQ RIBLET OR TOASTED CHEESE SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	3 BONELESS WINGS MASHED POTATOES CALZONES SALAD LUNCH FRUIT/VEG CHOICES MILK	4 CHICKEN PATTY w/ TATER TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK	5 MOZZARELLA STICK w/ marinara AJH PIZZA SALAD LUNCH VEG/FRUIT CHOICES TREAT MILK	6 SPICY CHICKEN PATTY or GRILLED CHICKEN w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
9 BEEFY CHEESY NACHOS SALAD LUNCH CALZONE REFRIED BEANS FRUIT/VEG CHOICES MILK	10 CHICKEN FRYZ w/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	11 CHICKEN PATTY w/ FRIES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	12 PULLED PORK OR DELI SUB AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	13 HOT DOG w/BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
16 WALKING TACO CALZONE SALAD LUNCH RICE/REFRIED BEANS FRUIT/VEG CHOICES MILK	17 CHIICKEN NUGGETS TATER TOTS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	18 CHICKEN PATTY w/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	19 BOSCO STICKS w/ MARINARA AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES TREAT MILK	20 SPICY CHICKEN PATTY OR Grilled chicken w/ chips PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
23 COOKS CHOICE CALZONE SALAD LUNCH FRUIT/VEG CHOICES MILK	24 COOKS CHOICE PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK	25 COOKS CHOICE PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	26 Last Day for Student COOKS CHOICE PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	27  SCHOOL'S OUT FOR SUMMER
30  HAPPY MEMORIAL DAY	OFFERED DAILY: Pizza PB & J Sandwich ASSORTED FRUIT CHOICES ASSORTED MILK	<i>Breakfast & Lunch are available at no cost to families for the 2021-22 school year!</i> <i>Milk by itself costs \$.50.</i>	<i>Lunch includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable.</i>	Important update: Due to manufacturer supply shortages, we may need to change the menu items without notice. We will do our best to have a similar item, but cannot guarantee it is the same as what the students usually get.

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs: deanne_kelbley@amherstk12.org