

Martin Meylin Middle School

May 2022

Breakfast Menu: Available daily in the cafeteria OR Breakfast Cart (7:20am to 7:30am) Cost: \$1.55
All Breakfasts are served with fruit and choice of milk. Assortment of cereals, breakfast bars and pop tarts are always available.

Monday: Breakfast Pizza, Fruit, Juice, Milk

Tuesday: Apple Bites, Fruit, Juice, Mil

Wednesday: Egg & Cheese Breadstick, Fruit, Juice, Milk

Thursday: Sausage & Cheese Sandwich, Fruit, Juice, Milk

Friday: Egg Sandwich, Fruit, Juice, Milk

<p>2</p> <p>Popcorn Chicken Pretzel Nuggets/Cheese Sauce Baby Carrots/Dip Assorted Fruit & Milk Alt: Grilled Pepperjack Chicken Sandwich</p>	<p>3</p> <p>Corn Dog Nuggets Onion Rings Mixed Veggie Blend *WG Cookie Slushy or Fruit & Milk Alt: Toasty Steak Sandwich</p>	<p>4</p> <p>Sausage/Toast Sticks Hash Browns Celery Sticks/PB Assorted Fruit & Milk Alt: Scrambled Eggs/Toast Sticks</p>	<p>5 **CINCO DE MAYO Soft Tacos/Meat,cheese Fiesta Rice Mexican Beans Assorted Fruit & Milk Alt: Chicken Enchiladas **WG Churro**</p>	<p>6</p> <p>Cheesy Pull Apart/Marinara Tater Tots Romain Tossed Salad Assorted Fruit & Milk Alt: Sloppy Joe Sandwich</p>
<p>9</p> <p>Chicken Nuggets/Sauce Whipped Potatoes Broccoli/Cheese Sauce Assorted Fruit & Milk Alt: Chicken Parm Sandwich</p>	<p>10</p> <p>Grilled Cheese Sandwich Tomato Soup Goldfish/Celery Assorted Fruit & Milk Alt: Fish & Cheese Sandwich</p>	<p>11</p> <p>Hot Dog on Roll Sun Chips Baked Beans Assorted Fruit & Milk Alt: Dutch Sub</p>	<p>12</p> <p>Baked Ziti with meat Garlic Knot Romain Tossed Salad Assorted Fruit & Milk Alt: Sausage Sandwich</p>	<p>13</p> <p>Chicken Fajita Bowl With Rice Nachos with Cheese Assorted Fruit & Milk Alt. Meatloaf Sandwich</p>
<p>16</p> <p>Chicken Tenders Scalloped Potatoes Steamy Peas Assorted Fruit & Milk Alt. Pork BBQ Sandwich</p>	<p>17</p> <p>Max Cheese Sticks/Marinara Sweet Tots Green Beans Assorted Fruit & Milk Alt: Stromboli/Sauce</p>	<p>18</p> <p>Cheeseburger on Roll Curly Fries Baked Beans Assorted Fruit & Milk Alt: Meatball Parmesan Sub</p>	<p>19</p> <p>Chicken Pot Pie Buttery Corn Crunchy Broccoli/Dip *WG Cookie Assorted Fruit, Juice, Milk Alt: Chicken Salad Croissant</p>	<p>20</p> <p>Stuffed Crust Pizza WG Cheez-Its Romain Tossed Salad Assorted Fruit, Juice, Milk Alt: Cheese Quesadilla/Salsa</p>
<p>23</p> <p>Homestyle Chicken Sandwich Seasoned Rice Glazed Carrots Assorted Fruit & Milk Alt: Spicy Chicken Sandwich</p>	<p>24</p> <p>Ham&Cheese on Pretzel Roll Tater Tots Crunchy Ranch Chick Peas Assorted Fruit & Milk Alt: Tuna Salad Croissant</p>	<p>25</p> <p>Salisbury Steak Baked Potato/Toppings Creamy Cole Slaw Assorted Fruit & Milk Alt: Asst Cold Subs</p>	<p>26</p> <p>Creamy Mac & Cheese/ Pretzel Rod/Romaine Tossed Salad Steamy Peas Assorted Fruit & Milk Alt: Veggie Burger on Roll</p>	<p>27</p> <p style="text-align: center;">NO SCHOOL</p>

****ALL STUDENTS RECEIVE 1 FREE BREAKFAST AND 1 FREE LUNCH DAILY****

MENU SUBJECT TO CHANGE

A la Carte Milk: \$0.50

A La Carte Drinks and Snacks and Ice Cream

All Grain Offerings are Whole Grain / All Rolls Include Promise® Margarine

Student Lunch: \$2.75

Adult Lunch: \$4.35

Offered Daily:

Peanut Butter & Jelly Sandwich

Pizza Salad Entrée/Protein

****Soup is available at an Ala Carte price Only!****

Cafeteria Manager:

Jeannette Harnish: 717-358-1863

E-mail: jennette_harnish@l-spioneers.org

