

# MAY 2022

This institution is an equal opportunity provider.  
MENU IS SUBJECT TO CHANGE.



## MONDAY

Pancakes **2**  
**BEAN & CHEESE BURRITO**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Corn, Peaches, Salsa, Milk

Breakfast Burrito **9**  
**Chicken Nuggets**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Peaches, Ketchup, Corn Muffin, BBQ Sauce, Milk

Pancakes **16**  
**HOT DOG**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Potato Wedges, Green Beans, Peaches, Milk

Breakfast Burrito **23**  
**POPCORN CHICKEN with WAFFLES**  
OR MUFFIN BASKET  
OR PIZZA LUNCHABLE  
Cookie, Peaches, Broccoli, Milk

**30**  
**MEMORIAL DAY**

## TUESDAY

French Toast Sticks **3**  
**PIZZA**  
OR Muffin Basket  
OR TURKEY HAM SANDWICH  
Mixed Fruit, Green Beans, Lettuce, Pickle, Tomato, Strawberry Slices, Milk

Pancakes **10**  
**Cheese Stuffed Sticks**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Lettuce, Pickle, Tomato, Broccoli, Pears, Marinara, Cookie, Milk

Breakfast Pizza **17**  
**MAC & CHEESE**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Cookie, Strawberries, Broccoli, Lettuce, Pickle, Tomato, Milk

Pancakes **24**  
**CHILI W/ CORN CHIPS**  
OR MUFFIN BASKET  
OR TURKEY HAM SANDWICH  
Pears, Corn, Lettuce, Pickle, Tomato, Milk

**31**  
**CHEFS CHOICE**  
OR Muffin Basket  
OR TURKEY HAM SANDWICH  
Apple, Green Beans, Lettuce, Pickle, Tomato, Strawberry Slices, Milk

## WEDNESDAY

Breakfast Pizza **4**  
**TURKEY ROAST**  
OR MUFFIN BASKET  
OR MEAT & CRACKERS LUNCHABLE  
Dinner Roll, Mashed Potatoes, Gravy, Broccoli, Applesauce, Milk

Breakfast Pizza **11**  
**Sloppy Joes**  
OR MUFFIN BASKET  
OR MEAT & CRACKERS LUNCHABLE  
Potato Wedge, Corn, Applesauce, Milk

French Toast Sticks **18**  
**CHICKEN POTATO BOWL**  
OR MUFFIN BASKET  
OR MEAT & CRACKERS LUNCHABLE  
Dinner Roll, Corn, Applesauce, Milk

Breakfast Pizza **25**  
**BBQ CHICKEN FILET**  
OR MUFFIN BASKET  
OR MEAT & CRACKERS LUNCHABLE  
Dinner Roll, Gravy, Green Beans/Carrots, Mashed Potatoes, Strawberries, Milk

**DID YOU KNOW?**  
May's birthstone is the emerald, which represents love and success.

## THURSDAY

Biscuits and Gravy **5**  
**HOT HAM & CHEESE CROISSANT**  
OR NACHO CHEESE & CHIPS  
OR TURKEY SANDWICH  
Cookie, Mixed Fruit, Lettuce, Pickle, Tomato, Milk

French Toast Sticks **12**  
**Grilled Cheese w/ Tomato Soup**  
OR NACHO CHEESE & CHIPS  
OR TURKEY SANDWICH  
Green Beans/Carrots, Mixed Fruit, Lettuce, Pickle, Tomato, Strawberry Slice, Milk

Biscuits & Gravy **19**  
**PIZZA**  
OR NACHO CHEESE & CHIPS  
OR TURKEY SANDWICH  
Mixed Fruit, Apple, Milk, Lettuce, Pickle, Tomato

French Toast Sticks **26**  
**CHICKEN NUGGETS**  
OR NACHO CHEESE & CHIPS  
OR TURKEY SANDWICH  
Mixed Fruit, Lettuce, Pickle, Tomato, Corn Muffin, Milk

## FRIDAY

Mini Waffles **6**  
**CHEESE BURGER OR HAMBURGER**  
OR EZ JAMMER  
Chips, Lettuce, Pickle, Tomato, Strawberry Cup, Milk

Dutch Waffles **13**  
**BREADED CHICKEN SANDWICH**  
OR EZ JAMMER  
Chips, Lettuce, Pickle, Tomato, Mixed Berry Cup, Milk

Mini Waffles **20**  
**CHEESE BURGER OR HAMBURGER**  
OR EZ JAMMER  
Chips, Lettuce, Pickle, Tomato, Strawberry Cup, Milk

Dutch Waffle **27**  
**BEEF RIB-BQ SANDWICH**  
OR EZ Jammer  
Chips, Mixed Berry Cup, Milk

## 2021-2022 MEAL PRICES

ALL STUDENTS, regardless of income status may receive one **FREE** breakfast and one **FREE** lunch each day they attend school during the 2021-2022 school year.

**ADULT MEALS & 2<sup>nd</sup> STUDENT MEALS**  
**Breakfast** **\$2.75**  
**Lunch** **\$3.75**

During **BREAKFAST**, cereal and muffins are offered as daily alternatives to the breakfast entrée. Milk, fruit and juice are offered daily at breakfast time.

During **LUNCH**, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

**Salad bar is offered daily.** Items may vary from site to site. See interactive menus on district website for additional nutritional information.  
<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

**1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL.**